



Hospice Highlights

MY SUMMER JOB

By Natalie Payette

I began working at the Terrace Hospice Society in May but calling what we do 'work' is a stretch. I am a summer student through Youth Canada Summer Jobs, in the position of fundraiser. Why I am hesitant to call this 'work', is because what we do at the Terrace Hospice Society goes far beyond a typical workday for most. Everyone I work with is passionate, kind, enthusiastic, and always willing to help you out whether its brainstorming ideas, watering your plants, or making you smile on a rainy day. Not only are all the employees and volunteers remarkable, but the work they do is extremely rewarding and makes a huge impact on our community.

As a nursing student, this summer at the Terrace Hospice Society has given me even more knowledge and insight in the world of palliative care and how important it is to communities. Some of the services that I have seen have a large impact on Terrace and surrounding areas have been our caregiver support programs. We learn a lot about self-care in school as nurses, and it's amazing to be able to see the caregiver programs show caregivers the importance of self-care and reenlist the importance of self-care on myself. I will be able to use these new perceptions of palliative care and even community care in my everyday nursing studies and practices. It so helps having first-hand experience of what I'll be learning about.

The best part is, you don't need to be an employee to be part of this amazing team to make a difference in our community, the Terrace Hospice Society is always looking for volunteers (and especially students) to assist them in their mission to advance palliative care and family and friend caregiving in our region. Not only does giving back feel amazing and look great on your resume, but it also gives you life skills you would never acquire without a front-line experience like volunteering.

We acknowledge the financial support of the
Province of British Columbia and Northern Health



Terrace Hospice Society

<http://terracehospice.org/>

#207 - 4650 Lazelle Ave Terrace, BC V8G 1S6 • Phone: (250) 635-4811