



Hospice Highlights

APRIL 16TH ACP DAY

April 16th is National Advance Care Planning (ACP) day, a day to promote conversations about your wishes and values for your future healthcare. Having an ACP helps you get the care and treatments you choose even if you are not able to speak for yourself, and it lets your loved ones know what is important to you. These conversations are not always easy to have. So, if you would like to have a Plan but have difficulty bringing up the topic to your loved ones, the Terrace Hospice Society will be hosting a **facebook live** event to share with you some easy conversation starters. For those of you who would like to get their ducks in a row, this event is for you.

Join us Friday April 16th at noon on the Terrace Hospice **facebook page live event** for easy lighthearted conversation starters.



APRIL 17TH ACP WORKSHOP

Are you ready to make your Advance Care Plan? This is a person's future healthcare decisions, made in advance of a time when you may not be able to communicate with your doctor. It provides guidance to your family and to your health care team.

Terrace Hospice will be hosting a

free 4-hour course via zoom so that you can all stay home with your feet up and still get your plan done.

It will be 2 Saturday mornings with the week in between to reflect and decide what is important to you. You will learn how to appoint a Substitute Decision Maker, what an Advance Directive is, what Representation Agreements are used for, what is the difference between a Rep 7 and a Rep 9, and so much more. At the end you will have all the info you need to make your Advance Care Plan which will bring peace of mind to you and your loved ones.

Join us SATURDAY April 17th and 24th at 10:00 am. Call Terrace Hospice to register.

250-635-4811

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Terrace Hospice Society

<http://terracehospice.org/>

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