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Dear Kenya Child Sponsors and Supporters,

**Thank you so much** for continuing to support and pray for the children and their families in Kenya!

We have been very busy with lots of exciting projects and partnerships happening all around Kenya.

[Our next team trip is October 5-18, 2023.](#) Please be praying for us as this team comes together over the next month.

I have several Child Sponsors joining me on this trip. It is always so exciting to watch child sponsors meet their children for the first time!





In Kenya, the new school year starts in January. This is when kids move up to their next grade. **We now have over 300 kids we are helping attend school.** Some of these kids live in the slums of Nairobi, and others are upcountry in rural areas near Lake Victoria. We recently had desks made for the students. As crazy as it sounds, public schools do not supply desks!







In Nairobi, we have a **Saturday Feeding Program** for two schools in the poorest slums, and **over 1,600 kids** come every week to get a warm meal. For many, this is the only meal they will have that day. Most kids are bringing their younger siblings to also get a meal.

Upcountry, in the village of Rakwaro, we are **sending home food for the week for over 200 kids so they have lunch at school**. Food costs have doubled in Nairobi, making it very difficult for moms and dads to feed their kids.







In Rakwaro, we have a monthly time of gathering for parents to learn how to **break the poverty cycle** where they feel trapped. The curriculum was written by a Ugandan, and is being taught by our Kenyan staff. We also have a program for single mothers and widows.

They are learning about savings, loans, and small business operations. In Kenya, getting a loan at a bank is almost impossible, so this program allows the women to loan to each other as they continue to save. **We have had over 100 women go through this program which great success!**





I am currently **working with Awana** to learn how we can get their program in our Kenyan schools to teach the children how to be life-long lovers of Jesus. Many of us know of this excellent program from our local churches, and it is exciting to see it spreading to Africa.





Jobs are very hard to find in Kenya, and I am happy to report that **we are able to employ 17 Kenyans** that help us with everyday jobs from legal work to teaching and tutoring. In this letter, I would like to introduce you to **Beatrice** (see above)! Beatrice is our Office Manager and the Child Sponsorship Director on the ground.

She stays very busy making sure the kids are doing well in school, manages the feeding program, and regularly checks on families to intervene if there are health issues or food shortages. She is an invaluable staff member!

Please feel free to contact me anytime to talk about all that is going on in Kenya; it's one of my favorite topics. :)

Sincerely Grateful,  
Crissy

P.S. We currently have [8 children waiting to be sponsored on a monthly basis \(see below\)](#). *Would you consider sponsoring one more child?* By providing a monthly gift of \$38 you are feeding, providing education, and sharing the gospel with each student.

Crissy Christian - Child Sponsorship Director  
[Helping Hands International, Inc.](#)  
600 Whitman Pl., Medford, OR 97501  
Donate: [Online](#) or text "donate" to 541-303-9113  
Phone: 541-538-8902  
Email: [handschildsponsorship@gmail.com](mailto:handschildsponsorship@gmail.com)  
Social Media: [Facebook](#), [Instagram](#), [Twitter](#) & [YouTube](#)

Irene Achiengo (#169)



Kenya

DOB: 03/28/2013

Irene is in the third grade, is the middle child in a family of three, and currently lives with her grandmother. Her grandmother cannot fully support her with her studies even though she is a bright child. [Will you consider sponsoring Irene?](#)

Philip Otieno (#170)



Kenya

DOB: 06/17/2012

Philip lives with his grandmother and has other siblings. He is a very bright student but needs support to pursue his education. [Will you consider sponsoring Philip?](#)

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SPONSOR A CHILD

