

2019 TRACY HIGH FOOTBALL

June 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Practice 4-6pm	4 Practice 4-6pm	5 Practice 4-6pm	6 Practice 4-6pm	7 Practice 4-6pm	8
9	10 Practice 4-6pm	11 Practice 4-6pm	12 Practice 4-6pm	13 Practice 4-6pm	14 Practice 4-6pm	15
16 Father's Day	17 Practice 4-6pm	18 Practice 4-6pm	19 Practice 4-6pm	20 Practice 4-6pm	21 OFF	22
23	24 Practice 4-6pm	25 Practice 4-6pm	26 Practice 4-6pm	27 Practice 4-6pm	28 OFF	29
30						

2019 TRACY HIGH FOOTBALL

July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 WR & Run Var/Freshmen 8-10	2 WR & Run Var/Freshmen 8-10	3 OFF	4 OFF <small>Independence Day</small>	5 OFF	6
7	8 WR & Run Var/Freshmen 8-10	9 WR & Run Var/Freshmen 8-10	10 WR & Run Var/Freshmen 8-10	11 WR & Run Var/Freshmen 8-10	12	13
14	15 WR & Run Var/Freshmen 8-10	16 WR & Run Var/Freshmen 8-10	17 WR & Run Var/Freshmen 8-10	18 WR & Run Var/Freshmen 8-10	19	20
21	22 WR & Run Var/Freshmen 8-10	23 WR & Run Var/Freshmen 8-10	24 WR & Run Var/Freshmen 8-10	25 WR & Run Var/Freshmen 8-10	26	27
28	29 Practice 4-6 Helmets Only	30 Practice 4-6 Helmets Only	31 Practice 4-6 Helmets and Shoulder Pads			

2019 TRACY HIGH FOOTBALL

August 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Practice 3:30 Helmets and Shoulder Pads	2 Practice 3:30 Helmets and Shoulder Pads	3
4	5 Practice 4-6	6 Practice 3:30 1 st Day of School	7 Practice 3:30	8 Practice 3:30	9 Practice 3:30	10
11	12 Practice 3:30	13 Practice 3:30	14 Practice 3:30	15 Practice 3:30	16 Practice 3:30	17 Oakdale Scrimmage Booster Dinner
18	19 Film 3:30 Practice follows	20 Practice 3:30	21 Practice 3:30	22 @ Kimball	23 Film 3:15	24
25	26 Practice 3:30	27 Practice 3:30	28 Practice 3:30	29 @ B.C.	30 Film 3:15	31

2019 TRACY HIGH FOOTBALL

September 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day Film 8am Practice 9-11	3 Practice 3:30	4 Practice 3:30	5 @ Turlock	6 Film 3:15	7
8	9 Practice 3:30	10 Practice 3:30	11 Practice 3:30	12 Manteca	13 Film 3:15	14
15	16 Practice 3:30	17 Practice 3:30	18 Practice 3:30	19 Vacaville	20 Film 3:15	21
22	23 Practice 3:30	24 Practice 3:30	25 Practice 3:30	26 Bye Film 3:15	27 Bye No Practice	28
29	30 Practice 3:30					

2019 TRACY HIGH FOOTBALL

October 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Practice 3:30	2 Practice 3:30	3 Tokay	4 Film 3:15	5
6	7 Practice 3:30	8 Practice 3:30	9 Practice 3:30	10 @ Lincoln	11 Film 3:15	12
13	14 Practice 3:30	15 Practice 3:30	16 Practice 3:30	17 St. Mary's	18 Homecoming No Practice	19
20	21 Practice 3:30	22 Practice 3:30	23 Practice 3:30	24 Lodi	25 Film 3:15	26
27	28 Practice 3:30	29 Practice 3:30	30 Practice 3:30	31 West	Nov. 1 Film 3:15	