

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22			1 Freshmen Practice 5:00- 7:00	2 Spring Ball Practice 5:00- 7:00	3 Spring Ball Practice 5:00- 7:00	4 Spring Ball Practice 5:00- 7:00	5
23	6	7 Spring Ball Practice 5:00- 7:00 Gold Cards	8 Spring Ball	9 Spring Ball 3:30- 5:00	10 Spring Ball	11	12
24	13	14 Spring Ball	15 Spring Ball	16 Spring Ball 3:30 – 5:00	17 Gold Card Blitz Night	18	19
25	20	21 Weight Room/ Conditioning Practice 10-12:00	22 Weight Room/ Conditioning Practice 10-12:00	23 Weight Room/ Conditioning Practice 10-12:00	24 Weight Room/ Conditioning Practice 10-12:00	25	26
26	27	28 Weight Room/ Conditioning Practice 10-12:00	29 Weight Room/ Conditioning Practice 10-12:00	30 Weight Room/ Conditioning Practice 10-12:00			

July 2021

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26					1 OFF Excused Vacation period	2 OFF	3
27	4 Independence Day	5 OFF	6 Weight Room/ Conditioning 10:00–12:00 am	7 Weight Room/ Conditioning	8 Weight Room/ Conditioning	9 OFF	10
28	11	12 Weight Room/ Conditioning	13 Weight Room/ Conditioning	14 Weight Room/ Conditioning Varsity Equip Handout	15 Weight Room/ Conditioning Frosh/ JV Equip Handout	16 OFF	17
29	18	19 Weight Room/ Conditioning	20 Weight Room/ Conditioning	21 Weight Room/ Conditioning	22 Weight Room/ Conditioning	23 OFF	24
30	25	26 Helmets Only 6:00 – 8:00	27 Helmets Only 5:00 – 7:00	28 Helmets and Shells 6:00 – 8:00	29 Helmets and Shells 6:00 – 8:00	30 Helmets and Shells 6:00 – 8:00	31

August 2021

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2 Practice 6:00 – 8:00	3 Practice 6:00 – 8:00	4 Practice 6:00 – 8:00	5 Practice 6:00 – 8:00	6 Practice 6:00 – 8:00	7
32	8	9 Practice 4:00 – 6:30	10 Practice 4:00 – 6:30	11 Practice 4:00 – 6:30	12 Practice 4:00 – 6:30	13 Oakdale Scrimmage Open to Public Frosh/JV @ 5:30 Var @ 7:00	14
33	15	16 Practice 4:00 – 6:30	17 Practice	18 Practice	19 Week 0 Kimball Home @ 6:00	20 Practice	21 Fundraiser Dinner Portuguese Hall
34	22	23 Practice 4:00 – 6:30	24 Practice	25 Practice	26 Week1 Buhach 6:00 pm	27 Practice	28
35	29	30 Practice 4:00 – 6:30	31 Practice				

September 2021

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
35				1 Practice	2 Week 3 @Franklin EG 6:00 pm	3 Practice	4
36	5	6 Practice 4:00 – 6:30	7 Practice	8 Practice	9 Week 4 @Pacheco 6:00 pm	10 Practice	11
37	12	13 Practice 4:00 – 6:30	14 Practice	15 Practice	16 Week 5 @Vacaville 6:00 pm	17 Practice	18
38	19	20 Practice 4:00 – 6:30	21 Practice	22 Practice	23 Practice	24 BYE WEEK	25
39	26	27 Practice 4:00 – 6:30	28 Practice	29 Practice	30 League Starts Week 6 St. Mary's 6:00 pm		

October 2021

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
39						1 Practice	2
40	3	4 Practice 4:00 – 6:30	5 Practice	6 Practice	7 Week 7 Lincoln 6:00 pm	8 Practice	9
41	10	11 Practice 4:00 – 6:30	12 Practice	13 Practice	14 Week 8 @ Lodi (Grapebowl) 6 :00 pm	15 Practice	16
42	17	18 Practice 4:00 – 6:30	19 Practice	20 Practice	21 Week 9 @ Tokay 6:00 pm	22 Practice	23
43	24	25 Practice 4:00 – 6:30	26 Practice	27 Practice	28 Week 10 West 6:00 pm	29	30
44	31						

November 2021

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
44		1 Frosh- Equipment Return 3:30-4:30	2	3	4	5 Equipment Return Deadline Fines are submitted	6
45	7	8	9	10	11 Veterans' Day	12 Playoffs Round 2 -TBD	13
46	14	15	16	17	18	19	20
47	21	22	23	24	25 Thanksgiving	26	27
48	28	29	30				

