2025-2026

DANCE TEAM TRYOUT INTEREST MEETING

Introductions

Leanna Jarjour (Coach Lee)

Dance Teacher Head Dance Team Coach

Emily Valenzuela (Coach Emily)

Assistant Dance Team Coach

Tara Thomas

Assistant Principal

Special Guest ~ Jen Horn

Director of the Simi Valley High School Dance Team

Tryout Process

Location: MHS Dance Room (D2)

Qualifications:

At least 2 years of dance training

Incoming freshman to senior

At least 2.0 GPA

Approved school attendance

Completed tryout application

DUE February 7 to Coach Lee or ljarjour@mrpk.org

Part 1: Preliminaries

When: Thursday, February 13th

3:45-4:30pm Incoming Juniors and Seniors

4:30-5:15pm Incoming Freshmen and Sophomores

Tryout components: Across the floor technique and Across the floor combination (chaine turns, pique turns, battements, pirouettes, leaps)

Preliminaries Results

Posted Friday, February 14th at 3:30pm on D2 doors and our website: moorparkhsdance.com

Part 2: Clinics

When: Tuesday, February 18th – Friday, February 21st from 4:00-5:00pm

Monday: NO SCHOOL

Tuesday: Learn jazz/pom routine (one routine with both jazz and pom styles)

Wednesday: Finish jazz/pom routine Thursday: Learn hip hop routine

Friday: Finish hip hop routine & Review Judges Tryouts process

What to bring/wear:

Jazz/Pom days: half soles, tight-fitting dance clothes (Bring poms if you have any - there will be extra in the dance room to share)

Hip Hop days: sneakers, comfortable/baggy dance clothes

- No outside club or studio attire
- No jewelry
- Hair must be neat

Part 3: Judges Tryouts

When: Saturday, February 22nd from 9-2:00pm

- Each dancer will be given a 15-minute time slot in groups of 3-4.
- Dancers will audition technique, and the jazz/pom and hip hop routines.
- Dancers must remain at the tryouts until excused by the coach - selected groups will be asked by judges to show a routine again

4 Judges have been chosen for their expertise and profession in dance - outside dancers and choreographers

Tryout Skills

Technique

- 1. Splits
- 2. Grand battements
- 3. Pirouettes (clean double or triple)
- 4. Grands (right side only) *optional
- 5. Leaps
 - Saut de chats (front leaps)
 - Middle leap
 - Leap of Choice: Calypso, Firebird, Switch Leap, etc.

Special Tricks *optional

Toe Touch, Turning discs, Aerials, Back handsprings, Headsprings, etc.

Routines

- 1. Jazz/Pom routine: execution, technique, musicality, showmanship, improvisation
- 2. Hip Hop routine: execution, movement quality, musicality, showmanship, improvisation

2x8counts of improv for both routines

Part 4: Student-Dancer Teacher Form

Feedback from the student's current teachers (2024-25 school year)

They will score the student 1-5 on each of the following: (5- excellent, 1- poor)

- 1. Effort/Work Ethic
- 2. Respect for teacher and classmates
- 3. Participation/Engagement
- 4. Behavior
- 5. Attendance
- •Form passed out on the first day of Clinics
- •Part of the total tryout score.
- •Turned in by Friday, February 21st to Coach Lee or by email ljarjour@mrpk.org.
- •To participate in the judge's tryout, the student must turn in this form before their time slot begins.

If any of the student's teachers are absent, ask assistant principal to help complete the form.

<u> 2025-26 Dance Team Results</u>

Friday, March 14th at 3:30pm on D2 doors and our website: moorparkhsdance.com

Note: If needed, selection of any additional member during the school year will be at the <u>discretion of the</u> <u>coach</u>. They will audition in a similar way to the original team selection.

Important Dates After Results

Uniform Info Meeting w/ Coach Emily

Wednesday, March 19th from 3:30-5pm

Location: Dance Room (D2)

Parents and dancers are welcome to come anytime between this time frame to discuss and try on dance team uniforms. This will help prepare the dancer to place their order at the fitting with our Varsity representative.

Varsity Spirit Uniform Fittings w/ Jennifer Griffin

Thursday, April 10th from 3-4:30pm

Location: Dance Room (D2)

3-3:45pm – Returning members

3:45-4:30pm – New members

First Team Meeting

Thursday, June 5th

Location: Dance Room (D2)

Time: 4-5:00pm

DANCE TEAM UNIFORMS

ITEM	BRAND	APPROX. COST
Jazz Shell top	Varsity Spirit	\$121
Green Baseball Jersey	Varsity Spirit	\$109
Ribbed crop top	Varsity Spirit	\$53
Pom skirt	Varsity Spirit	\$69
Green Team Jacket	Varsity Spirit	\$151
Pom Bodysuit	Varsity Spirit	TBD
Oversized Long Sleeve	Varsity Spirit	TBD

Metallic gold poms	Varsity Spirit	\$53
Team Backpack	Varsity Spirit	\$106
High waisted black leggings	Any brand	
Black biker shorts	Any brand	
White Nike Air Forces 1	Nike	\$100
Tan half soles	Any brand	

Total Approx. Cost: \$762

new team members; not including "any brand" or pom bodysuit and oversized long sleeve

Dance Team Uniforms (continued)

- *Rentals will be available
- *Financial assistance is available to all team members, as well as payment plans. Please contact Coach Lee ASAP if you need financial assistance.
- *Returning members can reuse most items each year

Dance Team Practice Schedule: Summer

July 28 – August 6 Weekly Practices

August 11 – August 15

Dance Team Camp

MONDAYS & WEDNESDAYS

9:00-11:00am

Practice (Technique & Choreography)

MONDAY - FRIDAY

9:00-10:00am

Technique

10:00-12:00

Choreography

12:00-12:30

Lunch Break

12:30-1:00

Team Bonding

1:00-3:00

Choreography

Dance Team Practice Schedule: School Year

(Start times may slightly change based on MHS Bell Schedule)

Monday 2:33–4:00

Tuesday 2:33-4:00

Wednesday 2:41-4:00

Thursday 2:33-4:00

Friday 2:33-4:00

- Game days Early release 2:45pm
 - Parents will sign an Early Release Form at beginning of school year

*Extra practices if needed (at least 2-week advance notice)

School Performances

Halftimes	Rallies	Showcases	Other (optional)
Football 9/5 *HOCO	Back to School	Winter Showcase November before Fall	Sabor Latino
9/12 9/19	НОСО	break	Moorpark Country Days
10/10 10/30 *Sr Night	Winter	Dancing with the Stars Early March	Mr. Moorpark
Basketball	Future Freshmen	Spring Showcase	Muskies
2026 Basketball league schedule coming out this	Spring	End of May	112001100
April	SOAR (seniors)		
	Finale		

High School Dance Team Competition

1 high school dance team competition

USA SoCal Regional or WCE Dance School Competition

- Registration entering as a team
- Cost no extra cost for entry fees, choreographers, and costuming
 - Will be paid from fundraising efforts and other funding sources

Special Guest ~ Jen Horn

Fundraising

In order to run a successful dance program fundraising is required. Team fundraisers are necessary to cover costs that are not provided by the school. Major team fundraisers you and parents will be expected to participate in, but are not limited to Snap Raise, Showcases, and the Sponsor Program.

Fundraising will help cover the following expenses:

- Dance team uniforms, program merchandise, supplies, and advertising
- Showcase expenses stage production, audio, visual, and lighting equipment rentals
- Costumes for showcases and competitions
- Competition registration fees
- Coaching stipends
- Professional choreography for competition, halftime performances, and showcases
- College scholarships for selected dancers
- Team Dinners for Homecoming and other special events
- Dance Team Banquet Awards

Communication

Email

Parent Square/Student Square

If you have any individual questions for your student, please contact:

Coach Lee <u>ljarjour@mrpk.org</u> - maternity leave starting 3/17/25

Asst. Coach Emily evaluenzuela@mrpk.org

Tara Thomas (Assistant Principal) tthomas@mrpk.org

THANK YOU FOR COMING!

GRAB A TRYOUT PACKET ON YOUR WAY OUT!