

Allenbrook Newsletter

Summer
2026

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From The HOA

I am writing to formally introduce myself as the new President of our Homeowners Association. It is a privilege to serve in this role, and I look forward to working closely with all of you to support our community.

I would also like to announce that Bryan Bryant has been elected as Treasurer. Pete is stepping down from the officer position after years of excellent service, though he will remain a board member. Please join me in thanking him for his hard work when you see him.

Currently, we have one open position on the HOA Board and two open spots on the Building Advisory Board. If you are interested in volunteering for any of these roles, please send an email to the HOA.

Finally, our summer fling was a great success, and we plan to make this an annual event. I hope these gatherings continue to grow and provide a wonderful opportunity for neighbors to socialize.

Have a great summer,

David Sexton

AMERICA 250

“One flag, one land, one heart, one hand, One Nation evermore!” – Oliver Wendell Holmes

Fireworks and Friends

As you plan for your family 4th of July celebration, it's important to consider how fireworks may affect those living with PTSD. Veterans, trauma survivors, or anyone with sensory sensitivity may experience distress during fireworks displays. They also can be traumatizing for small children, pets, and wildlife.

While fireworks are often associated with freedom and celebration, for individuals living with PTSD, the loud bangs, flashing lights, and unpredictability can trigger intense stress responses. This is especially common in veterans, survivors of violence, and individuals with autism.

Although setting off fireworks in Lenoir City is, for the most part, legal on the 4th of July, please be considerate of others. Mortars and boomers are best left for the professional displays and not in residential areas

From the City:

Independence Day Parade

Lenoir City's annual Independence Day parade will kick off with our children's Firecracker Run—a half-mile fun run for ages 5–12. The run is free, and the first 100 participants receive an event t-shirt. All runners receive a participation award, and top prizes are awarded to the first-place boy and girl in each division. Participants for the parade or race can register by calling the Lenoir City Parks and Recreation Department at 986-1223.

Broadway – "C" Street to South Grand Street

Saturday, July 4, 2026

Line-up: 10:00 AM at the intersection of Industrial Blvd. and South "C" Street

Race Check-In: 10:00 AM at the Roane State Parking Lot

Parade/Race Start: 11:00 AM

Rockin' the Docks

Rockin' the Docks will once again bring live music and fireworks to the Lenoir City Park/Cove area. Live music begins at 5:00 PM and continues until the Fireworks Show at 10:00 PM. Enjoy entertainment, food, and one of the largest fireworks displays in East Tennessee.

Lenoir City Park

Saturday, July 4, 2026

Event is free.



**Happy Birthday
America!**