



Cleavenger

Compliance Training & Consulting, Inc.

Your Hometown Safety Experts

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419-843-8936



www.cleavengercompliance.com

Since 1995

Welcome New Clients!

Empire Solutions

Cleveland, Ohio

Toledo Tool & Die

Toledo, Ohio

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Presidents Corner

Bryan Cleavenger



A YEAR IN REVIEW...

The year 2018 is in the books and 2019 is upon us. I want to take this opportunity to review 2018 and discuss what 2019 will bring Cleavenger Compliance Training & Consulting, Inc.

First of all, I would like to thank all of our loyal clients that each year, put their trust in Cleavenger Compliance Training & Consulting, Inc. services. As we are one big family here at Cleavenger Compliance Training & Consulting, Inc. we want to be a key part of your family as well. We take personal pride in getting to know your employees and assisting your company on how you comply with safety & health regulations.

In 2018 Cleavenger Compliance Training & Consulting, Inc. provided services in the following states, Ohio, Michigan, Tennessee, Kentucky, Pennsylvania, Indiana, Georgia, and Arkansas. Since 1995 we have provided our services in thirteen states and even Canada and provided training to over 21,000 employees. We not only hope to expand our areas of services geographically, but to also increase our menu of services as well.

Areas of training and services that we are currently looking into providing in 2019 are:

- Principals of Ergonomics
- Bloodborne Pathogens for Health Care Facilities
- Recordkeeping for Safety & HR Professionals
- Drug & Alcohol education, written program and employer/employee training
- Written program development for Spill Prevention, Control, and Countermeasure (SPCC) regulations
- Written program development for Storm Water Pollution Prevention Plans (SWPPP)

Cleavenger Compliance Training & Consulting, Inc. takes great pride in being your "Home Town Safety Experts", getting involved in the local community and promoting safety & health in the workplace. We are proud to say that for the fourth year in a row, we have set a new sales record thanks to your continued trust in what we do; providing the most knowledgeable, up to date and entertaining training to help keep your employees safe!

Here is to a healthy and prosperous 2019!

JANUARY OPEN ENROLLMENT CLASSES

MSHA 8-hour – New Miner/Refresher Training

Where: 420 Madison Ave. Toledo, Ohio 43604

When: January 24, 2019

Time: 8am to 4pm

Cost: \$278.00 Per Person

Lunch is provided, and parking is free...

Call today to reserve your spot!



Safety Tip of the Month...

When using powered hand tools such as saws and drills, make sure that your blades and bits are sharp. Sharp blades reduce the amount of pressure you need to apply to cut, thus reducing the risk of injury. And of course, DON'T Forget to wear your PPE!



2019 IS A GREAT TIME TO RAMP-UP YOUR PPE PROGRAM...

Did you know... With regards to PPE... Per OSHA...

The employer shall assess the workplace to determine if hazards are present, or are likely to be present, which necessitate the use of personal protective equipment (PPE). If such hazards are present, or likely to be present, the employer shall:

- Select, and have each affected employee use, the types of PPE that will protect the affected employee from the hazards identified in the hazard assessment;
- Communicate selection decisions to each affected employee; and,
- Select PPE that properly fits each affected employee.

And...

The employer shall verify that the required workplace hazard assessment has been performed through a written certification that identifies the workplace evaluated; the person certifying that the evaluation has been performed; the date of the hazard assessment; and, which identifies the document as a certification of hazard assessment.

This has been a pretty hot topic lately with many companies in our area. Unfortunately, some of which found out the hard way that these regulations exist and are fully enforced by OSHA. Cleavenger Compliance Training & Consulting, Inc. has been helping quite a few companies become compliant with these regulations. Understand by doing so, its not just the compliance end we are going after, it's mainly to help keep employees safer.

Please feel free to contact us if you are in need of assistance with regards to your PPE Program and those required PPE Assessments. We will gladly help you by either getting you going in the right direction, or by completing the entire process for you.

Protecting Workers from Cold Stress

Cold temperatures and increased wind speed (wind chill) cause heat to leave the body more quickly, putting workers at risk of cold stress. Anyone working in the cold may be at risk, e.g., workers in freezers, outdoor agriculture and construction.

Hypothermia • Normal body temperature (98.6°F) drops to 95°F or less. • Mild Symptoms: alert but shivering. • Moderate to Severe Symptoms: shivering stops; confusion; slurred speech; heart rate/breathing slow; loss of consciousness; death.

Frostbite • Body tissues freeze, e.g., hands and feet. Can occur at temperatures above freezing, due to wind chill. May result in amputation. • Symptoms: numbness, reddened skin develops gray/ white patches, feels firm/ hard, and may blister.

What to Do When a Worker Suffers from Cold Stress for Hypothermia:

- Call 911 immediately in an emergency.
- To prevent further heat loss: – Move the worker to a warm place. – Change to dry clothes. – Cover the body (including the head and neck) with blankets, and with something to block the cold (e.g., tarp, garbage bag). Do not cover the face.
- If medical help is more than 30 minutes away: – Give warm, sweetened drinks if alert (no alcohol). – Apply heat packs to the armpits, sides of chest, neck, and groin. Call 911 for additional rewarming instructions.
- **Frostbite:** • Follow the recommendations “For Hypothermia”. • Do not rub the frostbitten area. • Avoid walking on frostbitten feet. • Do not apply snow/water. Do not break blisters. • Loosely cover and protect the area from contact. • Do not try to rewarm the area unless directed by medical personnel.



Prevention is always the most efficient method to prevent cold related health issues. Always dress appropriately by wearing hats, gloves and warm clothes.. Layers are always best. And keep as dry as possible while you are working.

Don't forget you have until January 15th to submit your 2018, 4th quarter MSHA quarterly report!



Certifying Your 2018 OSHA 300A Summary Report.

For most companies, the OSHA 300A Summary report must be posted in the facility by February 1st. and must remain posted until April 30th. Make sure the 300A form is signed by the highest ranking official of the company. The OSHA 1904 Regulation states WHO MUST CERTIFY the form;

- An owner of the company (only if the company is a sole proprietorship or partnership);
- An officer of the corporation;
- The highest ranking company official working at the establishment; or
- The immediate supervisor of the highest ranking company official working at the establishment.

Feel lost or overwhelmed with your OSHA 300 logs? Remember we can help you! Just give us a call and we can walk you through the entire process if need be. 419-843-8936.



MSHA Mining Fatality Report #9

METAL/NONMETAL MINE FATALITY – On August 22, 2018, a 29-year old miner with 1 year of experience was fatally injured while cleaning a snub pulley. The victim was working from an aerial lift located under the belt conveyor when he became entangled in the conveyor pulley.



- Ensure that persons assigned to clean conveyor belts have received adequate training and verify that safe belt conveyor work practices are followed.
- Stay clear of moving equipment and do not reach into any part of a moving conveyor.
- Avoid wearing loose-fitting clothing when working around moving conveyor belt components.
- Verify that all incoming power connectors are open by a circuit breaker, the conveyor is stopped and secured from movement before working on belt conveyors.
- Provide and maintain safe access to elevated areas where routine maintenance is performed.

Cleavenger Compliance Training & Consulting, Inc. provides Training, Written Programs, Incident, Accident, Injury and Near-Miss Investigation services and can also help you in the event of an OSHA or MSHA Investigation.

Give us a call for more information regarding these services at 419-843-8936.

Cartoon Corner

