

# Concierge Vasectomy

*Comprehensive, Excellent and Discreet care delivered in the comfort of your own home.*

Appt. Date:		How did you hear about our office? _____		
<b>PATIENT INFORMATION</b>				
Patient's First Name:		Last Name:		
Email:	Cell phone no.:	Marital Status:	Birth date:	No. of children:
Home Address: <i>(where the procedure will be performed)</i>				
<b>PRIMARY CARE PHYSICIAN</b>				
Name: _____		Office Name: _____		
Office Phone No. _____		Email: _____		
<b>IN CASE OF EMERGENCY</b>				
Name of local friend or relative (not living at same address):		Relationship to patient:	Phone Number:	Work Number:
<b>MEDICAL HISTORY</b>				
<b><u>Medical History: (Please check any that apply)</u></b>				
<input type="checkbox"/> Allergies (Please specify) _____				
<input type="checkbox"/> Abnormal Bleeding				
<input type="checkbox"/> Heart Disease				
<input type="checkbox"/> Recently experienced flu like symptoms				
<input type="checkbox"/> Other: _____				
<b><u>Current Medications:</u></b>				
_____				
I understand that the procedure will be performed by Dr. Sameer Malhotra in my home or a similarly comfortable environment. If I need to cancel or reschedule my appointment, I will receive my full refund as long as I cancel/reschedule 3 days prior to my appointment date. If I cancel within 3 days of my procedure appointment date, I will receive a refund of \$3000. During my consultation if I decide not to proceed to a vasectomy, I will receive a refund of \$3000.				
Patient signature _____		Date _____		

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## **VASECTOMY INFORMATION AND CONSENT**

***This information will help you understand more about the vasectomy: the indications for this procedure, the success and failure rates, the alternative forms of contraception, and the possible complications of the procedure.***

### **WHAT IS A VASECTOMY?**

A vasectomy is a minor surgical procedure designed to block the sperm flow from the testicles to the ejaculatory ducts, rendering a man sterile. A vasectomy is a possible option for a patient who desires to have no more children and is considered a permanent form of birth control (sterilization). This procedure can be performed in any man except those with a history of severe bleeding tendency and can usually be done with local anesthesia. Vasectomy is a popular, time honored method of pregnancy prevention because it is simple, safe, and highly effective.

### **WHAT ARE THE ALTERNATIVES TO A VASECTOMY?**

The most popular permanent alternative to a vasectomy is female sterilization by tubal ligation. Tubal ligation requires general anesthesia and carries greater operative risk. Like a vasectomy, tubal ligation is highly effective. Other methods of birth control available include the birth control pill, hormonal implants, depot hormone injections (Depo Provera), hormone patches, barrier methods (diaphragm or condom) with spermicide, vaginal sponge, intrauterine device (IUD), and emergency contraception (morning after method). Each method has its own effectiveness, safety and cost; none are quite as effective as permanent sterilization with vasectomy.

### **HOW EFFECTIVE IS A VASECTOMY?**

While there are no absolute guarantees in any medical endeavor, most large studies show that results with vasectomy are excellent. Late sterilization failure rates vary between 0.04% and 0.08%.

### **HOW DO I PREPARE FOR THE PROCEDURE?**

It is important to avoid aspirin, ibuprofen or other medications that thin the blood for 7 days prior to the procedure. Bathe or shower normally on the day of the procedure. Shave the genitals the day prior to the procedure.

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## **WHAT IS INVOLVED IN THE PROCEDURE?**

A vasectomy is performed by anesthetizing the skin of the scrotum with a small injection of lidocaine or other local anesthesia. The medication will cause a small, short burning sensation and then the tissue will be numb. A small opening is then made in the skin, and the vas is lifted up with surgical instruments. A small section is cut out and the cut ends are cauterized and tied. Both the right and left vas must be managed in this fashion, and the incisions are usually stitched closed. The entire procedure usually takes 20-30 minutes.

## **WHAT ARE THE POTENTIAL COMPLICATIONS?**

Significant bleeding or infection despite the antibiotics given are the most common complications and occur in <5% of cases. Other possible complications include chronic pain syndrome. Even after a properly performed procedure, about 1% of people develop pain in one or both testicles which doesn't go away after the initial healing period. No one is quite sure why this occurs, but when it occurs it can be difficult to resolve. There are medications and procedures designed to try to improve this pain, but no guarantees of improvement or resolution of the same. A vasectomy does not affect hormone levels, sexual desire, size of the testicles, erection quality, general health, or semen volume significantly. In 1992 a study was published implicating a possible link between vasectomy and prostate cancer. Subsequent well controlled studies have failed to demonstrate any increased risk of prostate cancer in men who have had a vasectomy. Finally, there is the miniscule chance of recanalization, or the body naturally re-opening a passage in the vas deferens and sperm traveling through again. The odds of this occurring are less than 1 in 1,000,000 but would result in a patient being fertile again.

## **REVERSAL**

A vasectomy can be reversed by a technique called vasovasotomy. Vasovasotomy is not guaranteed to restore fertility, even in the best of hands and circumstances, so please make sure you are certain that you do not want to have any more children prior to proceeding with a vasectomy. The overall success rate of vasovasotomy is that 90% men have sperm return to the ejaculate, and 50% achieve pregnancy. Obstruction of the vasa for a prolonged period is thought to impair sperm quality and diminish the chances of restoring fertility as time goes on.

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## **PATIENT ATTESTATION**

I have read this Vasectomy Information and Consent, understand its contents. I have been given an opportunity to have all of my questions and concerns answered and all my questions and concerns have been discussed and answered to my satisfaction. Furthermore, I acknowledge that the doctor has explained, and I understand:

- 1) the risks, including the risks that are specific to me.
- 2) other relevant procedure/treatment options and their associated risks.
- 3) that no guarantee has been made that the procedure will result in sterility even though it has been carried out with due professional care.

I hereby authorize Concierge Vasectomy/ Dr. Malhotra to perform a vasectomy on me. A vasectomy is a procedure to make a man infertile (sterile). IT IS A PERMANENT AND IRREVERSIBLE PROCEDURE.

**IF YOU CANNOT KEEP YOUR APPOINTMENT**, please call us 3 business days prior to your procedure to cancel. Otherwise you will be charged a cancellation fee/no- show charge of \$500 from your deposit payment. There are no exceptions. Late cancellations for any reason leave desirable appointment times vacant and waste the doctor's time and efforts. We will pass this cost on to you.

**Patient Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **PHYSICIAN STATEMENT**

I have explained to the patient all the above points under the Vasectomy Information and Consent and I am of the opinion that the patient has understood the information.

\_\_\_\_\_  
Sameer Malhotra, M.D.