

# CASSANDRA BROWN, LCSW-R

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## SUMMARY

Licensed clinical social worker who has served a diverse population of children, adults, and families for over 15 years in various community settings. Proven ability to provide compassionate and result-oriented therapy to clients. Experience with facilitating therapeutic and supportive educational programs. Excels at working with multidisciplinary teams. Effective in crisis intervention and working in high-stress environments. Resourceful when linking clients to community service resources. Strong interpersonal, verbal, and written communication skills.

## SKILLS

- Group & Individual Therapy
- Case Planning & Management
- Life-Skills Counseling
- Job Coaching
- Client Advocacy
- Crisis Intervention
- Community Outreach
- Documentation & Reporting

## EXPERIENCE

**OCTOBER 2015 – PRESENT**

**CAREER COUNSELOR | ONONDAGA CAREER PLANNING | SYRACUSE, NY**

- Facilitate supportive counseling and case management services to a caseload of 15-20 adults with persistent mental illness.
- Teach 8-10 psycho-educational classes per week to assist participants with mental health recovery, including DBT skills classes and WRAP classes.
- Provide clinical supervision to two interns and five co-workers.
- Develop and implement milieu therapy plans to maximize clinical growth of participants.
- Provide crisis intervention and case management services in order to decrease symptoms and avoid psychiatric hospitalization when possible.

**JANUARY 2013 – OCTOBER 2015**

**CAREER SPECIALIST | MOUNTAIN VIEW CAREER PLANNING | BINGHAMTON, NY**

- Delivered job coaching and development services to a caseload of 15-20 individuals with disabilities.
- Collaborated with clients, employers, and other service providers to maximize employment success.
- Managed internal and external reporting relating to job placement.
- Planned and participated in two-three annual case conferences.

**DECEMBER 1997 – MARCH 2003**

**SOCIAL WORKER | BROOME COUNTY CHILD AND FAMILY SERVICES | BINGHAMTON, NY**

- Provided individual and family therapy services to children enrolled in day treatment program at the Neil Hellman School.
- Facilitated case management and service coordination between school districts, teachers, and other service providers.
- Delivered clinical supervision to two MSW interns assigned to day treatment program.

- Utilized milieu therapy to aid in prevention of school setting crises.
- Completed paperwork and treatment plans required by various funding sources.
- Provided foster care and adoption services to children in specialized foster care program throughout first year of employment.

**JUNE 1993 – DECEMBER 1997**

**CLINICIAN II | ALLEGANY MENTAL HEALTH & SUBSTANCE ABUSE PROGRAM | FRANKLIN, NY**

- Provided psychotherapy and ongoing clinical supervision for caseload of 25-30 children, adolescents, and their families.
- Interfaced with physicians, referring agencies, and schools to ensure client success.
- Performed assessments of 24-hour phone counseling for crisis services division.
- Presented suicide prevention program to community schools and agencies.
- Took part in mental health consultations and observations for a Head Start classroom.

## **EDUCATION**

**MAY 1993**

**MASTER OF SOCIAL WORK | UNIVERSITY AT BUFFALO | BUFFALO, NY**

**MAY 1991**

**BACHELOR OF ARTS IN PSYCHOLOGY | UNIVERSITY AT ALBANY | ALBANY, NY**

- Minor in Sociology
- Cum Laude Graduate

## **LICENSURES | AFFILIATIONS**

- Licensed Clinical Social Worker (R) | New York
- National Association of Social Workers (NASW) | Member

## **VOLUNTEER ACTIVITIES**

- Big Brothers Big Sisters of America | Allentown, PA | Big Sister | January 2017 – Present
- American Red Cross | Binghamton, NY | Volunteer Coordinator | February 2014 – March 2015
- Meals on Wheels | Allentown, PA | Volunteer Coordinator | May 2007 – May 2011