

Counselling Student Mentoring Agreement

About me:

My name is Samantha.

I am a Integrative Counsellor and Psychotherapist registered with the British Association for Counselling and Psychotherapy (BACP). I work within the BACP's 'Ethical Framework for Counsellors', and the BACP Guidelines for Online Counselling and Psychotherapy.

I completed the CPCAB courses as follows:

- Level 2 Certificate in Counselling Skills.
- Level 3 Certificate in Counselling Studies.
- Level 4 Diploma in Integrative Therapeutic Counselling,
- Level 5 Diploma in Integrative Psychotherapeutic Counselling.
- Level 6 Diploma in Counselling Supervision.

I am currently working in Private Practice, for an EAP company and within a Counselling agency, I have over 6 years of experience in client work and over 2000 client hours.

In my Private Practice and within my agency, I offer face to face counselling, online/video call or telephone counselling and walk and talk sessions. I work with clients requiring both long and short term sessions. I have worked with clients across all age ranges, from the age of 11 years old, up to and beyond retirement age. I specialise in working with young people and I am a LGBTQIA+ ally.

What does the counselling student mentoring service offer?

I offer a 50 or 100 minute sessions in a confidential space, where we can negotiate how we will work together to assist you with your current course. That may consist of assisting you in understanding or exploring criteria or exploring a deeper upstanding of an assignment or your client work in relation to your course.

Important Notice

This is **NOT** an assignment writing service.

All the work you submit must be your own and this service aims to assist you in exploring the areas that you are studying in and allow space for exploring the course material. For example: these sessions could offer you, an opportunity to explore any assignments or theoretical concepts for exam preparation.

I do not work in conjunction with your educational establishment or course tutors. This service **cannot guarantee** that you will achieve the required criteria or that your educational institution will mark your work as proficient. I reserve the right to cancel any ongoing work, where this is the case, if you have booked and paid for additional sessions, these will be refunded.

Confidentiality and Security

The content of your sessions will not be communicated with any third party except for the purposes of the supervision of our work. I reserve the right to take our sessions to supervision. All counsellors working ethnically use supervision to ensure the best possible outcome for their clients. We recommend that the online service we use is Microsoft Teams or Whats app calling due to the security and encryption that both platforms use, this helps to ensure that our communication will not be intercepted by a third party. If you choose our counselling student mentoring service, we will exchange contact details, we will provide further details after you have completed and returned the agreement document below, to allow us to have a discussion and make arrangements for sessions.

Fees and Payments

Please send any fee payments at least 24hrs before the session day and time. If you wish to cancel, please allow 48hrs notice, or full payment will be required. If you have made payment for a session, but are unable to meet at the appointed time, I will retain the fee for the session unless waivered at my discretion, for example it is due to experiencing an emergency or my absence. In the event of this occurring, we would discuss how to re arrange the scheduled appointment. Where a block of four appointments have been purchased these are valid for a period of 3 months. If applicable the services fees are subject to change in line with the beginning of the UK financial year (April).

My current fee is £60 per 50 minute session or £110 for 100 minute session, concessions are available. Please ask for block booking arrangements and fees.

For bank transfer payments please pay using your initials as the reference to: Samantha Cox Sort code: 040605 account number: 16271666

Or pay by PayPal:

http://www.paypal.me/BaeotusTherapy

Cash is also accepted with prior arrangement.

Many thanks for taking the time to read my mentoring agreement and please feel free to email back the assessment/details form to arrange an initial chat about working together.

Kindly

Samantha

You can find me on national directories and the social media platforms below as well as my website: www.BaeotusTherapy.co.uk

Directories

Counselling Directory

https://www.counselling-directory.org.uk/counsellors/samantha-cox

BACP Counsellors Directory

Samantha Cox - therapist in Aylesbury | BACP

Psychology Today https://www.psychologytoday.com/gb/counselling/samantha-cox-aylesbury-eng/889652

Registered Counsellors

Samantha Cox - Registered Counsellor

Facebook

www.facebook.com/baeotustherapy/

Instagram

www.instagram.com/baeotustherapy

Linkedin

www.linkedin.com/in/samantha-cox-543a51137

Please sign the Counselling Student Mentoring Assessment as requested