**Please ensure that this form is completed individually, for each person. Please complete all of the following information requested and return the agreements to me as an attachment if you would like to proceed with our counselling service:**

Full name:

Name you would like the counsellor to use if different to above (if different to your legal/given name):

Date of Birth:

Emergency contact number for yourself *(in the event of technology breakdown which disrupts a counselling appointment or our inability to meet you at the agreed session time):*

Telephone number:

Email:

Address:

Preferred contact type: Text Email Call

Emergency contact number for someone else (*in the event you are unwell during a session or in the event of a welfare check, this can be a family member, a friend, colleague, or support worker, please inform them that you have provided this information*) This can be someone else within the therapeutic arrangement:

Name:

Relationship to you:

Telephone number:

Email:

Please sign (electronically if needed) and date here if you agree to working to the points within this agreement. By returning the form you are acknowledging and agreeing to the terms of the working agreement.

Signature

Date

**Please see questions below**

**Please answer the questions listed below prior to returning the signed agreement document.**

Please provide brief details below regarding what parts of your life or relationship you would like to explore in couples counselling *(there may be one or many and/or)*:

Have you received counselling or psychological support in the past, or are receiving such support currently? If so please provide brief details of the nature and outcome of the support received and also what you found helpful/unhelpful from the support:

Do you have diagnosed physical or psychological conditions that I may need to be aware of?

Please list any prescription medications you are currently taking (please state none if not applicable):