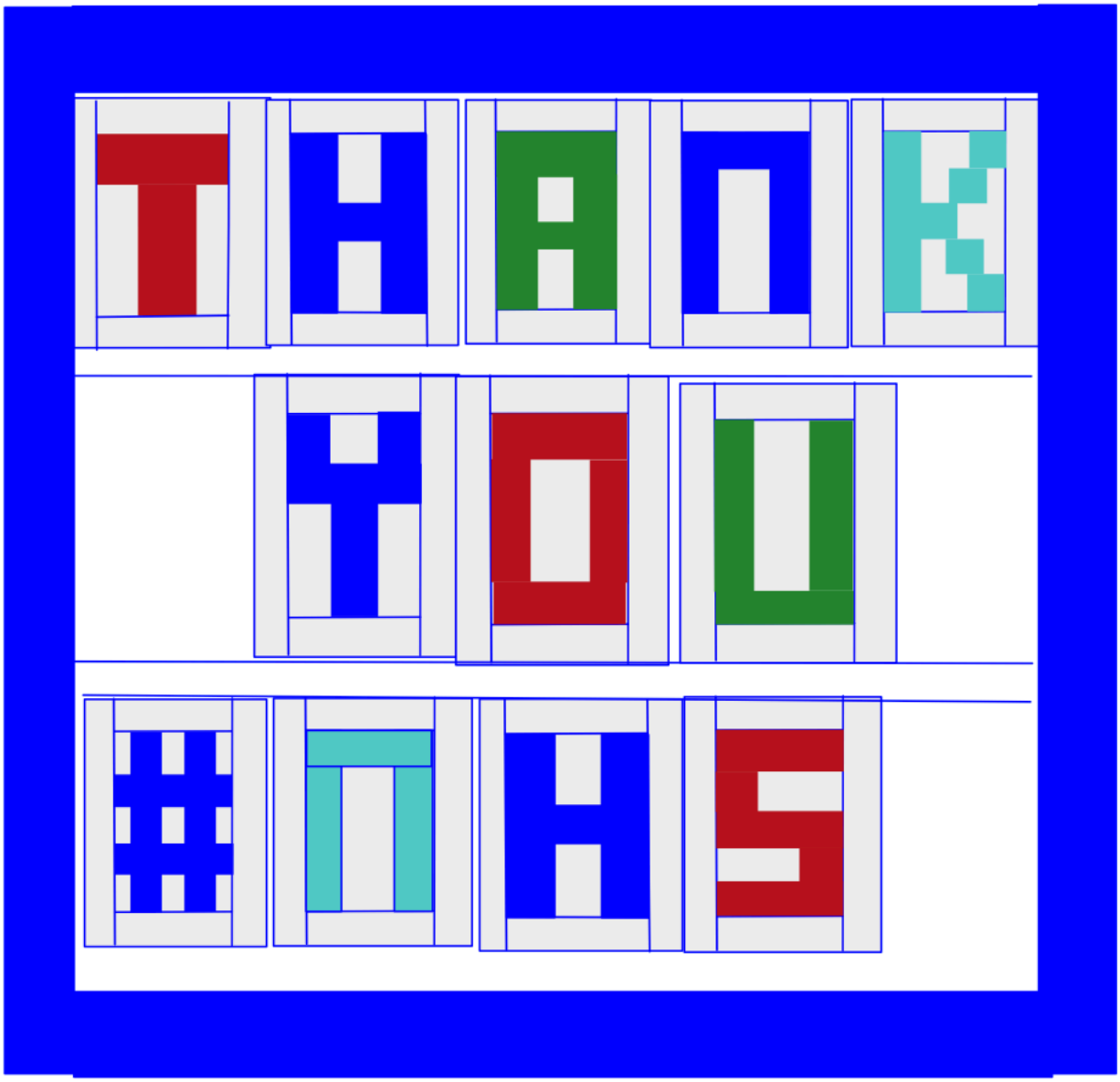
RubySeppings.com

“# Thank You NHS” Pattern



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Hi everyone,
The other evening when everyone was applauding the NHS, I was moved by the cheerful support shown across the nation and thankful for this backstop in our lives during this shocking time. I wondered what I could do to join in and then I saw that Diane at Stitchscape.UK was ahead of the game with her fab banner, which she is hanging out everyday and I thought it was a great way to show your solidarity. I contacted her the next morning and suggested that we collaborate on some pattern ideas. I am making the pieced version here, and Diane has the pattern for the appliqué version.

What you need:
This is a scrappy quilt, so use up your scraps of bright colours for the lettering.
For the background you will need approx. 1.5 yards of plain light fabric - an old sheet will do just fine.
Wadding
Backing fabric - if you are going to hang your quilt outside, plastic sheeting can be a good idea.

Follow the cutting directions on each block and stitch together. All seam allowances are 1/4 inch and each letter block should measure 12" x 10.5" when sewn. Some of the letters will need a little trimming to the correct size. I also added a 2.5" border all the way around to give the letters some space.

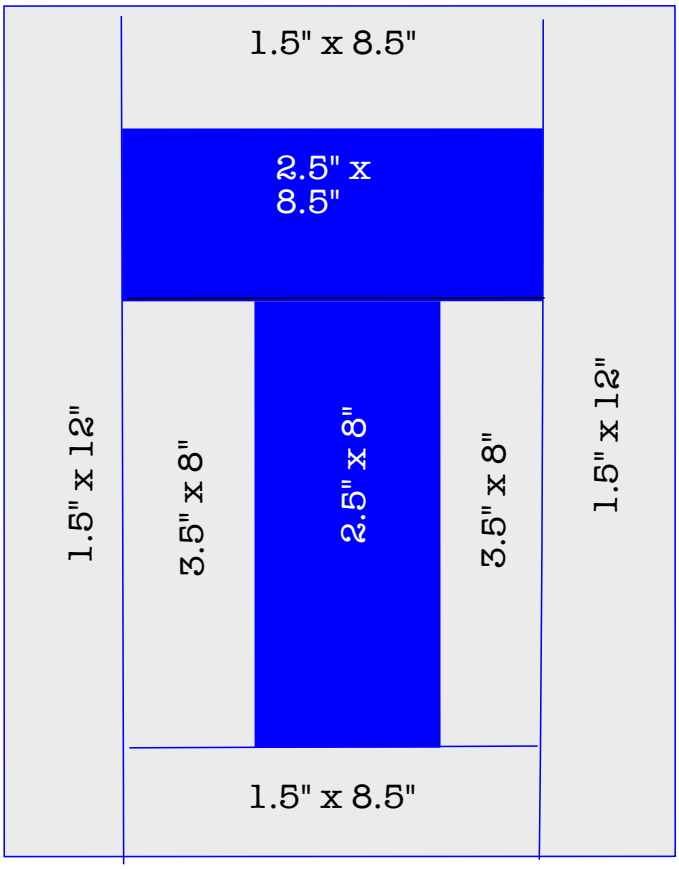
You can arrange your letters how you like so I am not putting in any instructions for this. I simply sewed mine in rows and added plain filler blocks where necessary.

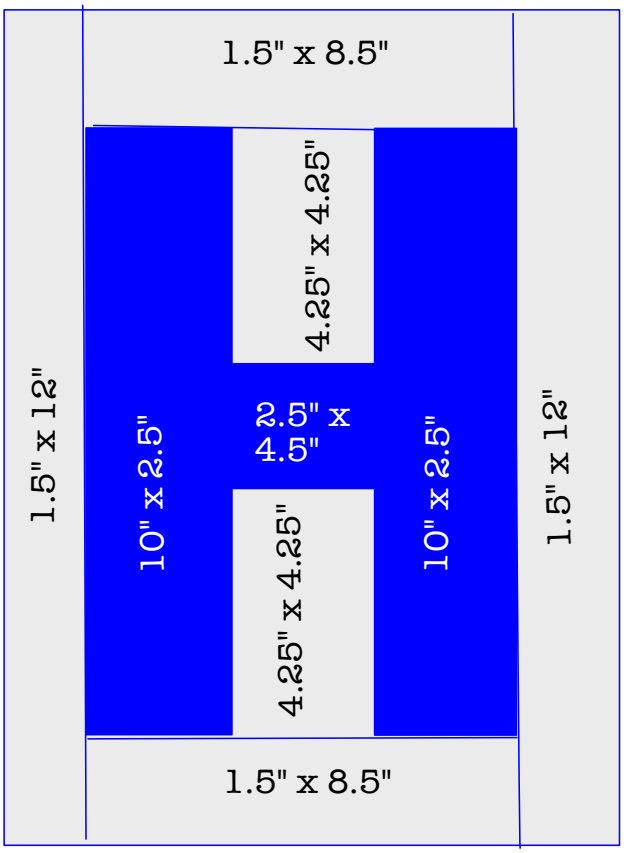
Once your quilt is all put together, layer it with some wadding and backing and quilt as desired.

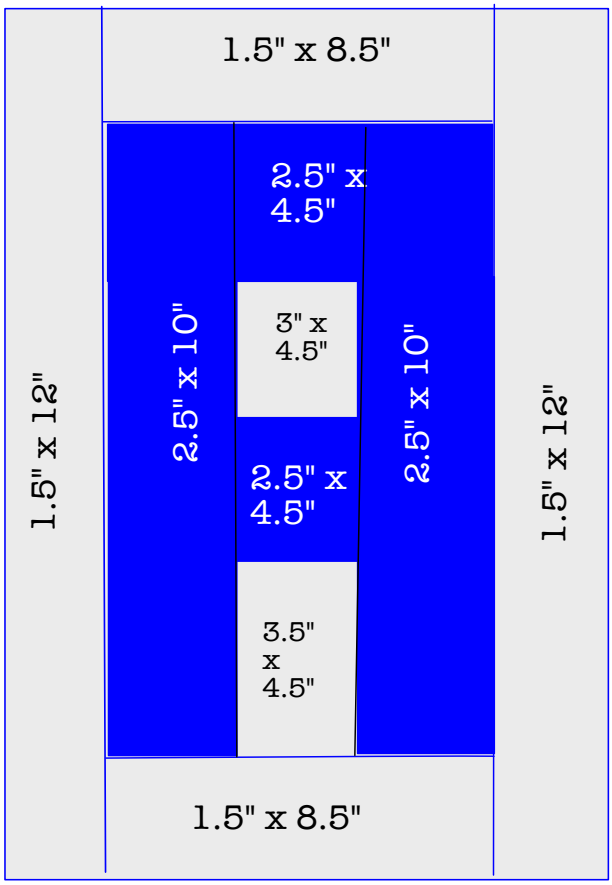
Thanks for downloading this pattern and I really hope you enjoy making your banner. I also hope that you and yours stay healthy and level headed in these days of crisis. Please pass on this project via social media to anyone you think might be interested.
Happy Stitching,
Ruby

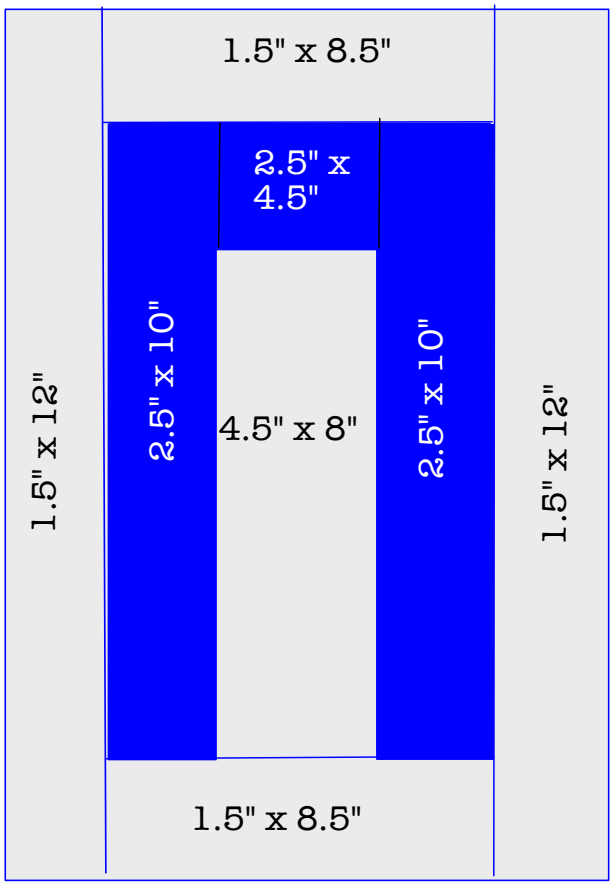
March 2020

Cutting Instructions (This includes 1/4" seam allowance)

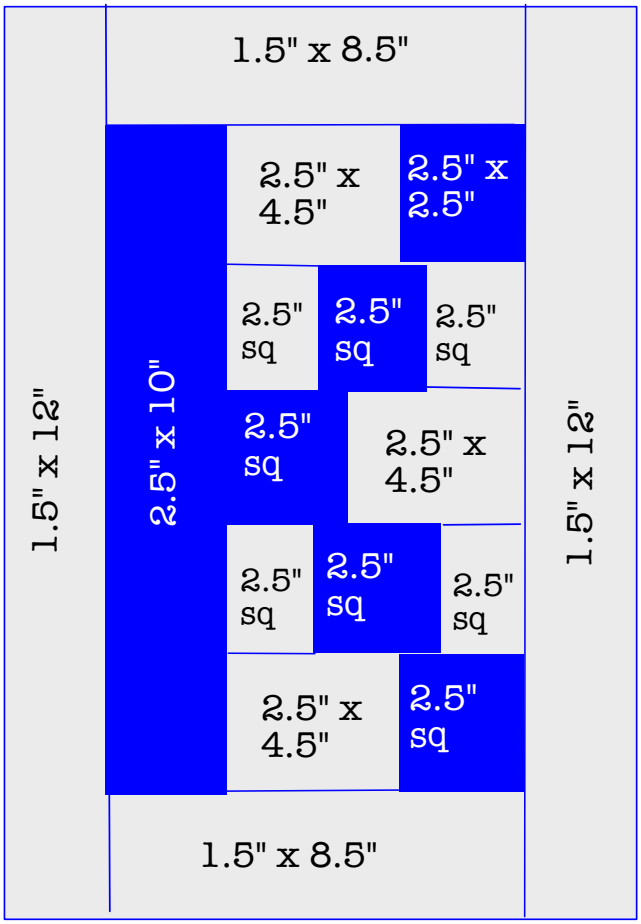


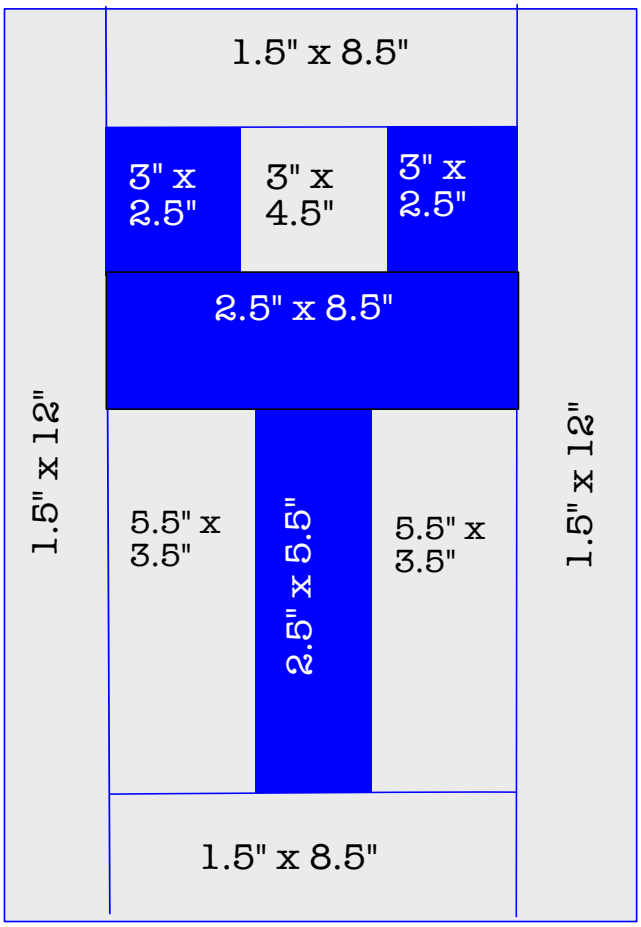


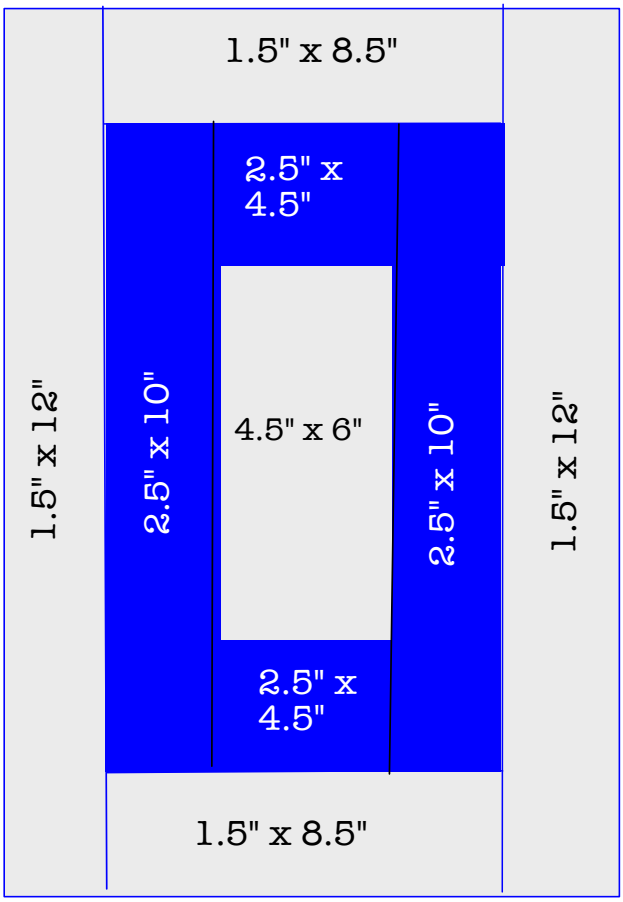


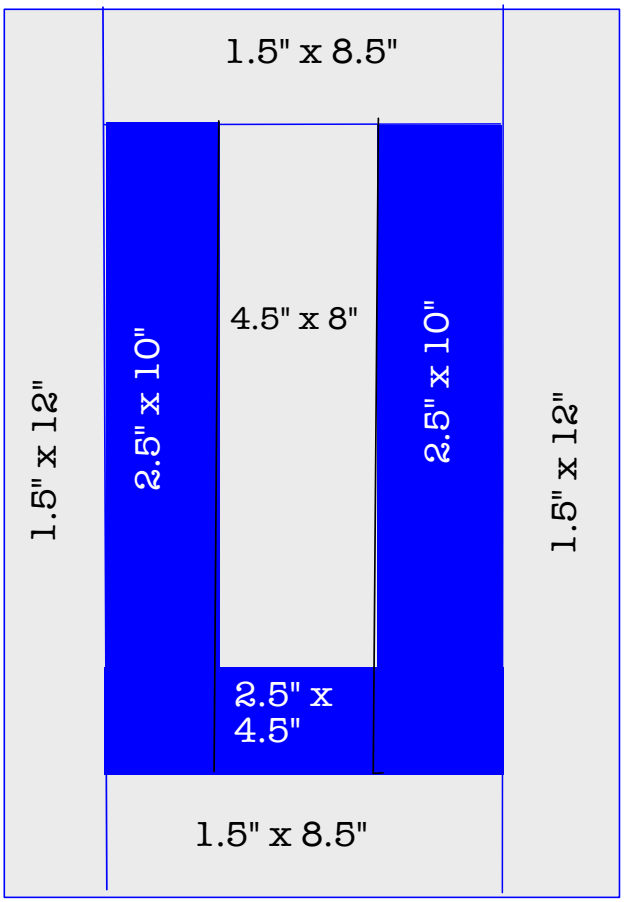


Trim a quarter of an inch of the top and bottom
of the block before adding the 1.5" strips

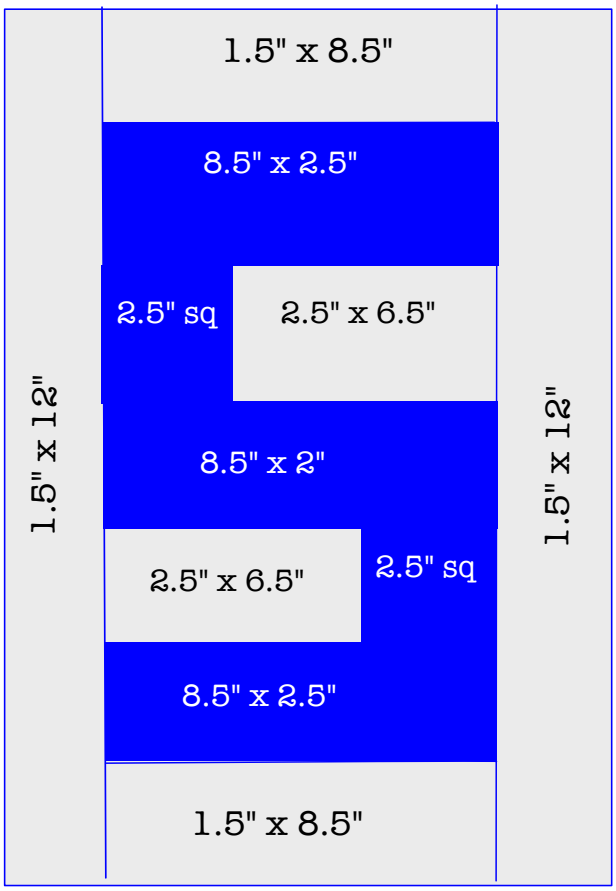
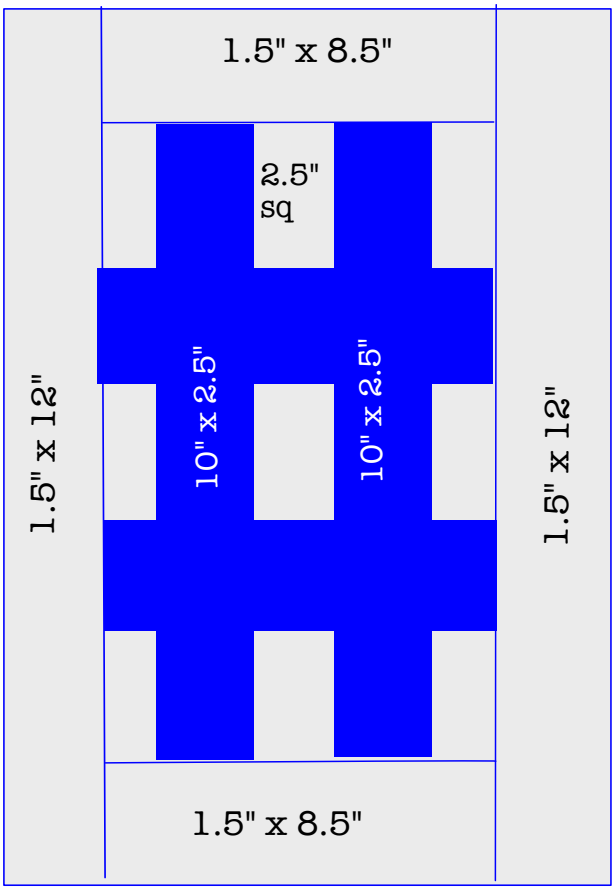








Trim top and bottom of the block by 1/4" before adding the 1.5" strips



Trim top and bottom of the block by 1/4" and the sides by 1" each side before adding the 1.5" strips