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MEN'S AA · AL-ANON MOUNTAIN RENDEZVOUS

MAAAMR

@ Valle Crucis Conference Center | Banner Elk, NC

JUNE 2-4, 2023

DAVID J. (AA)

- Newman, GA

TOM U. (AA)

- Sante Fe, NM

HERMAN R. (AA)

- Greenville, SC

LYLE P. (AA)

- Stockbridge, GA

BRAD T. (AA)

- Newport, KY

SCOTT M. (Al-Anon)

- Kathleen, GA

THE APPLE BARN

AT THE

VALLE CRUCIS CONFERENCE CENTER

2023

MEN'S AA AL-ANON MOUNTAIN RENDEZVOUS

FRIDAY, JUNE 2

2 to 5:30 PM | REGISTRATION | On the Porch

5:30 | Supper

6:30 | Meeting Opening 6:45 | Raffle

7:00 | AA Speaker: DAVID J., Newman, GA

8:15 | Break

8:30 | AA Speaker: TOM U., Sante FE, NM

10:00 | Ice Cream on the Porch

SATURDAY, JUNE 3 (You are free all Afternoon)

7:30 AM | Breakfast

8:30 | Meeting Opening & 8:40 AM | Raffle

9:00 | AA Speaker: HERMAN R, Greenville SC

10:15 | Workshop: The Spiritual Life is not a Theory

11:00 | Old Timers Panel

12:30 PM | Lunch

1:30 | Board of Directors Meeting (Mandatory)

6:00 | Supper

7:00 | Meeting Opening & 7:10 PM | Raffle (Last one)

7:45 | Pass the Scholarship Hat/Sobriety Countdown

8:30 | AA Speaker: Lyle P., Stockbridge GA

10:00 | Watermelon on the porch

SUNDAY, JUNE 4

8:00 AM | Breakfast

8:45 | Meeting Opening

9:15 | AA Speaker: Brad T. Newport KY

10:30 | Al-Anon Speaker: Scott M. Kathleen GA

11:50 | Closing Ceremony

Noon | Lunch and Good-byes

The Valle Crucis Conference Center is a year-round retreat facility serving a wide range of church, family reunions, schools, colleges and other non-profit groups of 12 to 150. Affordable rates include all meals.

Located on 430 acres of mountain and valley land with trails, waterfalls and streams in historic Valle Crucis NC, right up the road from the Original Mast General Store.

MAAAMR is a gathering of men in recovery from a seemingly hopeless state of body and mind. We have been given the answer for this recovery one day at a time. Here in the beautiful mountains of North Carolina at Valle Crucis, we share this recovery in fellowship with other men in a relaxed and fun atmosphere.

The following are suggestions to make everyone feel comfortable while at 2023 **MAAAMR** (please realize these are not mandatory):

- ◆ Please get vaccinations
- ◆ Get Covid test two days before attending **MAAAMR**
- ◆ Please wear a mask, when possible, while indoors at VCCC
- ◆ Take self test at **MAAAMR** if you feel symptoms. (Tests will be provided)
- ◆ Quarantine if you feel symptoms.
- ◆ Keep windows open in closed settings.

You know the drill...

Fantastic Setting ... Great Food ... Great Speakers ... Lots of Fellowship ... Just a whole lot of good times and a truck load of memories.

There are plenty of outdoor things to do including hiking (plenty of sites to see).

Come and join us. Treat yourself to a spiritual weekend of being with 100+ sober drunks who do it just like you do ...