

## MEN'S AA · AL-ANON MOUNTAIN RENDEZVOUS



@ Valle Crucis Conference Center | Banner Elk, NC

**May 31<sup>st</sup> – June 2<sup>nd</sup>, 2024**

### We are glad you are here ...

to experience the fellowship at our Men's AA/Al-Anon Mountain Rendezvous. This will be a wonderful weekend we have planned for you. We hope you will find your life brighter and more rewarding for having attended.

### It Is our hope ...

The Rendezvous will provide a weekend of fellowship away from the many worries and concerns of everyday life. Let the simple Joy of being with other sober members of AA or Al-Anon bring you spiritual gratitude, a little humility & many, many chuckles.

### Free coffee and \$1.00 cold drinks ...

Coffee is provided throughout the Conference Center. Please make a new pot if you find it empty. Dispose of cups properly. Cold drinks are in the Apple Barn.

### Your name tag ...

This is your meal ticket. Wear It to all meals and all activities. We are anonymous, but since this event is a closed meeting, we would all like to get to know you by name. If you are going to have an AA/Al-Anon birthday while you are here, let us know when you register on Friday, and we will make a BIG deal out of it, because it is a BIG deal.

### Raffle drawings ...

Will be conducted before each meeting. These help us defray the enormous cost of the Rendezvous. Buying raffle tickets keeps the registration fee at a minimum. Many prizes are awarded; lots of power tools, gift certificates, and many more great awards.

### We traditionally pass the hat ...

We pass the hat just once on Saturday evening. We will ask those who care to, to contribute to the scholarship fund. Over 20% of our attendees are here because of this contribution.

### Telephones ...

In the hall in the main Conference Center Building. You can make long-distance calls. However, you must use credit card or call collect. Charging calls to the Conference Center is prohibited.

### Saturday Afternoon ...

FREE TIME! Take a nap, make a fifth step, play golf, go trout fishing, check out the labyrinth, shop In Boone, or the famous Mast Store, or just sit on the porch and enjoy living sober. Inquire about golf, tennis, or fishing when you register.

### We end the rendezvous ...

Right after our famous chicken lunch on Sunday, around 12:30. Usually, there is plenty of food left over to take for your drive home. Please feel free to do so.

**Berny F. (AA)**

Friday – from Brownsburg, IN

**Bob H. (AA)**

Friday – from Danville, IN

**Thomas S. (AA)**

Saturday – from Columbia, SC

**Jason J. (AA)**

Saturday – from Portland, OR

**Sam G. (AA)**

Sunday – from Franklin, TN

**Steve R. (Al-Anon)**

Sunday – from Greencastle, IN

2024

## MEN'S AA AL-ANON MOUNTAIN RENDEZVOUS

### FRIDAY, May 31<sup>st</sup>

2:00 PM - 5:30 PM | **REGISTRATION** | On the Porch of "The Inn"  
5:30 | **Supper** | Dining Hall at "The Annex"  
6:30 | **Meeting Opening** | "The Apple Barn"  
6:45 | **Raffle** | "The Apple Barn"  
7:00 | **AA Speaker** | **Berny F. - Brownsburg, IN** | | "The Apple Barn"  
8:15 | **Break**  
8:30 | **AA Speaker** | **Bob H. - Danville, IN** | "The Apple Barn"  
10:00 | **Ice Cream** on the Porch of "The Inn"

### SATURDAY, JUNE 1<sup>st</sup> (You are free all Afternoon)

7:30 AM | **Breakfast** | Dining Hall at "The Annex"  
8:30 AM | **Meeting Opening** | "The Apple Barn"  
8:40 AM | **Raffle** | "The Apple Barn"  
9:00 AM | **AA Speaker: Thomas S. - Columbia, SC** | "The Apple Barn"  
10:15 AM | **Workshop** - MAAAMR Archivist | "The Apple Barn"  
11:00 AM | **Old Timers Panel** | "The Apple Barn"  
12:30 PM | **Lunch** | Dining Hall at "The Annex"

#### (FREE TIME till Supper)

1:30 AM | **Board of Directors Meeting** | Dining Hall at "The Annex"  
(Mandatory for Board Members)  
6:00 PM | **Supper** | Dining Hall at "The Annex"  
7:00 PM | **Meeting Opening** | "The Apple Barn"  
7:10 PM | **Raffle (Last one)** | "The Apple Barn"  
7:45 PM | **Scholarship Hat/Sobriety Countdown** | "The Apple Barn"  
8:30 PM | **AA Speaker** | **Jason J. - Portland, OR** | "The Apple Barn"  
10:00 PM | **Watermelon** | On the Porch of "The Inn"

### SUNDAY, JUNE 2<sup>nd</sup>,

8:00 AM | **Breakfast** | Dining Hall at "The Annex"  
8:45 AM | **Meeting Opening** | "The Apple Barn"  
9:15 AM | **AA Speaker** | **Sam G. Franklin TN** | "The Apple Barn"  
10:30 AM | **Al-Anon Speaker** | **Steve R. Greencastle, IN** | "The Apple Barn"  
11:50 AM | **Closing Ceremony** | "The Apple Barn"  
Noon | **Lunch and "See Ya Later's"** | Dining Hall at "The Annex"

Find the Schedule  
and other M.A.A.A.M.R.  
information online at  
[www.MAAAMR.org](http://www.MAAAMR.org)



The Valle Crucis Conference Center is a year-round retreat facility serving a wide range of church, family reunions, schools, colleges and other non-profit groups of 12 to 150 with affordable rates including all meals.

Located on 430 acres of mountain and valley land with trails, waterfalls, and streams in historic Valle Crucis NC, right up the road from the Original Mast General Store.

**M.A.A.A.M.R.** is a gathering of men in recovery from a seemingly hopeless state of body and mind. We have been given the answer for this recovery one day at a time. Here in the beautiful mountains of North Carolina at Valle Crucis, we share this recovery in fellowship with other men in a relaxed and fun atmosphere.

The following are suggestions to make everyone feel comfortable while at **M.A.A.A.M.R.** during the age of Covid.

(Please realize these are not mandatory):

- ◆ Please get vaccinations.
- ◆ Get Covid test two days before attending **M.A.A.A.M.R.**
- ◆ Please wear a mask, when possible, while indoors at VCCC
- ◆ Take self test at **M.A.A.A.M.R.** if you feel symptoms.
  - (Tests will be provided)
- ◆ Quarantine if you feel symptoms.
- ◆ Keep windows open in closed settings.

Fantastic Setting ... Great Food ... Great Speakers ... Lots of Fellowship ... Just a whole lot of good times and a truckload of memories.

There are plenty of outdoor things to do, make a fifth step, play golf, go trout fishing, check out the labyrinth, shop In Boone, or the famous Mast Store, make a fifth step, take a nap, or just sit on the porch and enjoy living sober.

Come and join us. Treat yourself to a spiritual weekend of being with 100+ sober alcoholics and Al-Anon's.