

A graphic design featuring a black, crumpled paper background. A red banner with a white, torn-edge border is positioned horizontally. The banner contains white text. The text is arranged in three lines: the first line is 'DO YOU KNOW', the second line is 'YOUR STATUS?', and the third line is 'HIV AWARENESS'. The first two lines are in a large, bold, italicized sans-serif font, while the third line is in a smaller, bold, sans-serif font.

***DO YOU KNOW
YOUR STATUS?***

HIV AWARENESS

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+ + + +

human IMMUNODEFICIENCY virus/ acquired IMMUNODEFICIENCY syndrome

Also known as HIV/AIDS

Destroys white blood cells that keep our bodies healthy

Increases your risk for serious infections and certain cancers

AIDS is the most advanced stage of HIV

Not everyone with HIV develops AIDS

There is no cure for HIV, **but treatment is available.**

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**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

IN 2018

1.2 MILLION
PEOPLE IN THE
U.S. AGED
THIRTEEN

OR OLDER WERE
LIVING WITH HIV



DO YOU KNOW
YOUR STATUS?

HIV AWARENESS

ONE IN SEVEN PEOPLE WITH HIV



DON'T KNOW THEIR STATUS

IF YOU LOVE YOUR PARTNER, **GET TESTED**

**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

YOU **CAN'T** GET HIV FROM...

AVERT.org



KISSING



HUGGING



SHARING FOOD



INSECT BITES



TOILET SEATS



BATHING



SNEEZES AND COUGHS



SWEAT

People transmit HIV/AIDS through sexual behaviors and needle/syringe use.

**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

YOU **CAN** GET HIV VIA...

AVERT.org



SEX WITHOUT
A CONDOM



PASSED FROM
MOTHER TO BABY



SHARING INJECTING
EQUIPMENT



CONTAMINATED BLOOD
TRANSFUSIONS & ORGAN
TRANSPLANTS

**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

With treatment, people who have HIV live long, healthy lives.

HOW CAN YOU TELL IF YOU HAVE HIV?

You **can't** rely on symptoms to tell
if you have HIV.

The **only** way to know for sure is
to **GET TESTED!**



GET TESTED

FIND A TESTING SITE NEAR YOU

CALL 1-800-CDC-INFO
(232-4656)

VISIT www.gettested.cdc.gov

TEXT your zipcde to KNOW-IT
(5669-48)

**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

How can I reduce my risk of HIV?

**ABSTINENCE
IS THE MOST
EFFECTIVE
WAY TO
PREVENT
HIV/AIDS**

Use condoms correctly
Limit sexual partners
Don't inject drugs
Get tested and treated for STDs
Know your partners' status

**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

GET TESTED

PrEP vs. PEP

PrEP and PEP are methods for preventing HIV that involve taking HIV medicines. When you take steps to protect yourself against a disease, like HIV, it's called prophylaxis.

PrEP and PEP are for people who don't have HIV, but are at risk of getting it.

PrEP stands for pre-exposure prophylaxis.

What's it called?

PEP stands for post-exposure prophylaxis.

Before HIV exposure.

PrEP is taken every day, before possible exposure.

When is it taken?

After HIV exposure.

In emergency situations, PEP is taken within 72 hours (3 days) after possible exposure.

PrEP is for people who don't have HIV and:

- are at risk of getting HIV from sex
- are at risk of getting HIV from injection drug use

Who's it for?

PEP is for people who don't have HIV but may have been exposed:

- during sex
- by sharing injection drug equipment
- during a sexual assault
- at work through a needlestick or other injury

Consistent use of **PrEP** can reduce the risk of getting HIV from sex by about 99% and from injection drug use by at least 74%.

How effective is it?

PEP can prevent HIV when taken correctly, but it is not always effective.

Start PEP as soon as possible to give it the best chance of working.

Ask your health care provider about a prescription for **PrEP**, or use PrEPLocator.org to find a health care provider in your area who can prescribe PrEP.

How do you get it?

Within 72 hours of a potential exposure to HIV, talk to your health care provider or an emergency room doctor about a prescription for **PEP**.

For more information, visit **AIDSinfo**

SCREENING IS

IMPORTANT

**IT COULD SAVE
YOUR LIFE**

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**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS

FIND MORE INFORMATION ONLINE



**DO YOU KNOW
YOUR STATUS?**

HIV AWARENESS