THE

ROUND-UP

Newsletter of the Network of the National Library of Medicine, Region 3

IN THIS ISSUE

*Materials from the Powering Clinics & Communities with PubMed project,
funded by NNLM Region 3. Photograph by Brandy Klug,
Clinical Library Manager, UNT HSC*

A Note from the Executive Director

I'm not quite someone from a bygone era, but I do still subscribe to print magazines and read physical books because I have some level of nostalgia and bias for analog media (of course, there is research on the inferiority of screens, depending on the context). Maybe it's because I write these notes that I have become so intentional about reading other editor's notes/letters.

The most common form involves editors tangentially or explicitly connecting their individual reflections and/or anecdotal stories to the overarching theme of the larger issue, generally ending on a positive, encouraging, or even pensive note. When done well, they should be contextual pieces intended to reveal insights or point out the highlights of any given issue.

But I'm not trying to write just for the newsletter. I write because it's how I think. I write because I want to share ideas. And most importantly, I write as an invitation to connect. Whether you're someone I see annually at professional conferences, a partner I met five years ago during a site visit in Oklahoma, or National Library of Medicine (NLM) staff trying to keep tabs on what's happening in the Network, this letter is for you.

Generally speaking, what we hope you get out of these newsletters is some awareness of what we're up to–that a webinar, funding opportunity, or project is something that you can participate in or pass on to a colleague. We constantly seek to grow awareness of our resources and services to other professionals or organizations, and we partially rely on all of you to help us spread the word!

Of particular interest in this issue are the write-ups and fantastic photos from our awardees that begin on page 6. One of the projects I am particularly excited about is the online health insurance module developed by UAMS on page 8, which only recently dropped for public consumption. I think it's going to be a great resource for any of us who have had challenges navigating the healthcare system.

Our grant program and projects are only the tip of the iceberg though. Here's some stuff that didn't make it into this issue:

- Closing out our current performance year as of April 30, 2024, we have blown away previous numbers in terms of educational reach with over 5,100 participants in our regional programs this year.
- A project ("How to Get the Most Out of Your Doctor's Visit") we completed with the VA North Texas Health Care System last year is a finalist for the Center for Health Literacy's 2024 ClearMark Awards, which "recognize the best in plain-language communications."
- Did you know we assist with hosting and supporting the programs of the Early Career Librarians Initiative (ECLI), including past webinars? I had the privilege of being invited to co-present with Shannon Jones from the Medical University of South Carolina on the power of networking last week. You can check out all of their programming and past recordings here: https://www.sccmla.org/ecli

As always, thank you for engaging with us. We can't do this work without you, so please let us know how you're doing and what else you like to see in the future.

Warm regards,   *Brian*   *Brian Leaf*
                                         Executive Director
                                         NNLM Region 3

NNLM REGION 3 ANNOUNCEMENTS DIGEST

Submit your announcements today!

The National Artificial Intelligence Research Resource (NAIRR) Pilot aims to address researcher needs by increasing access to a diverse ensemble of AI-related infrastructure resources including computational capabilities, AI-ready datasets, pre-trained models, software systems, and platforms. Available resources include NIH ImmPort and NIH Medical Imaging and Data Resource Center. Researchers and educators can apply for access to this advanced computing.

Lawton Public Library partnered with the Oklahoma Healthy Aging Initiative to offer Tai Chi classes. These classes help improve the health and quality of life of older Oklahomans and their caregivers through community-based health education and outreach.

Photo: A group of people do Tai Chi together in a gymnasium

Submitted by Katie Pierce Farrier

"Becoming a Medical Librarian": A Story from Region 5

In this episode of NNLM Discovery, we talk with Kristi Torp to learn more about her educational journey as someone who aspired to become a Medical Librarian. Kristi has worked for multiple NNLM Regions and is currently part of the NLM Associate Fellowship program. Listen to this episode today and learn more about Kristi's path to becoming a Medical Librarian.
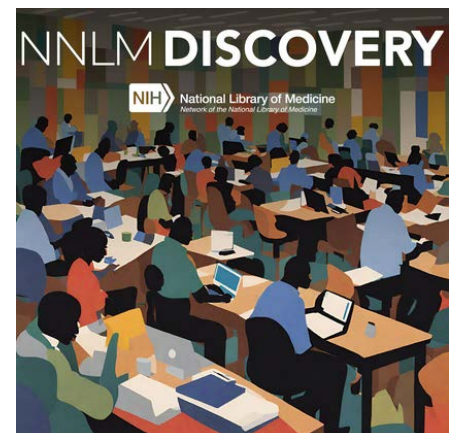
Job Postings

Librarian Liaison - School of Medicine
KU Medical Center
Kansas City Metro

Director of Library Services
Kansas Health Science Center
Wichita, KS

Assistant /Associate Professor
University of Arkansas for Medical Sciences
Little Rock, AR

Director of Learning and Engagement
Texas A&M
College Station, TX

Reference Librarian
University of Texas Medical Branch
Galveston, TX

Library Assistant Professor
East Carolina University
Greenville, NC

Assistant Director for Research & Information Services
Saint Louis University
St. Louis, MO

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Hiring? Big Announcement?

Submit your news to be featured in our Newsletter or Announcements Digest!

Learning Opportunities

The NIH Data Management and Sharing Policy for non-data librarians
May 29, 2024 - 10am CT

The NIH Data Management and Sharing (DMS) Policy went into effect early last year. That means that the policy that so many medical data librarians have been talking about is finally in place and affecting researchers.

If you have heard of the new NIH Data Management and Sharing Policy but are unsure what it is, yet still may want to inform researchers how to apply it, then this session is for you! Move from "we don't do that" to "I can help with the basics" if you are asked about library support for NIH-funded researchers.

Telehealth 101: What libraries need to know
June 10 - July 8, 2024

Libraries in locations across the United States are beginning to offer their patrons access to telehealth services as a strategy for addressing inequities in digital access to healthcare. This class introduces telehealth, why it's important, and how it enables people to have greater access to quality healthcare. Explore how different libraries provided patrons in their communities with access to telehealth services. This class will address privacy and ethical concerns, and review the technology and infrastructure needed to launch a successful telehealth program in your library.

HEALTH BYTES
with REGION 3

A free monthly webinar for anyone
interested in improving health outcomes

SPECIAL EDITION

Introduction to the Piecing Together a Systematic Review Series

June 5, 2024
11am CT

Powering Clinics & Communities with PubMed: Building Library Awareness at a Safety-Net Hospital System

Written by Brandy Klug, Clinical Library Manager, UNT Health Science Center – Gibson D. Lewis Library, Fort Worth, TX

The *Powering Clinics & Communities with PubMed* project seeks to build awareness at JPS Health Network off-site clinics of the resources and services offered by JPS Medical Library in an effort to further support patient care provided to Tarrant County's most vulnerable, underrepresented populations. JPS clinics provide a wide range of primary and specialty care services including family medicine, pediatrics, HIV/AIDS, behavioral health, women's health, oncology, and neurology.


Materials from the Powering Clinics & Communities with PubMed project, funded by NNLM Region 3. Photographs by Brandy Klug, Clinical Library Manager, UNT HSC

A variety of project materials were created and distributed to off-site clinics depending on needs and clinic specialties. All project materials focus on searching and retrieving quality biomedical literature using PubMed, the premier research tool made available from the NLM. Project materials include the following:

1. **NLM Resources Notebook** branded with the library logo and website address on the cover and a double-sided insert with information about NLM resources and instructions for connecting to PubMed via the library to access and request full-text articles.
2. **Library Care Package** spiral workbook containing sections on library services and resources, quick tips for literature searching, literature searching worksheets to guide users through the process of developing a PICO research question and search strategy, blank pages for notes, and a page highlighting NLM resources.
3. **Power up with PubMed** solar chargers for clinical staff who provide care for unhoused patient populations in off-site areas.

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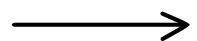
Powering Clinics & Communities (cont'd)

Library staff also created a series of educational sessions to walk participants through the literature searching process. These sessions cover the following: EBM Pyramid of Evidence, creating a research question using the PICO format, identifying keywords from the research question, creating a list of search term variations, using Boolean operators to organize the search strategy, and conducting the search in PubMed using filters and limiters to narrow results.

As of April 2024, materials have been distributed to eight off-site clinics and feedback has been positive. Library staff will continue to track the number of questions, literature search requests, and interlibrary loan requests received from off-site clinic staff through the remainder of 2024 to measure the impact of these efforts.

Improving Health Insurance Literacy in Young Adults: From Conceptualization to Dissemination and Beyond

Katie Leath, MPH, MA, Director, UAMS Center for Health Literacy, Little Rock, AR

Like general health literacy, health insurance literacy focuses on a set of skills people need to effectively find, understand, and use their health insurance. When people lack these health insurance-related skills they are more likely to delay or avoid care. Those who are at increased risk for inadequate health insurance literacy align with those who are more likely to struggle with general health literacy, but there is one addition to this group: young adults are also at higher risk for having inadequate health insurance literacy.

I can relate to not having a clear understanding of the concepts related to health insurance. For me, there is one experience when this stood out. It was when my son was born 9 weeks premature and was admitted to NICU. I remember that early on in our stay, I was concerned about the cost but despite having health insurance for most of my life, being educated, and working in the healthcare field I could not understand my insurance information to determine what my final costs would be. Realizing that many people might struggle with health insurance information

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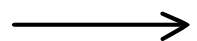
Improving Health Insurance Literacy (cont'd)

and how important it is to have a good understanding of your health insurance has made this project a long-term personal goal of mine.

After submitting our proposal last year, I was delighted to learn that our project was funded to design a health literacy intervention to equip young adults with knowledge to better understand and use their health insurance. To start the project, we collaborated with subject matter experts to establish consensus on key content elements and also worked with a group of community members to understand their learning needs related to health insurance. After the outline was finalized, our team of health literacy experts used plain language best practices to write a storyboard that was used by our design partners to develop the interactive, online learning module. A module prototype was also vetted by community members through our field testing process to evaluate and improve relevance, understandability, and actionability of the content.

The final module, titled "Insured and Informed: Your Health Insurance Guide," features eight lessons that a user can review in order or choose what topics they want to learn about for a more customized experience. Each lesson features a video overview of the content and supplemental information presented in a variety of formats and interactions.

After the module was finalized, the team worked to reach out to established partners to share the module with students at the high school and university level and others who could benefit from the information. The team also developed a leader guide to help teachers and other group facilitators lead a session related to the module.
Beyond this project, the team will continue to share this module with potential users and reach out to new partners to develop adaptations to support other audiences and supplemental materials to meet the needs of consumers.

Are you an LIS Student? Want to learn more about health sciences librarianship? Apply for **NNLM Region 3's Student Development Award**! You'll present at a professional conference, participate in professional development, and more. Applications close May 3, 2024. Apply today!

Fostering diversity awareness in nursing students to improve health disparities for underserved populations in Texas

Jamie Quinn, MSIS, AHIP, Library Director, Learning Resource Center
Baylor University Louise Herrington School of Nursing, Dallas, TX

The project "Fostering diversity awareness in nursing students to improve health disparities for underserved populations in Texas" was conducted by Jamie Quinn, MSIS, AHIP & Lisa M. Jones, DNP, MPH, RN, CNEcl & Debbie Shirey, DNP, APRN, FNP-BC, was successful in assisting low-resource organizations to serve high risk populations with quality consumer health information found in MedlinePlus and DailyMed databases alongside additional materials curated to help parents and children maintain and keep track of their health and wellness provider visits. These materials assisted local community shelters in Dallas, Texas, Austin Street Center, and the Family Place, and assisted community outreach efforts of the Rio Grande Valley immigrant populations and rural residents living in colonias who were assisted by Texas River Ministry outreach.

The project encouraged pre-nursing students to learn about quality consumer health resources that they can adopt and utilize in future patient-care settings as well as in community service and care as an undergraduate student. This increased the quality of education offered to community members and value of the education nursing students received about credible and trustworthy materials available through the National Library of Medicine and National Institutes of Health. Our partnership with Austin Street Center, the Family Place, and the Rio Grande Valley, Texas River Ministry encouraged care of vulnerable populations that need credible health information.

While rounding to immigrant residents at the Catholic Charities Respite Center in McAllen, Texas to demonstrate the databases, questions were asked about pregnancy after-care and concerns. MedlinePlus was able to be searched to assist in providing general information to help provide a starting place for learning about conditions and encourage ⟶

Fostering awareness (cont'd)

discussion with a healthcare provider. Additionally, Population Health students developed mini presentations on how to prevent heat strokes and engage in stress relief techniques based on MedlinePlus database information, and they delivered this to Austin Street Shelter residents. This encouraged healthy discussion to prevent weather-related illness and encourage well-being.

This project was successful in promoting awareness of consumer health information by reaching minority community members in a person-centric dissemination model in geographically underserved areas of Texas. One hundred eighty-eight community participants received information about MedlinePlus and DailyMed databases and other health information provided by LHSON. The project served to foster the distinctiveness of NLM as a reliable, trustable source of health information and two hundred and eighty-one nursing students received instruction on MedlinePlus and DailyMed in training a diverse group of students to engage in community health outreach and engagement.

The project and educational evaluation metrics will be presented at the Baylor University, Louise Herrington School of Nursing, Research and Sigma Day on May 9th, 2024, and at the Medical Library Association annual conference on May 20th, 2024.

Spring Has Sprung!

This word search contains the following words inspired by springtime. Can you find them all?

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b j r c z m x w s l s e b e c h i r p p
c s t a e d t b r b q e u x n s q x n e
x o h u r e u l d f r s d l m p j d s t
p g b o s v l o a a x e s f d r j r c a
e i w v w r i o i k y c e z f o h w e l
x k c o c e p m r u e l z z q u v u n s
u d j n b g r s q r k j i r y t e r t u
t m i b i b e s z w v s z g z g p a s v
c o v t x c s u n l i g h t h q i i y n
j c y z u r e n e w g v y m o t e n s t
o q o c u v u n b p z p o l l i n d k f
p x h b l u e b o n n e t m e p d r d i
y w g a r d e n r u k z b h d w z o k p
w z u u f f y y w g e t w b t j l p o v
y f u i v t t p b p o l l e n l g s j e
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blooms	garden
sunlight	daylight
raindrops	buds
petals	renew
chirp	scents
pollen	tulip
sprout	showers
breezy	pollen
picnic	bluebonnet

Developed with Education.com word search generator

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National Library of Medicine
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Editor: E. Bailey Sterling
Student Engagement & Marketing Strategist, NNLM Region 3
Bailey.Sterling@unthsc.edu