

## DEVELOPMENTAL GOALS FOR U6:

- They want to return the next year to play the next season
- Sportsmanship
- Passing – Play keep away!

## GAME TIMES

- 4 quarters of 8-minutes
- 5-minute breaks between quarters
- Time runs continuously
- Only stop at the 8-minute marks for the 5-minute break
- Switch players at this time
- Please be sure to start your games on time!

## PLAYERS ON THE FIELD

- Play is 4v4 (5v5 if teams have more than 8 players and agree to it.)
- no goal-keeper

## PLAY TIME

- Coaches are required to play each player at least 50% of the game
- If a team has more than 8 players, a player will get less than 50% in any given game
  - but this player should be rotated from game to game

## REFEREES & COACHES ON THE FIELD

- Coaches should meet before the game to clarify any rules they are unclear on
- Coaches referee their own games
- Each coach should referee a half
  - When the coach is refereeing, focus on refereeing, not coaching
    - Have another coach focus on coaching
- There should ONLY be one coach on the field of play at a time as a referee
  - Other Coaches should be coaching from the side line

## FOULS

- BLATANT fouls should be called
  - Aggressive pushing
  - Intentional use of hands
  - Intentionally kicking another player, not the ball
- Resolution is to give the other team a free kick from the location of the foul

## GOAL KICKS

- Place the ball on the ground within 10 feet of the goal and choose a player to kick a free kick

## CORNER KICKS

- If the ball goes out over the goal line on the defensive team
  - The team on offense gets a free kick from the nearest corner

## FREE KICKS

- All free kicks are indirect
  - The ball must touch another player after the free kick for a goal to count
- Anything normally called a Penalty Kick should be pulled out a **reasonable** distance for an indirect kick
  - i.e. hands in front of the goal

## THROW-INS

- Players should use correct throw-in technique
  - Both feet on the ground behind the line
  - Ball is thrown in with 2 hands over the head
- Players have 2 opportunities to throw the ball in correctly

#### EQUIPMENT

- A bag of balls with one ball per player that they get to keep!
- A First Aid kit, but I think we have been short
- Cones – use for corner flags during games
- A goal

#### SPORTSMANSHIP

- Please teach your players sportsmanship
- If you are winning by 6 goals
  - allow the opposing team to enter your defensive zone before attacking the ball
  - require your players to pass the ball to advance with a minimum of three touches before shooting
- Otherwise, there is no real keeping or reporting of the score.

Finally, and most importantly, have fun and make sure the players are having fun!

