



US Soccer Player Development Initiatives (PDI): Small-Sided Games

A resource for all youth association Referees participating in Small-Sided Games (4v4, 7v7 and 9v9).

These initiatives are in full effect in all competitions beginning August 1, 2017

Small-Sided Games Chart

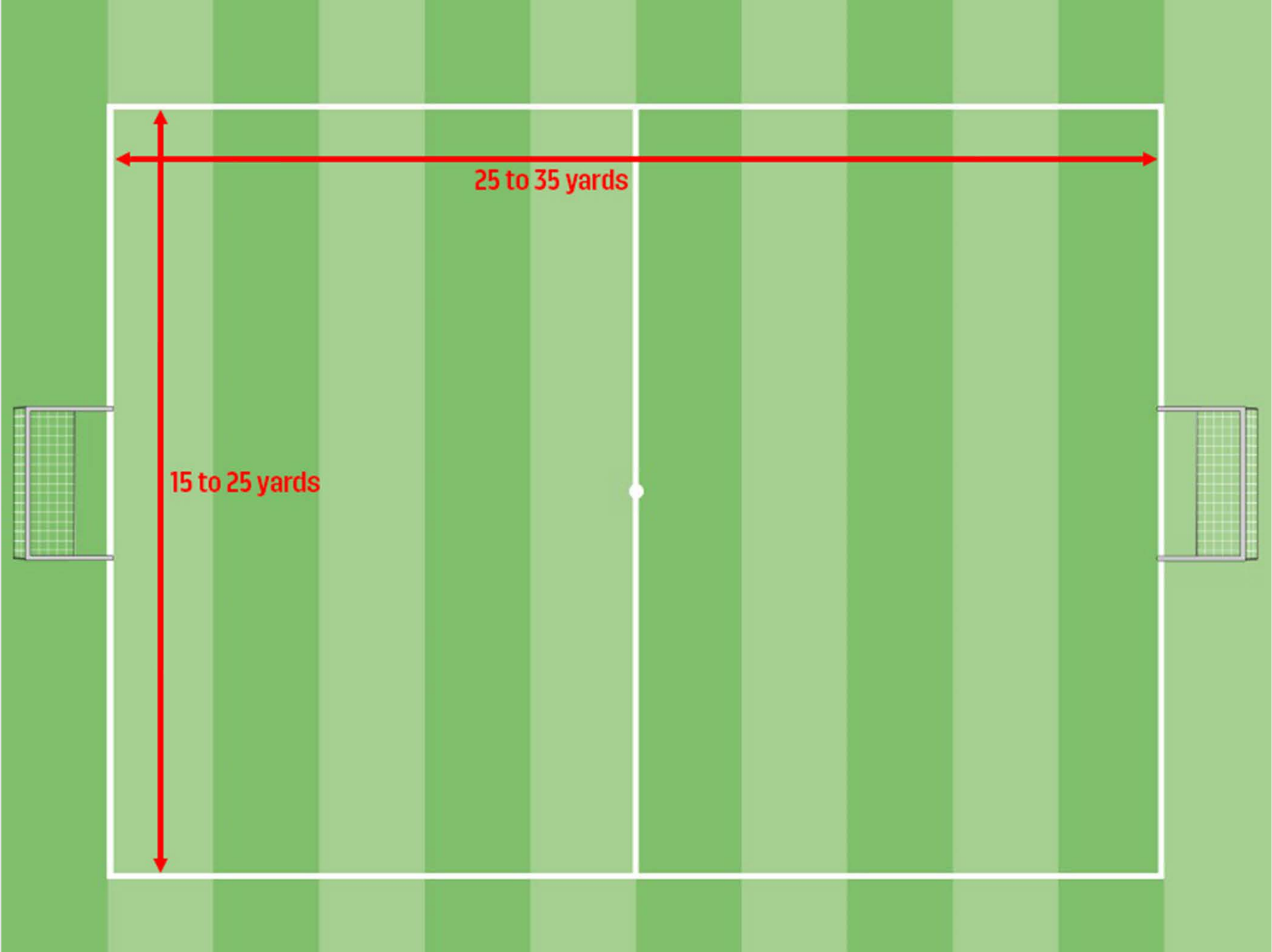
	U08 (4v4)	U07 (4v4)	U06 (4v4)	U09 (7v7)	U10 (7v7)	U11(9v9)	U12 (9v9)
Field Size (yards)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55
Goal Size	Height 4 ft. Width 6 ft.	Height 4 ft. Width 6 ft.	Height 4 ft. Width 6 ft.	Height 6.5 ft. Width 18.5 ft.	Height 6.5 ft. Width 18.5 ft.	Height 7 ft. Width 21 ft.	Height 7 ft. Width 21 ft.
Ball Size	3	3	3	4	4	4	4
Players	4v4	4v4	4v4	7v7	7v7	9v9	9v9
Game Time	3 Periods x 15 Minutes w/5 Minute Breaks in Between Periods	4 Periods x 8 Minutes w/5 Minute Breaks in Between Periods	4x10min.	2x25min.	2x25min.	2x30min.	2x30min.
Offside	No	No	No	Yes	Yes	Yes	Yes
GK Punt	No	No	No	No	No	Yes	Yes
Dist. Free Kicks	10 feet	10 feet	10 feet	8 yards	8 yards	8 yards	8 yards
Penalty Kicks	No (IFK)	No (IFK)	No (IFK)	Yes(10 yards)	Yes(10 yards)	Yes(10 yards)	Yes(10 yards)
FreeKicks	IFK ONLY	IFK ONLY	IFK ONLY	IFK/DFK	IFK/DFK	IFK/DFK	IFK/DFK



Standards of Play

- Field
 - 25-35 yards (length)
 - 15-25 yards (width)
 - Goals should be no larger than 4 feet (height) x 6 feet (width)
 - Corner flags are not needed

4v4 Standards of Play





Standards of Play

- Games

- Size 3 ball
- 4v4 (no goalkeepers)
- Shin guards are required
- Substitutions are unlimited and can occur at any time

- 4 quarters
- No more than 10 minute quarters
- 5 minute breaks between quarters
- Playing times can be less than 10 minutes when managed by the coaches and parents

4v4 Standards of Play



Standards of Play

- Games

- Kick offs, free kicks, throw-ins, goal kicks and corner kicks are used to start or restart play
- Kick-ins and/or dribble-ins are also acceptable
- Goal kicks and corner kicks should be taken in the general vicinity of the respective goal or corner
- If used, all free kicks are indirect
- Opponents should be 10 feet away from the ball on all restarts
- No penalty kicks
- No offside



Standards of Play

- Games
 - Registered and certified referees are not needed at this level
 - Since there is no referee, coaches are expected to manage the game environment from the touchline using these standards of play and their best judgement
 - Together, coaches and parents are expected to create and promote a fun and safe environment for the players