

THREE STEPS TO COST-EFFECTIVE HOME HEAT PROTECTION

Step 1: Plan ahead to keep cool

Do-it-yourself, \$0



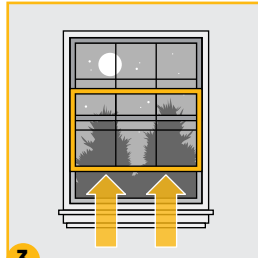
1

Help vulnerable neighbours, family, friends prepare and arrange to check on them during heat events.



2

Sign up for heat alerts on your phone (e.g., [WeatherCan](#)).



3

Learn how to best use windows and doors to naturally ventilate your home, particularly at night.



4

Choose energy efficient lights and appliances that produce less "waste" heat.



5

Temporarily arrange to work or sleep in cooler rooms (e.g. basement).

Step 2: Complete simple upgrades

Do-it-yourself, for under \$250



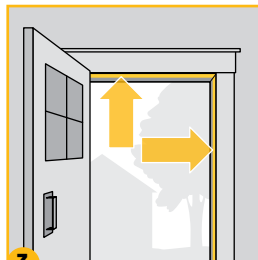
1

Plant and maintain shade trees, especially along south, east and west facing walls.*



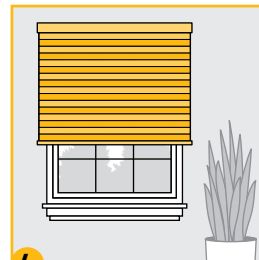
2

Grow plants climbing up your walls, and on decks and balconies.*



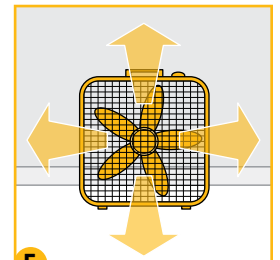
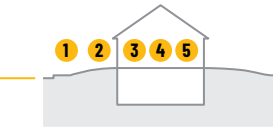
3

Improve home insulation and air tightness (e.g., draft strips).



4

Install blinds, heat-resistant curtains, or films on windows.



5

Use portable or ceiling fans that increase air circulation.

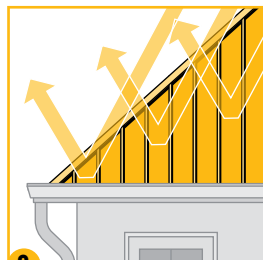
Step 3: Complete more complex upgrades

Work with a contractor, for over \$250



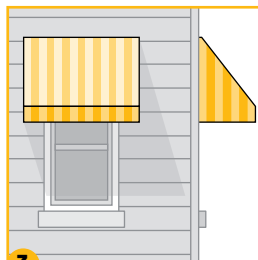
1

Convert paved areas to vegetation which absorbs less heat and more water.*



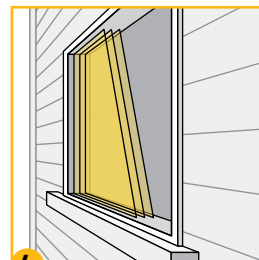
2

Install a green (vegetated) or reflective roof.*



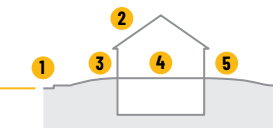
3

Shade windows with outdoor shutters and awnings.



4

Install windows and doors that have a low Solar Heat Gain Coefficient (let less heat in).



5

Install and maintain a heat pump or air conditioning unit.

* Seek local advice on appropriate native species, and, in places at risk of wildfire, consider [FireSmart™](#) guidance.



Scan the code or click the link for additional resources at www.intactcentre.ca