



Pro Debut Participant Information Sheet

This form may ONLY be completed by a licensed Professional Trainer per Business and Professions Code Section 18653: No person shall train a professional boxer or kickboxer or martial arts athlete unless he or she has been licensed by the commission. A professional trainer is someone who is responsible for the day-to-day training of those athletes and possesses a minimum of five years experience in combative sports. Only licensed professional trainers may make a recommendation to the commission on whether a contestant is prepared for his or her first amateur bout or to turn professional.

Participant: _____ Age: _____ Height: _____ Male Female

Has the participant trained with the trainer completing this form from the beginning of training? Yes No If NO, with whom else did the participant train with and what is their contact information? _____

Weight as an amateur: _____ Weight at start of training: _____ Weight today: _____
 Weight for the proposed bout: _____ Date of bout: _____ Length of training: _____

Describe what type of training the participant underwent in preparation for this bout: **Be detailed in your description.**
 Please use back of page if necessary.

Cardiovascular (explain): _____

Bag work (explain): _____

Sparring (explain- include number of rounds and duration of rounds, who sparred with and when was the last sparring session): _____

Other: _____

Did the participant suffer any injury (in or out of the gym) during training? Yes No If YES, please explain in detail. (Use back of page if necessary): _____

Please provide a copy of the passbook or record book.

<u>Amateur Boxing Record</u>	<u>Amateur Martial Arts Record</u>
Wins: _____ Wins by KO/TKO: _____	<input type="checkbox"/> Kickboxing <input type="checkbox"/> Mixed Martial Arts
Losses: _____ Losses by KO/TKO: _____	Wins: _____ Wins by KO/TKO/Submissions: _____
	Losses: _____ Losses by KO/TKO/Submissions: _____

If the participant's previous experience is in amateur boxing please detail their exact experience:

of Junior Olympic bouts: _____ # of Novice bouts: _____ # of Open bouts: _____

