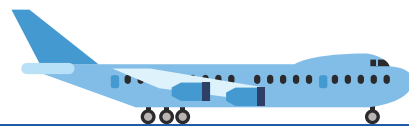




IMPORTANT CHECKLIST



- Passport
- Address/Contact information of Indian Embassy
- Student Visa - If Stamped, check all details are correct, in case of E visa, take couple of print out & check all details are correct, save in your hand phone.
- Luggage Weight confirm with Airline
- Medical History
- Medicine To be carried as per the Local Doctor prescription
- Dry Snacks
- Finances - Please check if your Travel Card/Travelers Cheque and currency is ready
- Travel Insurance
- Make a list of documents that you will be carrying.



Electronic Items*:

- One important accessory to carry is a universal power adapter for your electronic devices to function. Its available at online stores.
- Apart from your laptop, hand phone and other electronics gadget, you will have to pack their chargers too.
- Contact details of the local gallery of the items you are carrying if any replacements/maintenance required.

Clothing Checklist for Students*:

- Underwear (Six single set atleast)
- Undershirts
- Long sleeve shirts
- Sweatshirt/ hoodie (2-3)
- Jeans/ Khakis (2-3 pair)
- Belts (casual and formal)
- A set or two of workout clothes
- Swimsuit
- Flip flops/ sandals of some sort
- Cold weather gear (i.e. Court /jacket/gloves/ mittens, hat, scarf) - depending on the country.



- Socks & wool socks (5 to 6 pairs)
- Thermal underwear (depending on country)
- Short sleeve shirts
- Sweaters
- Shorts
- Skirts (for the girls)
- Pajamas
- One or more nice outfit for formal occasions.
- Formal shoes/ Sneakers/ dress shoes/ boots/ rain boots



Toiletries Checklist for Study Abroad (One Month's worth)*:

- Shampoo/ conditioner
- Soap / Body Wash
- Feminine products
- Razors/ other shaving supplies
- Nail clippers
- Over-the-counter medicines
- Toothbrush/ toothpaste



- Deodorant/Perfume
- Brush/ comb
- Contact lenses and solution /Glasses
- Makeup
- Tissues/ toilet paper
- Laundry Bag

Extras*:

- \$ 500 - \$ 1000 in local currency
- Important documents (all documents from Universities/ College, passport, visa, itinerary, plane tickets, Some additional IDs, Extra Photographs, etc.)
- Outlet adapter
- Sunglasses/ extra eye glasses/ contacts
- Get an eye examination, if you use power glasses before you leave the country.
- Cell phone
- Laptop and charger (don't forget, you'll need an outlet adapter for the plug on your charger to work)
- Sheets/ bed linens, Bath towels.
- Enough prescription drugs for the length of your stay (You need to make sure you can bring them into the country and that you have documentation, either the prescription or a doctor's note)
- Journal/ diary (you'll be taking plenty of pictures on during your stay).
- Backpack (for daily use and as your carry while traveling)
- A few hangers
- Handy Steam Iron

What to Avoid*:

- Avoid packing precious jewelry in your luggage; wear them on you if you need to take some.
- Leave behind sharp objects like knives, scissors and blades.
- Don't pack any cooked food or other perishable goods.
- Don't carry extra deodorants, extra bars of soap, shampoos and other toiletries, you could purchase them all abroad. One month's supply will be sufficient.
- Items like quilts, blankets, pillow covers and bedspreads can be avoided. Your accommodation will provide you with these majorly, but if you feel compelled to carry, then make it light bedspread.
- Bringing any controlled drugs, CDs/VCDs/DVDs or reproduced copyright materials to some countries is an offence and may result in either a fine, jail or both.

Bon Voyage

- Make a list of the items you are carrying and keep that piece of paper with you in your hand-luggage. In the unfortunate event that the airline loses your luggage upon arrival, you may need to list out the stuff you've packed and its total value to receive compensation.
- The ideal packing solution: Don't carry more than two bags and one hand-luggage. Carry only the essentials and have bags that don't weigh much and are easy to carry.
- For more updated information contact Careers N Options Counsellors.



* Depends on your personal requirement, this list is for reference purpose.