

- August 2026 -

Upcoming events

- Monday Sparring Classes (6:30 for 6-12 y/o / 7:30 for Teens & Adults)
(Orange Belts and above / Must have own gear to fully participate)
- Arnis Training Class 8/8 & 8/15 (11:30-12:15pm)
(Learn the art of stick fighting. Have fun and increase your martial arts flow)
- Saturday Sparring Training Class 8/1, 8/22 & 8/29 (11:30-12:15pm)
(Orange Belts and above / Must have own gear to fully participate)
- Colored Belt Testing 8/28 - (Beg 4:30pm)
(Replaces all classes – See test form for your specific start time)