

- July 2022 -

Upcoming events

- **Monday Sparring Classes** (6:30 for 6-12 y/o / 7:30 for Teens & Adults)
(Orange Belts and Above / Must have own gear to fully participate)
- **Arnis Training Class 7/9 & 7/23** (11:30-12:15pm)
(Learn the art of stick fighting. Have fun and increase your martial arts flow)
- **Saturday Sparring Training Class 7/16 & 7/30**
(Orange Belts and Above / Must have own gear to fully participate)
- **Holiday Closure (July 4th Holiday) 7/2 (Sat) – 7/4 (Mon)**
(No Classes at any time slot. We re-open on Tuesday 7/5/22. Makeup classes available)