

# **- May 2024 -**

## **Upcoming events**

- **Monday Sparring Classes** (6:30 for 6-12 y/o / 7:30 for Teens & Adults)  
*(Orange Belts and Above / Must have own gear to fully participate)*
- **Arnis Training Class 5/4 & 5/18** (11:30-12:15pm)  
*(Learn the art of stick fighting. Have fun and increase your martial arts flow)*
- **Saturday Sparring Training Class 5/11**  
*(Orange Belts and Above / Must have own gear to fully participate)*
- **Holiday Closure (Memorial Day) – 5/25 (Sat) – 5/27 (Mon)**  
*(No Classes at any time slot. We will reopen Tue, 5/28/24. Make-up classes available)*