

# - August 2022 -

## Upcoming events

- **Monday Sparring Classes** (6:30 for 6-12 y/o / 7:30 for Teens & Adults)  
*(Orange Belts and Above / Must have own gear to fully participate)*
- **Arnis Training Classes 8/13 & 8/27** (11:30-12:15pm)  
*(Learn the art of stick fighting. Have fun and increase your martial arts flow)*
- **Saturday Sparring Training Classes 8/6 & 8/20**  
*(Orange Belts and Above / Must have own gear to fully participate)*
- **Colored Belt Testing 8/26** - (Beg 4:30pm)  
*(Replaces all classes – See test form for your specific start time)*