

# - September 2019 -

## Upcoming events

- **Holiday Closure (Labor Day) - 8/31 (Sat) - 9/2 (Mon)**  
*(No Classes at any time slot. We re-open on Tuesday, Sept 3<sup>rd</sup> 2019))*
- **Friday Night Fights (Sparring Training) - (7:30-8:15pm)**  
*(Every Friday this month "EXCEPT" 9/20 - Advanced Belt Testing)*
- **Saturday Sparring Class 9/14 & 9/28 - (12:00-12:45pm)**  
*(Learn Fighting skills and increase your martial arts abilities)*
- **Arnis Training Class 9/7 & 9/21 - (12:00-12:45pm)**  
*(Learn the art of Arnis and other weapons. Enhance your martial arts skills)*
- **Tournament Team Training- 9/7, 9/14, 9/21 & 9/28 (2- 4pm)**  
*(Practice for all Team C.M.A. members, Prep for Chess, Point and other events)*
- **Advanced Belt Testing 9/20 - (Beg 6:30pm)**  
*(Replaces Advanced and Sparring classes)*
- **Degree Black Belt Training Class 9/3 & 9/12 (8:30-9:15pm)**  
*(Follows Thursday Adult Class. Open to First Degree Black Belts and up)*