

# GROUP CLASS SCHEDULE

Times:	Monday	Tuesday	Wednesday	Thursday	Friday	Times:	Saturday
							<i>Group Training</i>
3:30 PM to 4:15 PM	Closed	Closed	Closed	Closed	Closed	9:30 AM to 10:15 AM	Beginner & Intermediate (White & Above)
	<i>Open Gym</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>		<i>Group Training</i>
4:30 PM to 5:15 PM	Open Gym (Self Guided)	Beginner Kids (White & Yellow)	Intermediate Kids (Orange - Blue)	Beginner Kids (White & Yellow)	Intermediate Kids (Orange - Blue)	10:30 AM to 11:15 AM	Intermediate & Advanced (Orange & Above)
	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>		<i>Group Training</i>
5:30 PM to 6:15 PM	Intermediate & Advanced (Orange & Above)	Intermediate Kids (Orange - Blue)	Beginner Kids (White & Yellow)	Intermediate Kids (Orange - Blue)	Beginner Kids (White & Yellow)	11:30 AM to 12:15 PM	Sparring /Arnis Alternating Schedule (Orange & Above)
	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>		<i>Group Training</i>
6:30 PM to 7:15 PM	Kids Sparring Ages 6-12 (Orange & Above)	Advanced Kids (Green & Above)	Advanced Kids (Green & Above)	Advanced Kids (Green & Above)	Advanced Kids (Green & Above)	12:30 PM to 1:15 PM	Black Belt Prep Class (Brown/Black & Above)
	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>	<i>Group Training</i>		
7:30 PM to 8:15 PM	Teen/Adult Sparring (Orange & Above)	Adult/Teen Class (All Ranks)	Adult/Teen Class (All Ranks)	Adult/Teen Class (All Ranks)	Adult/Teen Class (All Ranks)		Closed