



## OP Novel Coronavirus (COVID-19) Information

**Do not enter the building** if you or any of the children you are dropping off:

- Have been in close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone who has been diagnosed with COVID-19 or has symptoms of COVID-19.
- Have been advised by a health department or health care provider to quarantine.
- Have been diagnosed with COVID-19
- Have symptoms of COVID-19
  - o Fever
  - o Chills
  - Shortness of breath or difficulty breathing
  - New cough
  - New loss of taste or smell

If you have any of these symptoms, contact a health care provider.

## Be aware, you are at higher risk if you are:

- ✓ Age 65 years or older
- ...or have any of these health conditions, particularly if not well controlled:
- ✓ Chronic lung disease or moderate to severe asthma
- ✓ Serious heart conditions
- ✓ Immunocompromised, including those undergoing cancer treatment
- ✓ Severe obesity
- ✓ Diabetes
- ✓ Chronic kidney disease undergoing dialysis
- ✓ Liver disease

Pregnant women should talk to their health care provider about their risk.

Staff concerned about being at risk should discuss with their supervisor.

For COVID-19 information in North Carolina or help finding a health care provider, call 2-1-1 or 888-892-1162.

For mental health and resilience support, call 855-587-3463.