

PROGRAM BENEFITS

- Meets the court's requirements in only one 4-hour virtual class!
- Easy online registration and payment.
- Several class options available in English and Spanish each month. Check website for schedule: www.SuccessfulCo-Parenting.com.
- Learn how to minimize the negative effects of divorce/separation on your children.
- Improve your quality of life by strengthening your parenting skills
- Our participatory format stimulates active and deeper learning.
- Develop your own co-parenting action plan to continue skill development and learning through our online parenting group.
- Certificate emailed within 48 hours

ONLINE REGISTRATION @ www.SuccessfulCo-Parenting.com

Voice / Txt: (360) 399-6429

Parents have a very tough challenge as they go through their divorce proceedings

At **Successful Co-Parenting**, we understand the complexity and the painful reality of many parents and their children as divorce unfolds.

It can easily become overwhelming. Sadly, it is even worse for our children.

Unless we acquire basic parenting and co-parenting skills that minimize the negative consequences of our divorce/separation to our children, we will unknowingly affect our children's development and well-being.

Parents that learn some essentials about **Collaborative Parenting** will better face the challenge that lies ahead: rebuilding their lives and advancing their children's resilience.

For more information please go to our website:

www.CollaborativeParentingwithTioJorge.com



PAYMENT

- Rate for 4-hour live online class: \$50
- Reduced rate for low-income participants: \$20. To qualify, email or text proof of 30K or less annual income.
- Payments can be made online or sent by mail (money order or check).

CUSTOMER SERVICE

Txt / Voice: (360) 399 - 6429 <u>admin@.SuccessfulCo-Parenting.com</u> <u>HABLAMOS ESPAÑOL</u>

TOPICS COVERED

- The effects of divorce and parental conflict on children
- Reflections on parenting styles
- Changing reactions into responses
- Understanding children's brain development
- Building resilience in children
- Managing co-parenting conflict
- Communication and listening skills
- Using the whole brain model as a parenting tool
- Recognizing internal obstacles to effective co-parenting
- See opportunity for personal growth
- Co-parenting action plan
- Applying emotional intelligence in our daily parenting

Contract with Snohomish Superior Court.

REGISTER HERE:



Txt / Voice (360) 399 - 6429 admin@.SuccessfulCo-Parenting.com





CollaborativeParentingwithTioJorge.com

"This is a very informative class. I learned a lot about my own parenting style and improvements that I need to make."

- Justin- (Nov 2022)



Snohomish Superior Court Approved ONLINE Parenting Seminar



REAL TIME

PARTICIPATORY

ENGAGING

MEANINGFUL

"Thank you for the excellent workshop. I loved all the information you provided. The presenters were prepared, knowledgeable, empathic, and created an empowering educational experience."

- Zouise - (May 2020)

Also approved in Skagit and Island Superior Courts