

THErapy/COUNSELING OPTIONS

- Psychotherapy
- Cognitive Therapy
- Behavior Therapy
- Solution-Focused Therapy
- Narrative Therapy
- Group Therapy
- Transitional Counseling
- Palliative Counseling
- Addiction Counseling

WHO PAYS

Our services are paid for by major insurance companies, medicare or self pay options. Any additional charge for services will be discussed prior to the start of services.



Help Is Closer Than You Think.

Our Promise

Our Patient Promise
We promise to be there for you every step of your journey. Our goal is to help you grow from your struggles, heal from your pain, and move forward to where you want to be in life.

Get outpatient mental health services in the comfort of your own home or community. We also provide virtual options.

We Can Come To You!

Contact Us!

Phone: 1-866-888-2150
Email: info@shinehealthgrp.com
Website: www.shinehealthgrp.com

Therapy/Counseling Services
In Your Home
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**SHINE
HEALTHCARE
GROUP**

Help Is Closer Than You Think.



WHO WE ARE

Our practice is established around the concept of quality of care and positive outcomes with counseling.

Our team of highly qualified medical professionals are instrumental in bringing together a positive patient experience with timely and accurate evaluations.

Our experience enables us to offer effective outpatient, individualized, psychotherapy care. We treat a number of mental health disorders, and provide a neutral ground to individuals, families, and couples.

YOU ARE NOT ALONE

1-866-888-2150

info@shinehealthgrp.com
www.shinehealthgrp.com

Are you experiencing any of the following:

- Recent loss
- Frequent crying
- Difficulty sleeping
- Decreased energy or fatigue
- Feeling hopelessness
- Persistent sad, anxious or "empty" mood
- Thoughts of death or suicide
- Moving or talking more slowly
- Difficulty concentrating, remembering or making

