

# GROUP CENTERGY™

## CERTIFICATE OF COMPLETION

This is to certify that

**Isabelle Zurba**

has completed all initial training and  
assessment procedures required by  
Body Training Systems® to become  
a Group Centergy Instructor.

Authorized by Cathy Spencer-Browning,  
National Training and Program Director.

*Cathy Spencer Browning*

LET'S **MOVE!**™

DATE ISSUED:  
9/18/06

**CERTIFICATE OF COMPLETION**

This is to certify that

**Isabelle Hansen**

has completed all Initial Training and  
Assessment requirements by  
Body Training Systems to become a  
Group Ride<sup>®</sup> Instructor

Authorized by **Cathy Spencer-Browning,**  
National Training & Program Director

*Cathy Spencer-Browning*

**ISSUED:**

**June 2011**



**This is to certify that**

**Isabelle Hansen**

**has completed all Initial Training and  
Assessment requirements by  
Body Training Systems to become a  
Group Kick® Instructor**

**Authorized by Cathy Spencer-Browning,  
National Training & Program Director**

*Cathy Spencer-Browning*

**ISSUED:**

**June 2011**

**LET'S MOVE!**





GROUP **STEP**™

CERTIFICATE OF COMPLETION

This is to certify that

**Isabelle Zurba**

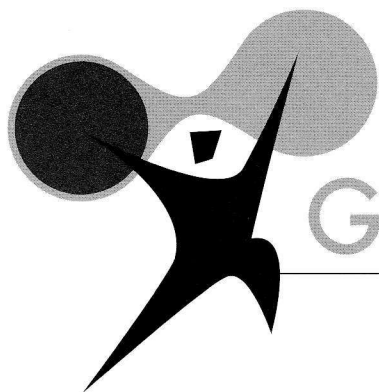
has completed all initial training and  
assessment procedures required by  
Body Training Systems® to become  
a Group Step Instructor.

Authorized by Cathy Spencer-Browning,  
National Training and Program Director.

*Cathy Spencer Browning*

LET'S **MOVE!**™

DATE ISSUED:  
11/08/06



GROUP **POWER**<sup>TM</sup>

**CERTIFICATE OF COMPLETION**

This is to certify that

**Isabelle Zurba**

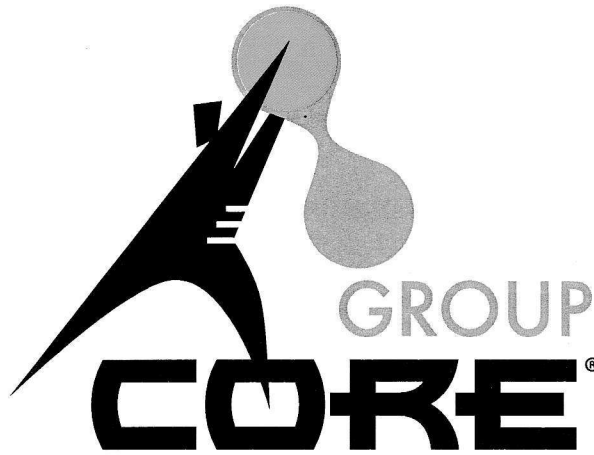
has completed all initial training and  
assessment procedures required by  
Body Training Systems® to become  
a Group Power Instructor.

Authorized by Cathy Spencer-Browning,  
National Training and Program Director.

*Cathy Spencer Browning*

**LET'S *MOVE!***<sup>TM</sup>

DATE ISSUED:  
5/10/06



## CERTIFICATE OF COMPLETION

Isabelle Hansen

has successfully completed the

### COURSE TITLE:

**Group Core® Instructor Training**

this 25 day of March, 20 12

Gold's, Richmond, BC

**Name of Facility, City & State**

### Organization:

**Body Training Systems**

**0.7 American Council on Exercise CECs - Course Number: CEP46351**

(This certificate must be retained by American Council on Exercise certified instructor for a period of four years)

**5.25 AFAA Approved CEUs - Provider Course Number 2012167R**

(This course has been approved by AFAA for continuing education units, but was not developed by AFAA. Therefore it does not count as an AFAA course which is required for recertification)

Group Core Instructor Training is recognized by Can-Fit-Pro for 4.0 FIS continuing education credits. Approval number 1359.

**Presenter Signature**

Cathy Spencer-Browning

**Provider Signature**