

For nearly 50 years, The Regina and Area Sexual Assault Centre has been dedicated to supporting those in our community who have been impacted by sexual assault, childhood sexual abuse, and interpersonal violence. When you volunteer with us, you become part of this meaningful purpose.

## CONTACT US

1040 Winnipeg Street  
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@rsacsupport



Your **Truth.** Our **Purpose.**

## VOLUNTEER WITH US

24/7 CRISIS  
SUPPORT LINE





## Be the voice they need to hear...

Our crisis line advocates are there to support anyone who has been impacted by sexual assault and abuse anytime they need it.

### Benefits of Volunteering:

- Gain in-depth knowledge of the issues and impacts of sexual assault, sexual abuse, and interpersonal violence
- Gain exposure and awareness of the medical and legal system
- Improve listening skills and support strategies
- Work with diverse individuals
- Truly help people in crisis
- Receive high quality training to support survivors

## Support that is greatly needed...



1 in 3 women will experience sexual violence in their lifetime



1 in 5 men will experience sexual violence in their lifetime

**Crisis Line Advocates** must be at least 18 years old and are required to provide a criminal record and vulnerable sector check, which can be obtained at Regina Police Services or your local RCMP detachment. Applicants will attend a preliminary interview to discuss the roles and responsibilities. Following this interview, volunteers will participate in a combination of modules and training, including face-to-face scenario training, to ensure they feel well-equipped to respond to calls in a sensitive and appropriate manner. RSAC staff are available 24/7 to answer questions and assist advocates with debriefing after calls as needed.

**Commitment:** Volunteers are on call for at least 2 nights per month, which will be scheduled in advance according to their availability. We require a one-year commitment to volunteering. Each volunteer is required to have their own cell phone, where crisis line calls will be automatically transferred to during their volunteer shift only. Occasionally, volunteers will be expected to accompany someone to the hospital or police station if support is requested. Therefore, volunteers must also have access to reliable transportation and be located in/near Regina. Volunteers are only required to meet the individual at the police station or hospital, not provide transportation.

### Interested in Applying?

Visit:

[www.reginasexualassaultcentre.ca/volunteer](http://www.reginasexualassaultcentre.ca/volunteer) to download our Volunteer Application Form, or complete the form online.

Completed forms can be returned in-person at 1040 Winnipeg Street or emailed to [rsac@sasktel.net](mailto:rsac@sasktel.net)



Thank you for your interest in volunteering with us!