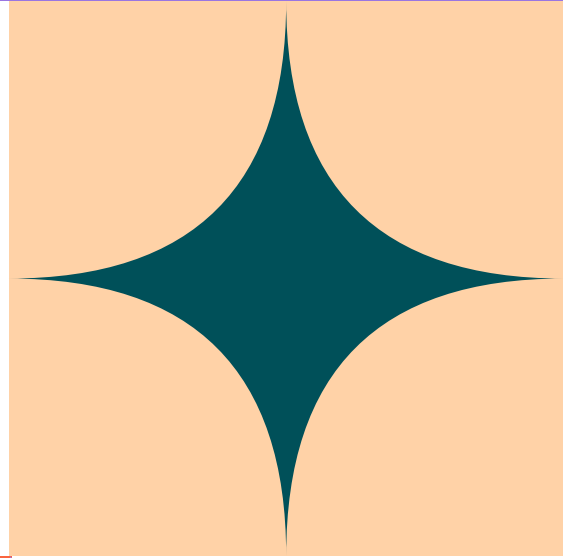


**PROVISO
TOWNSHIP
REFERRAL
GUIDE**



LITE Youth
Committee

01

What is a referral guide?

02

Four resource categories

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What's next?



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WHAT IS A REFERRAL GUIDE?



A referral guide is a list of services and programs in your area. The referral guide has information about the service or program, location, and how to contact the service.

The list of services and programs in this guide are focused on areas youth identified.

PROGRAMS & SERVICES

1

Mental Health

Services to help deal with stress, anxiety, trauma, and substance abuse. Services for psychotropic medications and therapy.

2

Life Skills for Older Youth

Services to help with managing money, buying a car, all types of insurance, renting a home, and how to apply to college or certification program. Services to help prepare for adulthood.

3

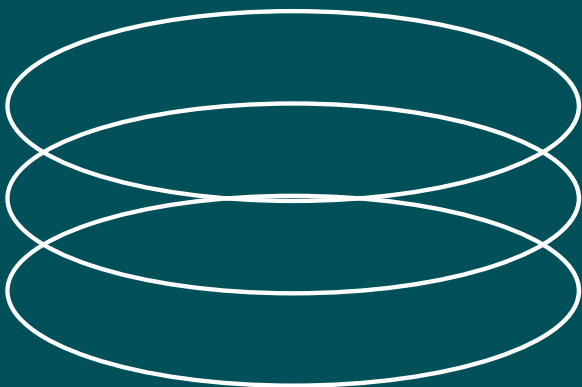
Employment Assistance

Programs to learn how to identify careers of interest, learn employability skills, help with career readiness, internships & apprenticeships. Job openings and job training.

4

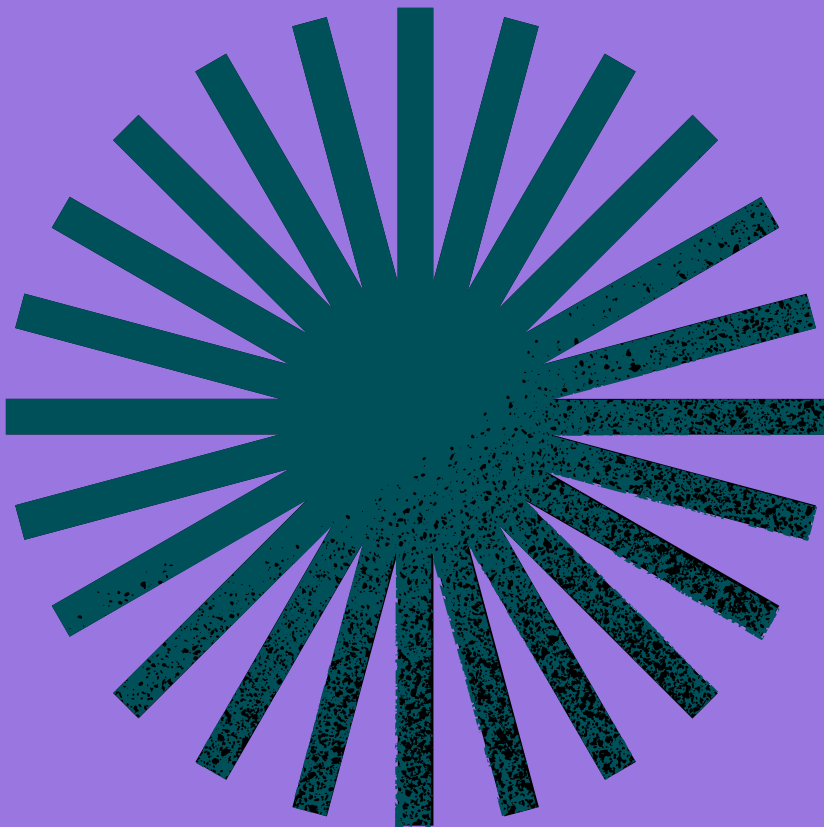
Technology Assistance

Programs for learning how to use technology, understanding social media, and helping parents with technology.



MENTAL HEALTH SERVICES

Just like physical health, sometimes we
all need a little help to regulate
emotions



01.

PROVISO TOWNSHIP
MENTAL HEALTH
COMMISSION

<https://ptmhc.org>

The PTMHC has links to a variety of agencies that provide programs for mental health services. Click on the link to search for an agency that provides mental health services.

02.

HEALTHCARE
ALTERNATIVE
SYSTEMS (HAS)

1915-17 W. Roosevelt Road
Broadview, IL 60155
(708) 498-0200

Mental Health - must call for appointment and hours of open. Providing individualized services: therapy, case management, medication monitoring, and outpatient services. Programs for adults 18 and older as well as youth under age 18. Substance Abuse counseling programs for youth and adults.

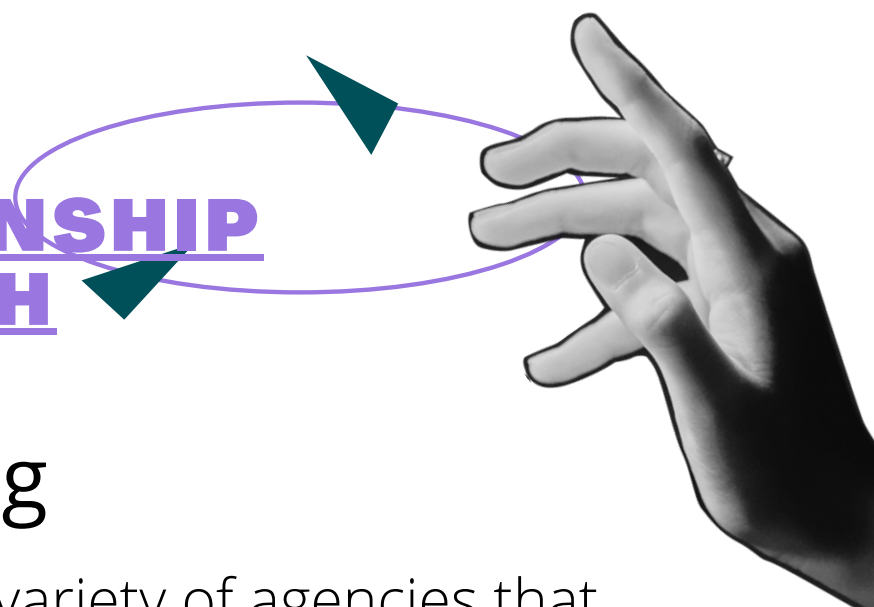
Not all services are offered at every location.

03.

PROVISO-LEYDEN
COUNCIL FOR
COMMUNITY ACTION

411 West Madison Street
Maywood, Illinois 60153
(708) 450-3506

Behavioral Health Services for youth and adults. Services are individual and group and include; counseling, substance use, medication monitoring, family counseling, and outpatient care.



LIFE SKILLS



Youth identified life skills workshops that could help them learn about everyday adult things such as housing, money management, applications for school and jobs, including insurance and credit.

Here are some resources in the area with life skills and enrichment services

Quinn Center of Saint Eulalia

1845 South 9th Avenue, Maywood IL 60153

708-397-6111

<https://www.quinncenter.org>



The Quinn Center youth program of Youth & Teen Enrichment. Services are for grades 1 - 8 after school with tutoring, nutrition, art, music and yoga.

The Center provides services to connect families to resources for medical, housing, immigration, public benefits, language barriers, companionship.

Additional services for adults are classes: ESL, Zumba, Line Dance, and Spanish Literacy, and mental health first aid.

PROVISO-LEYDEN COUNCIL FOR COMMUNITY ACTION (PLCCA)

An after-school program that provides academic skill development, enrichment activities, and youth development/prevention lessons through 6 core elements. The program serves 90, 6th-12th grade students across 6 participating schools during the academic school year and summer camp.



Dreamchasers University after school



Proviso West High School 4701

Harrison St., Hillside IL 60162

Find out more:

info@dreamchasersunited.com

This program is for young men in 5th through 12th grades. The program focuses on financial literacy, entrepreneurship, workforce readiness, and mental health awareness.



Employment Assistance

Proviso-Leyden Council for Community Action (PLCCA)

A program that places young adults (ages 16-24) in subsidized internships, exposes them to viable careers, expands their skill sets and connects them to the training and resources they need to achieve long-term employment in growing industries.

Proviso Township Youth Services

<https://www.provisotownship.com/youth-services/>

The Youth Services Department helps youth of all ages connect to educational, recreational, and employment opportunities.

Aerostar Aviation apprenticeship

Aviation Academic Initiative: aaia@AeroStarcorp.com

Phone: 708.646.4300

Aviation Academic Initiative for k - 12 grade students.

Mentorship Program for grades 7 - 12 and post secondary provides resources and support system for students interested in pursuing a career in Aviation.

Employment Assistance

Strengthening Proviso Youth (SPY)

<https://strengtheningprovisoyouth.org/career-connect>

Career Connect is a program that helps youth and young adults 16 - 24 years old to connect with internship/career opportunities that align with their goals and aspirations.

Schedule a Career Connect interview:
www.strengtheningprovisoyouth.org

Leaders In Transformational Education (LITE)

LITE Youth Work is a program that provides interactive workshops with professionals to learn about careers, through job shadowing. Youth Work helps youth build employability skills and life skills to transition into adulthood. Pre-apprenticeships placement, job placement, and career planning. Career readiness and support services available to help youth on their pathway. For more information and to register www.liteleaders.org

Services offered: Monday, Wednesday, and Friday
Location: 4419 W North Ave, Melrose Park, IL

TECHNOLOGY ASSISTANCE

Proviso Leyden Community Council for
Action

<https://www.plcca.org/copy-of-behavioral-health-services>

A course paired with computer classes offers resume writing, interviewing techniques, email fundamentals and instruction on how to apply for employment on the internet. This course also teaches financial education and life skills.



LITE



Proviso Township Youth Referral Guide

LITE Youth Committee
Project

Supported by IDHS

updated August 2021 , April 2022

