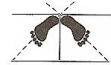
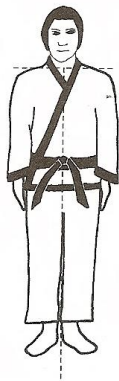


Tang Soo Do Basic Stances Ja Seh

Cha Ryut Ja Seh (Attention)

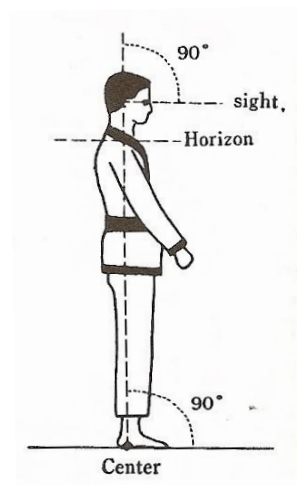
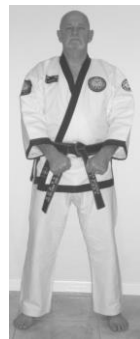
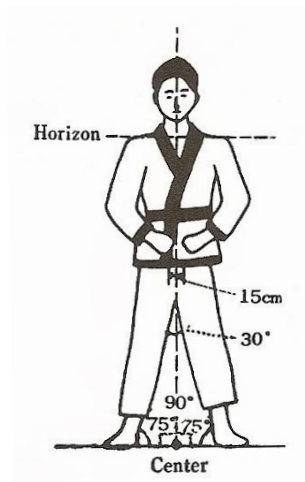


(Relaxing)

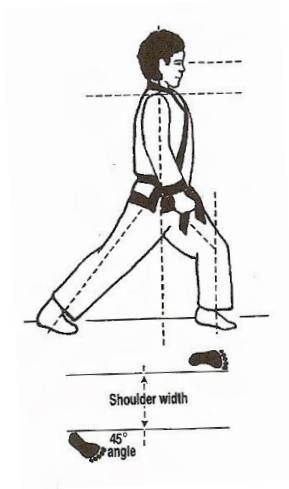
(At Attention)



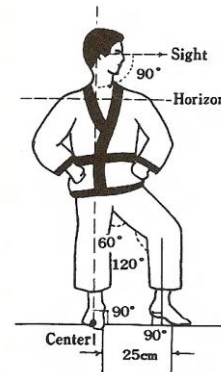
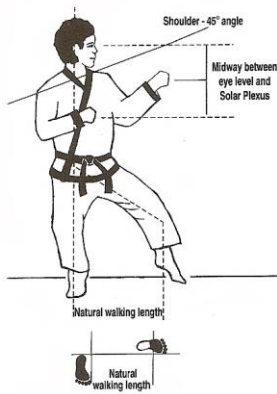
Choon Bee Ja She & Ba Ro Ja Seh (Ready Stance)



Chun Kul Ja Seh (Front Stance)



Hu Kul Ja Seh (Back Stance \ Fighting Stance)



Kee Ma Ja Seh (Horse Stance)

