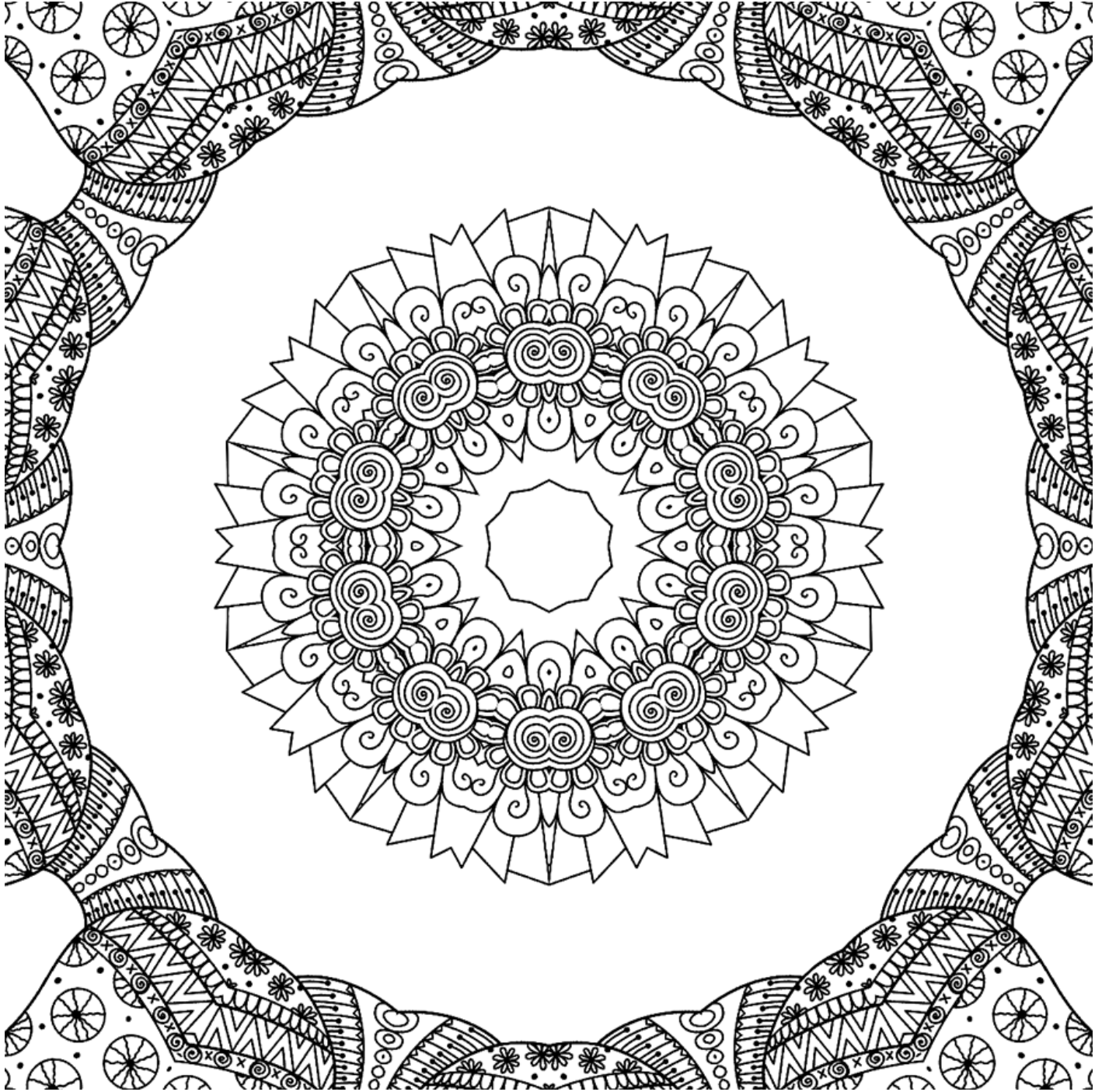
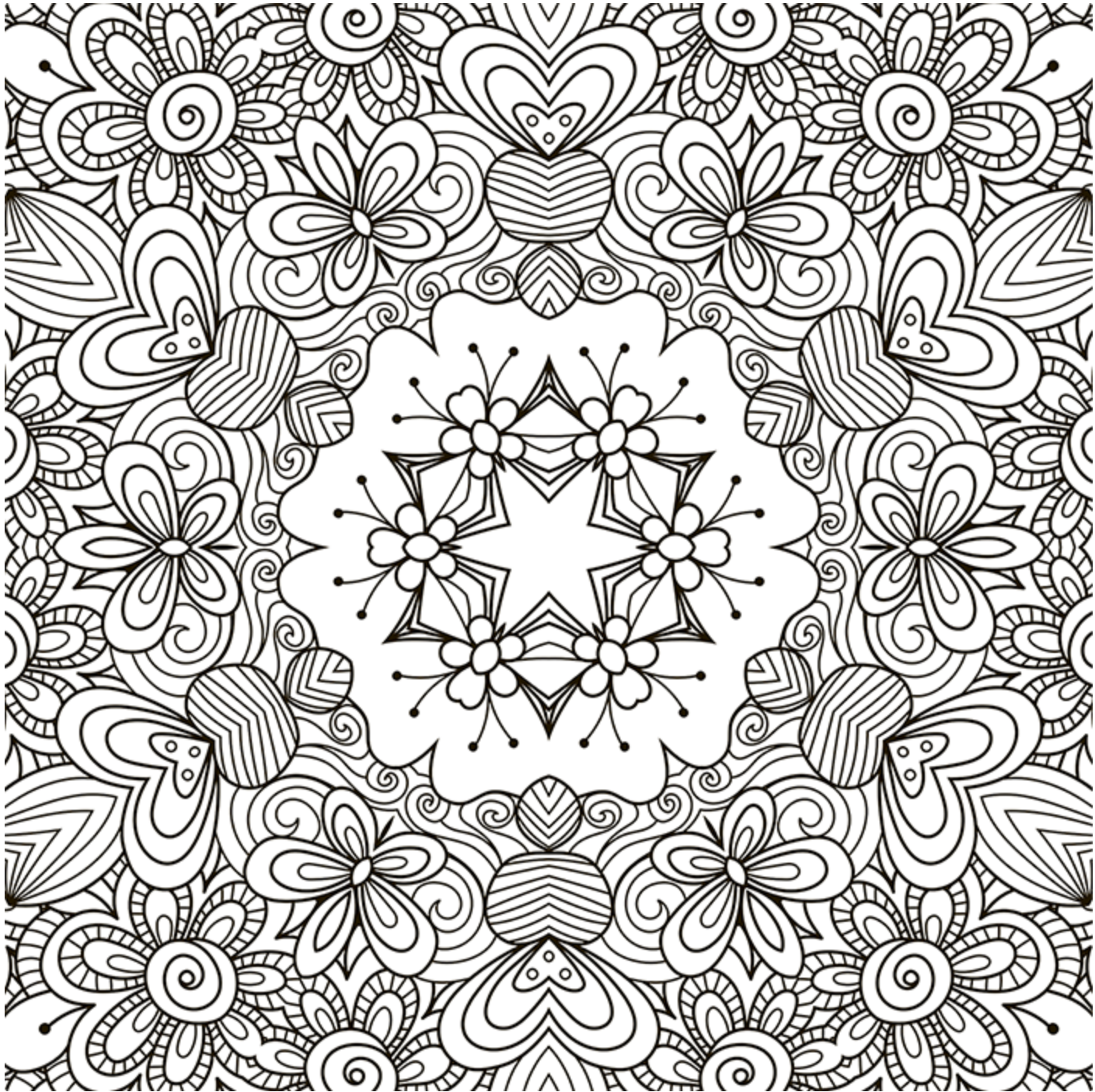


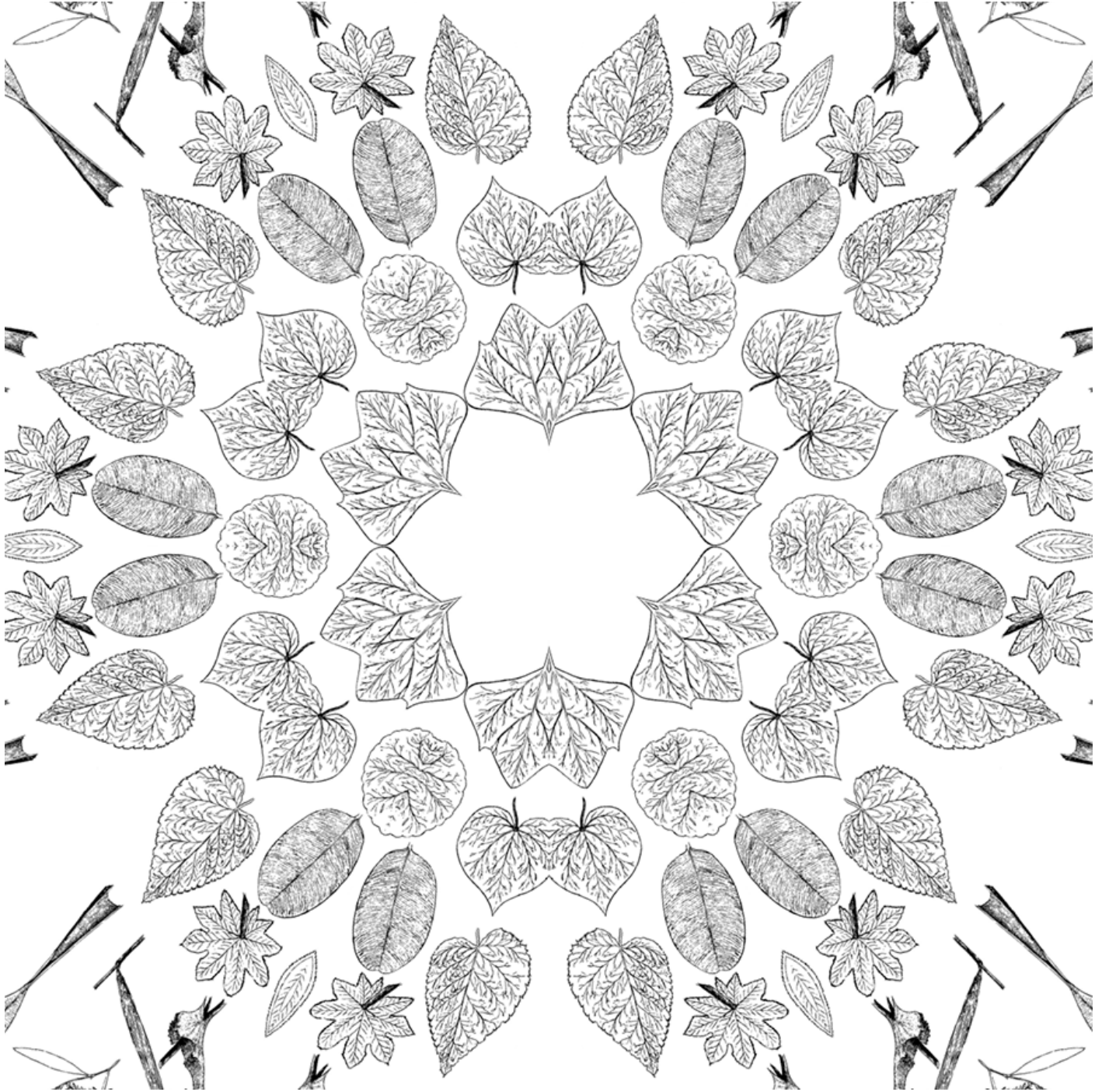
Nurture your Creative Brain with Mandalas



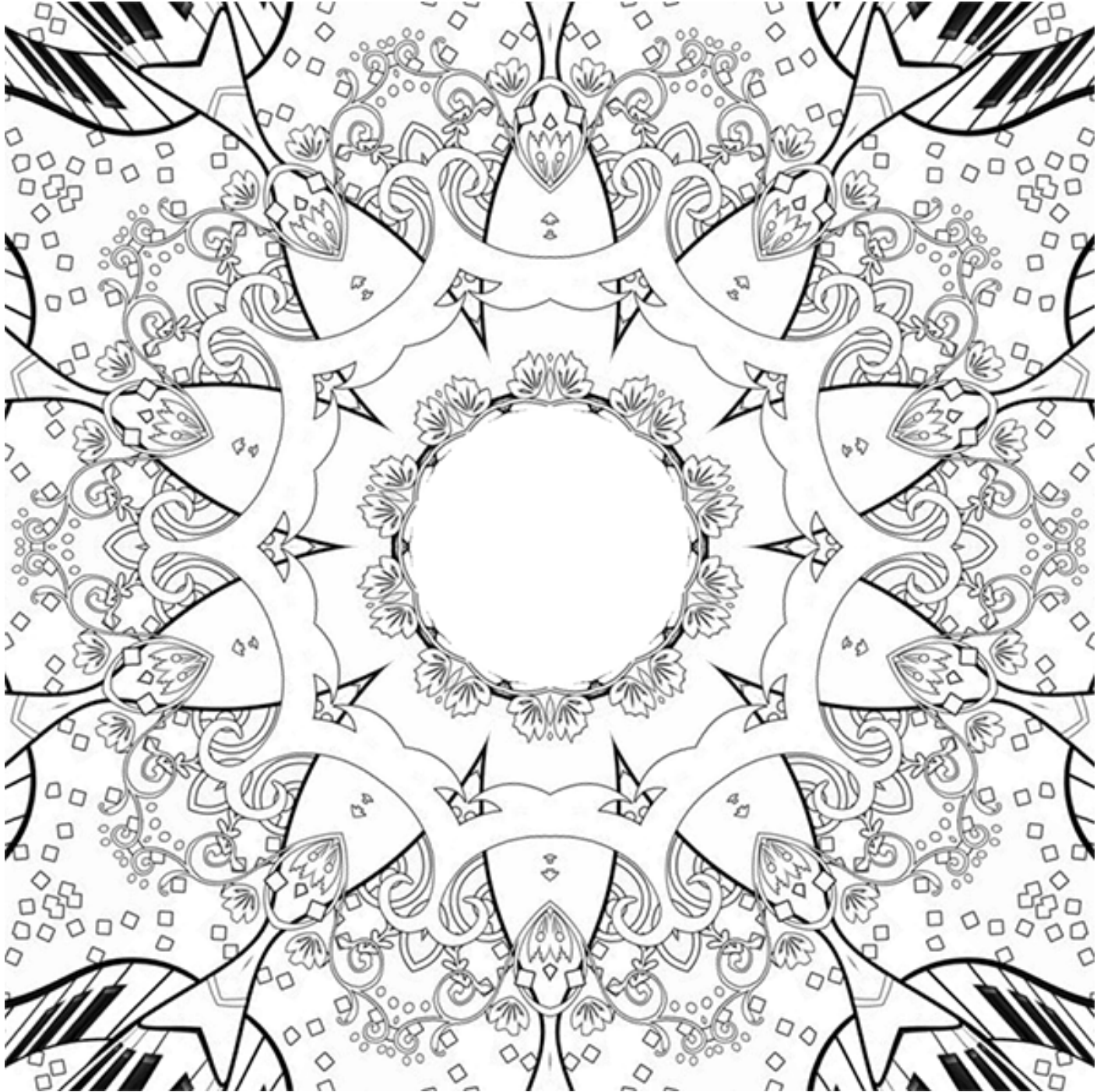
by Kate Kunkel



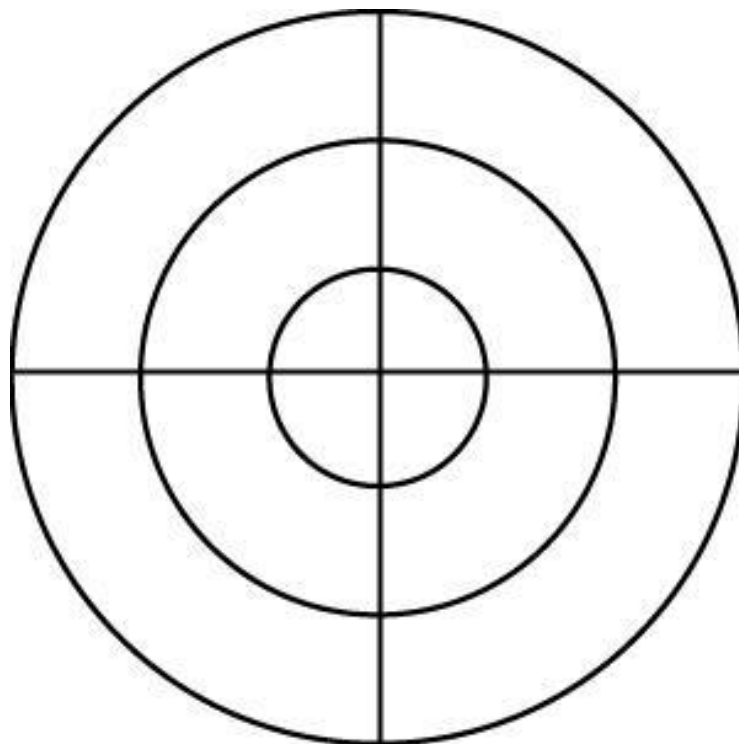
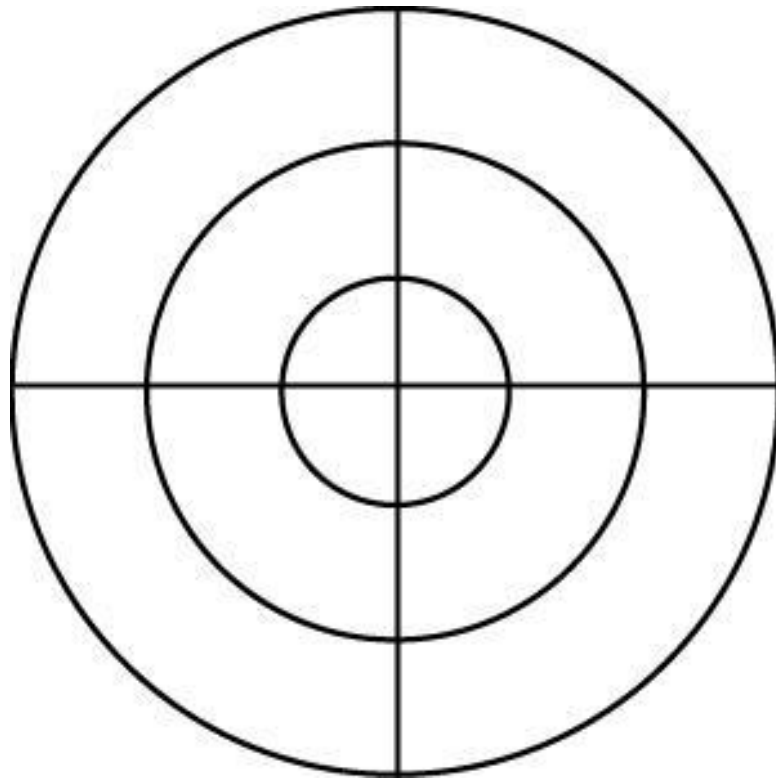




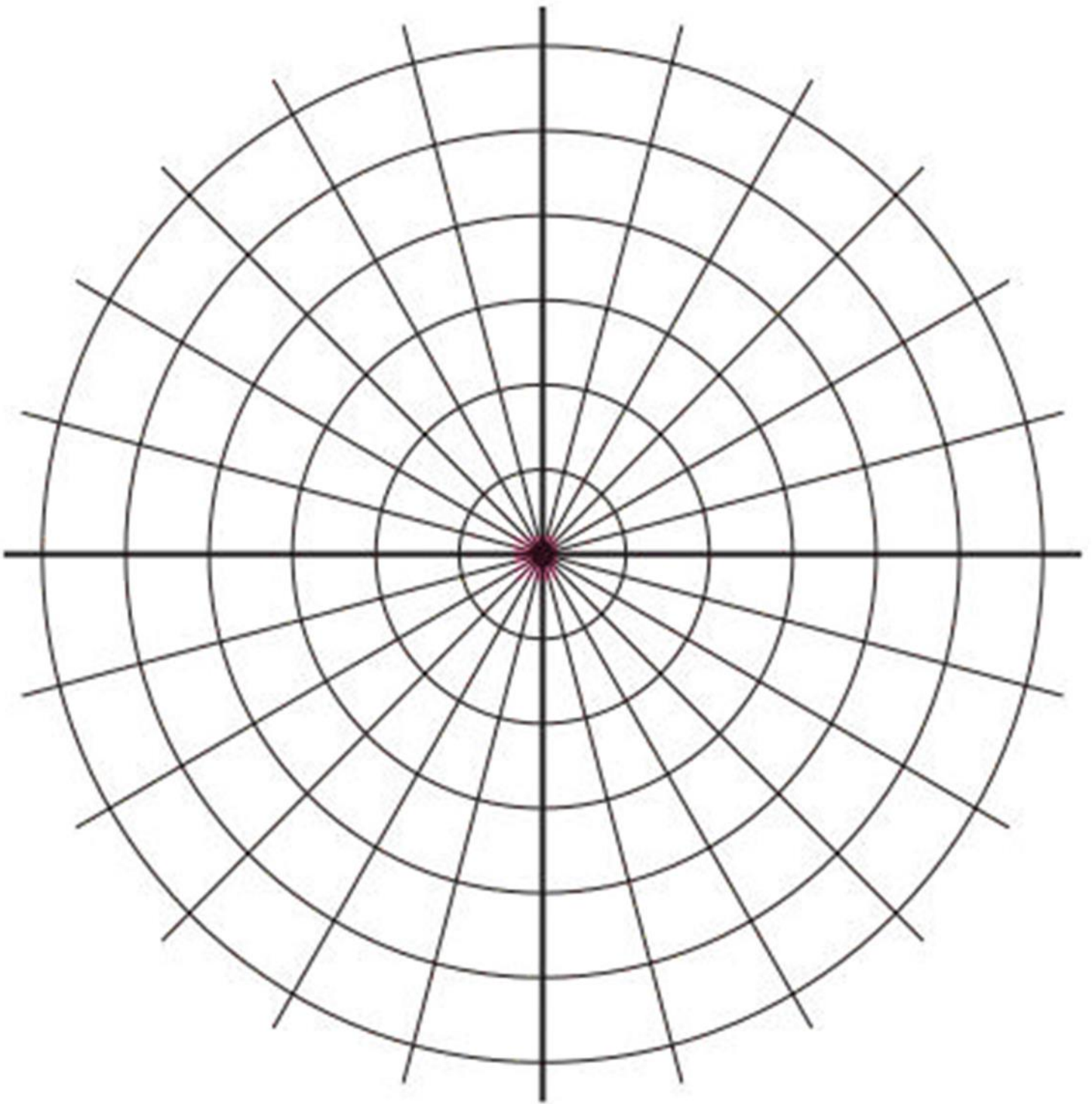




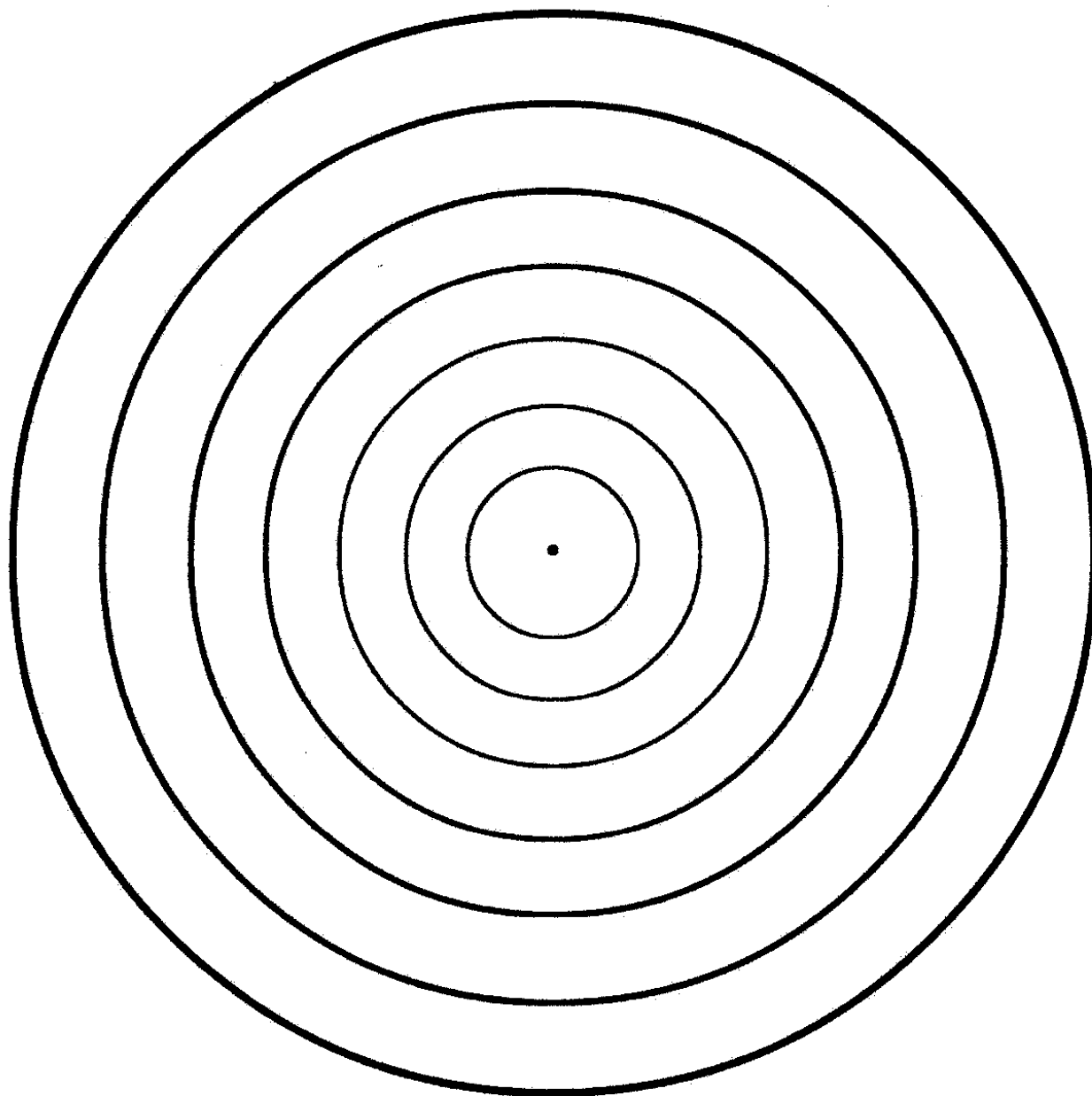
Mandala Template 1



Mandala Template 3



Mandala Template 2



To learn many more powerful and creative ways to nurture a healthier brain with music, mindfulness and meditation, join us for



Five Weeks to a Better Memory with Music, Mindfulness and Meditation

Are you struggling to concentrate or to get things accomplished?

Are you having trouble remembering dates or people's names?

Do you sometimes feel like you're walking around with fog in your brain?

Then it is definitely time to Tune Up Your Brain!

In this five week course, you will learn how to:

- improve concentration
- enhance learning
- boost your memory
- use powerful stress-reduction techniques

At the end of these five weeks, you will have all the resources, and will have made into a routine, the techniques that will put your brain in a state of calm attentiveness.

While in this state, you will make fewer mistakes, be able to think more clearly, and you will be able to handle stressful situations more easily.

A better memory and a clearer mind are just weeks away!

Learn more by visiting KateKunkel.com