

Hello, I'm Dee

I am a 38 year-old mother to two children, one who is neurodivergent.

I have been working in the Disability and Mental health industry for 19 years. Previously in management roles. I live in the Maitland area

My passions areas are using a person-led play-based approach, advocacy, skill building and trauma informed care.

I have a passion for peoples' rights and ensuring everyone has a voice, choice and control.

I have a bubbly and quirky personality, I love colours, music and being creative.

Im an independent support worker and recovery coach.



What you need to know about me;

I won't be on my phone during your supports. (unless I'm looking up something for you)

I'm not here to judge you, your circumstances or your actions.

I am ethical, respectful and understanding of individual preferences and needs. I believe in communication, duty of care and that all people having dignity of risk.

I will be a shadow not an eclipse.

I will enjoy seeing you making progress with a goal that we have been working towards.

I will listen to you and your needs, and change my interactions and communication style to suit you.

I will learn from you; all be it unintentional, you will inspire me in some way to support differently, to listen more or to grow new knowledge.

I enjoy what I do, and will likely have a joke and a smile on my face the whole time.

I don't mind making a fool of myself or finding my inner child to ensure you get the most out of your supports.

- NDIS worker check
- First Aid and CPR
- WWCC
- National Police Check
- Vehicle and Full driver's license
- Mental health first aid
- Diploma in Management
- Recovery coaching Training
- Certificate IV in Community Services
- Cert III in Early Childhood education and care

Participant experience

- Complex Mental health, anxiety, depression, schizophrenia, PTSD, ABI
- ASD, ADHD, ODD
- Intellectual disability
- Community access/ in home care
- Documentation and Rosters
- Nonverbal communication
- Diabetes and epilepsy
- IDDSI meals and PEG feeding
- Personal care and transfers
- Medication administration
- Skill building towards goals
- Medical appointments

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