



## Own Your Story. Unleash Your Power.

### Specification Sheet

#### Program Overview:

*Own Your Story. Unleash Your Power.* is a bold, transformational keynote and coaching experience that inspires audiences to reclaim their personal narrative, overcome limitations, and rise into their fullest potential. Through identity-driven reflection and radical ownership, participants are empowered to lead from a place of purpose, confidence, and unapologetic authenticity.

This program is designed for high-performance individuals and teams looking to break cycles of doubt, silence inner critics, and step into bold leadership—in life, business, sport, and advocacy.

#### Core Pillars:

##### OWN. RECLAIM. UNLEASH.

- **OWN:** Accept your past. Acknowledge your truth. Let go of shame, silence, and perfectionism.
- **RECLAIM:** Identify your power. Name your worth. Build resilience by confronting the stories that no longer serve you.
- **UNLEASH:** Rise into your purpose. Speak boldly. Lead with impact. Redefine what's possible.

#### Learning Objectives:

1. Reclaim your story and build confidence rooted in lived experience
2. Break free from the fear of judgment and failure
3. Build inner leadership and purpose-aligned action
4. Create a personal declaration of power and direction
5. Harness emotional intelligence and self-awareness for high performance

#### Ideal Audiences:

Corporate & executive leadership teams | Women's empowerment conferences | Disability & DEI-centered events | Parent-advocate groups | Educators, coaches & student leadership | Entrepreneurs & social impact founders

**Presentation Formats:**

- 30-Minute, 45-Minute, or 60-Minute Keynote (In-Person or Virtual)
- Half-Day or Full-Day Workshop
- 90-Minute Masterclass or Retreat Segment
- Signature 6-Week Coaching Series (Private or Group)

**Bonus Materials (Optional Add-Ons):**

- “Unleash Your Power” Guided Journal
- Own Your Story Affirmation Cards
- Custom Retreat Workbook & Reflection Kit
- Private Community Access (Group Format Only)
- Story Reclamation Video Companion Series

**Audio Visual Requirements:**

- Projector or screen for visual support
- Accessible seating or stage ramp (when in-person)
- Microphone (lav or handheld)
- Presentation clicker
- Live captioning for accessibility (virtual/hybrid)

**Key Takeaway:**

“Your story is not your shame—it's your superpower. The moment you own it, is the moment you unleash everything you've been waiting for.”

**Bio for Event Literature:**

Empower by Nikki is a movement redefining personal leadership through authenticity, inclusion, and bold storytelling. Founded by award-winning advocate and national speaker Nikki Boles (Sanger), this brand helps individuals and organizations reframe what's possible through powerful frameworks like *The Power of YET* and *Own Your Story. Unleash Your Power.*

With lived experience as a parent, athlete, and executive leader, Nikki delivers deeply relatable, results-driven keynotes and coaching that ignite lasting transformation.

Whether on stage or in a private coaching session, her message is clear: your identity is not a limitation—it's your launchpad.

### **Introduction for Presentation:**

Please welcome a nationally recognized speaker, award-winning storyteller, and powerhouse behind *Empower by Nikki*. She's the founder of MEC Disabilities, a fierce advocate for inclusion, and the creator of *Own Your Story. Unleash Your Power*—a program that helps people lead with courage, reclaim their voice, and rise beyond limitations.

If you've ever felt like your past defines your future—or that your potential was waiting on permission—this message is for you. Get ready to own your story... and unleash your power.

### **Booking & Contact Information:**

#### **Nikki Boles (Sanger)**

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