

OCTOBER 2024

SOPILKA

UKRAINIAN DANCE SCHOOL

VOLUME 2
ISSUE 2

NEWSLETTER



IMPORTANT DATES:

OCTOBER 13-14 - Thanksgiving Weekend (Closed)
OCTOBER 31 - Halloween *No Classes*
DECEMBER 22-JANUARY 4 - Christmas Holidays (Closed)
JANUARY 5 - First Day of Class After Christmas Break
FEBRUARY 8 - Annual Sopilka Zabava!
FEBRUARY 14-17 - Louis Riel Long Weekend (Closed)
MARCH 14-16 - MB Ukrainian Dance Festival (Winnipeg)
MARCH 30-APRIL 5 - Spring Break (Closed)
APRIL 18-20 - Easter Weekend (Closed)
APRIL 21 - Easter Monday *Classes as Scheduled*
APRIL 24-27 - PFE Festival Saskatoon, SK
MAY 11 - Annual Recital - MBCI

Absences from Class

This is a reminder that if your dancer will be missing class due to illness or other reasons, you must email or text Kristina to advise of this:
sopilkadirector@gmail.com
204-996-4420

Halloween at Sopilka!

Students are invited to wear a costume they can dance in (*no weapons or masks, please!*) the week before Halloween, starting October 27!

KRISTINA'S KORNER

The year is off to a fabulous start. As the weather gets cooler please only leave shoes in the lobby IN THE CUBBIES and bring jackets and outdoor clothes into the studio.

No dirty street shoes should go on the blue mat outside the studio door.

For pick up PLEASE DO NOT PARK to the left (when facing the studio) beside the last parking spot. When people stop here it causes a VERY dangerous blind spot. Only park in actual spots please.

Now that we are all comfortable being at the studio, it is preferable that you drop your child off and come back after class. The lobby is tight but there are 10 minutes scheduled between classes. Arriving too soon only makes the transition between classes more crowded.

Thank you for being respectful of the rules put in place to keep Kazka Dance Collective clean and our students organized!

Kristina Frykas
Artistic Director

NEW

SOPILKA HANDBOOK

With all the new and exciting things happening at Sopilka and the growth of the school, we have developed a School Handbook for students and parents. Please take a moment to review it's content, it includes items such as Code of Conduct to Volunteering!

[Link to Handbook](#)

Dress Code for Classes

Please visit our website for all the information on what your dancer is required to wear for class.

[Link to Dress Code](#)

Do you want to attend a PAC meeting to see what goes on? We are having an open meeting on November 21, 2024 .

Please RSVP to attend! We'd love to have you there!

[Link to RSVP](#)

NEWSLETTER


NEW

BOYS AKADEMIYA CLASS

We are excited to announce the addition of a Boys Akademiya Class, for those male dancers in Kalyna, Druzi or Spadok with Markian Duplak!

During these rehearsals your dancer will have an opportunity to learn an innovative piece of choreography inspired by a piece by Andriy Demoschuk, Artistic Director of Kalyna Folk Ensemble in Kyiv. Andriy is a mentor of Markian's. Markian's delay in his start to teaching at Sopilka, was so that he could perform with this ensemble in late September.

Markian is thrilled to share his passion for Ukrainian dance with Sopilka. These additional rehearsals and performances will be sure to engage and inspire your dancer!

The rehearsals will take place on Sundays 1:30pm – 2:30pm and the schedule for these classes is as follows:

November 3, 10, 17, 24 | December 1, 8, 15, 22 | January 5 & 19 | February 2, 9, 23 | March 2 & 9 | April 6 & 13

The tuition for this class is \$275.00 + GST. Please log in to your Studio Director account and register today!

VOLUNTEERING REQUIREMENTS

With a growing school and various events throughout the year, we require the help of volunteers from our community. As outlined during registration, each family needs **6 hours per registered dancer** (to a maximum of 15 hours per family) to help out at Sopilka events and activities. As dancers get older, they can volunteer and help as well. We also welcome aunts, uncles and grandparents to assist.

There are many events that will require support this year (ie: fundraisers, zabava, recitals, etc.)

To assist, we will track volunteer hours and we hope to not have to assign volunteer roles to ensure fair and equitable distribution amongst all families. We request that each family please manage their volunteer time throughout the year.

When there is an event that requires a volunteer(s), we will put out the call for help along with a SignUp.com email. If there is a specific event you would like to help with or have any questions, please email Chantal at sopilkafundraising@gmail.com

Please note:

If a Class does not have a Rep for an activity, Sopilka will assign a Parent from that Class



SOPILKA WARDROBE VOLUNTEERS NEEDED

We are currently looking for volunteers with our wardrobe.

Kristina is looking for some extra hands with costumes.

Don't worry, No Sewing is Required!

It could simply be an extra set of hands to fit dancers before a performances or take simple measurements.

If this is something you find interesting, let us know!

This can be used toward your volunteer hours for the year!

Click Here!
to sign up

NEWSLETTER

ATTENTION
PLEASE!

DANCE FESTIVALS

EVERYTHING YOU NEED TO KNOW!

Sopilka participates in several dance festivals/competitions throughout the season. Whether your dancers is in Pershyi Krok or you are in our Krasya Adult Ensemble, you will participate in a festival.

Below, we ask that each family complete the participation polls for each festival that applies to your dancer. Polls deadline for PFE is October 15 and MUDF & CNUF is November 15.

MANITOBA UKRAINIAN DANCE FESTIVAL (MUDF)

This festival is held yearly in Winnipeg and is hosted by Troyanda Ukrainian Dance Ensemble. The festival will be held from March 14 – 16, 2025 and **all classes will be expected to perform.**

MUDF will be held at the Seven Oaks Performing Arts Centre, located at 711 Jefferson Avenue. The schedule for when each class will perform is released approximately 2 weeks prior to the festival and we will share that with families as soon as we receive it. Therefore, we ask that you save the dates in advance. If you know that your dancer will not be available to attend that weekend, you must inform us as soon as possible by email: sopilkawinnipeg@gmail.com.

The entry cost for the festival is \$12 per dancer, per dance and will be added to your Studio Director account for payment once it is determined the amount of dances for each class.

PAVLYCHENKO FOLKLORIQUE ENSEMBLE (PFE) DANCE SHOWCASE

This festival is held yearly in Saskatoon, Saskatchewan and is hosted by PFE. The festival runs April 23 – 27, 2025, however Sopilka will attend April 24 – 27, 2025. The entry cost for the festival is anticipated to be \$12 per dancer, per dance and will be added to your Studio Director account for payment once it is determined the amount of dances and festivals for each class.

The following will be travelling to attend: Druzi, Radist', Sr. Akademiya & Spadok.

A block of rooms have been set aside at the Best Western Blairmore. Each family is responsible to contact the hotel and book your room under the block for **Sopilka Ukrainian Dance School**. The deadline to book your room is March 23, 2025.

CANADA'S NATIONAL UKRAINIAN DANCE FESTIVAL (CNUF) DAUPHIN, MB

2025 marks the 60th Anniversary of CNUF. This festival runs August 1–3, 2025. While we do not have any confirmation of participation in the talent competition portion of the festival, we would like to poll our Druzi, Radist' and Spadok Ensemble families of their interest in participation. This would give us an idea of whether or not this is even possible to plan for.

PFE

CLICK HERE

October 15 deadline

MUDF

CLICK HERE

November 15 deadline

CNUF

CLICK HERE

November 15 deadline

NEWSLETTER

FUNDRAISING

Fundraising is a vital tool for Sopilka as a not-for-profit organization. While we have several fundraisers for families to participate in, they are optional. Fundraisers are not just about collecting money, it's about supporting an organization that fosters community, that focuses on Ukrainian culture through dance!

THIS YEAR OUR FUNDRAISERS ARE FOCUSED ON RAISING FUNDS FOR OUR COSTUMES



GREY CUP TICKETS



Sopilka is selling Grey Cup tickets to raise funds for our costume inventory.

As you know, Sopilka is the proud owner of an extensive costume wardrobe, allowing most students the opportunity to borrow a full costume provided by the school. With the exponential growth of our school, we are in need of additional costumes.

MORE TICKETS ARE AVAILABLE NOW!

Should you not be able to sell the tickets allotted to you, please return them ASAP!

Tickets are \$5 each, with great cash payouts for winners!

Questions? Please contact Chantal: sopilkafundraising@gmail.com or your class rep

CHRISTMAS FUNDRAISER

Do you purchase gift cards for:

Teachers, Staff, Vendors, Clients, Stocking Stuffers or Hard to buy for family members?

Look no further, gift gatherers! Sopilka is here to help with gift cards from all your favorite places—think grocery stores, delicious restaurants, and even travel adventures!

Grab these cards at their full value, and the best part?

We receive a share of the sales, and you won't have to spend an extra cent!



Order forms & Payment due:

November 15

Cards Delivered to Classes:

The week of December 9

Please submit one payment per family by cheque or e-transfer to sopilkatreasurer@gmail.com

FündScrip™



Buy Gift Cards to
Support Our Group



Wine Raffle

Please note that our wine raffle will now be held in the Spring. We are still accepting donations of a bottle of store-bought wine (value of \$15-\$20) or \$20 cash, which will be used to create the raffle prizes.

If you have any bottle boxes, we would gladly take those off your hands, as they are hard to get from the MLCC.

NEWSLETTER

SOPILKA



55th Anniversary

2026 Marks Our 55th Year
 Celebration Gala Planning is Underway!

CALLING ALL SOPILKA ALUMNAE!

Keep up to date with all the details!
 Email your name and year(s) you danced and
 any photos & memories to share to:

sopilkadance55@gmail.com

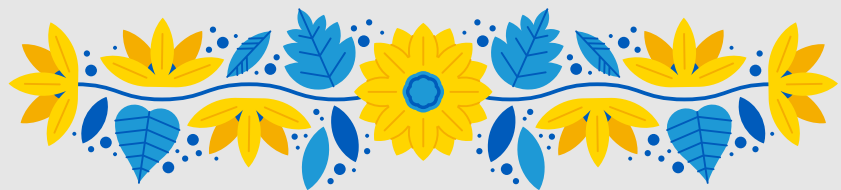
Please share with any Sopilka Alumnae!

Do You Love Sopilka?!

If you have a moment, we'd really appreciate it
 if you could leave us a Google review to let
 others know how much you love us.

Your feedback helps us keep doing what we do
 best and helps other folks find us too.

It's super easy!



Artistic Director:

Kristina Frykas
 204-996-4420

sopilkadirector@gmail.com

Board of Directors:

President

Venessa Schreyer
sopilkawinnipeg@gmail.com

Vice-President & Treasurer

Jayne Drul
sopilkatreasurer@gmail.com

Administrative Officer

Chantal Criggar
sopilkafundraising@gmail.com

651 Stafford Street, Unit 4
 Winnipeg, MB R3M 3Y7

SOPILKA GEAR

Thank you to those who purchased Sopilka Gear during our
 online sale. Orders will take approximately 6-8 weeks. Once
 orders are ready, you will be notified and your order will be at
 the Studio for pick up.

Should you have any questions, please contact Chantal at
sopilkafundraising@gmail.com

PARENT LIASON

Sopilka has created a new role this year and welcomes Lawrence
 Grzenda to this role! Lawrence can be contacted at:
sopilkapl@gmail.com

The primary role of the Sopilka Parent Liaison is to act as a mediator
 between dancers and the Artistic staff/Board and between parents and
 the Artistic staff/Board when issues arise that are unable to be resolved
 between dancer/family and Artistic staff/Board. The Parent Liaison is to
 act in the best interest of the dancers and the school as a whole. Part of
 their role is to communicate with the teaching staff/board any concerns
 or questions brought forth by dancers and/or parents.

The Parent Liaison is a communication contact to bring collective
 concerns to the teaching staff and the Board and in reverse to collect the
 opinions of the parents.

The Parent Liaison is a listener! They are available to Parents to hear their
 concerns and bring these forward to the Artistic Staff/Board accurately
 and in a calm, clear manner.

All information gathered and discuss with the Parent Liaison will be kept
 confidential.