

APRIL 2025

SOPILKA

UKRAINIAN DANCE SCHOOL

VOLUME 2
ISSUE 8

NEWSLETTER



IMPORTANT DATES:

MARCH 30-APRIL 5 - Spring Break (Closed)
APRIL 18-20 - Easter Weekend (Closed)
APRIL 21 - Easter Monday *Classes as Scheduled*
APRIL 23 - Deadline to hand in wine raffle money & stubs
APRIL 24-27 - PFE Festival Saskatoon, SK
APRIL 30 - Recital dress rehearsal (mandatory)- MBCI
MAY 3 - Picture Day for Spadok (& siblings) & All Akademiya classes
MAY 11 - Annual Recital - MBCI
END OF JUNE - 2025/2026 Registration open to current families

VOLUNTEER SIGN UP

There are NEW SPOTS open for Recital volunteer shifts. Please log in and sign up for a spot!
We need your help!

[RECITAL](#)



KRISTINA'S KORNER

Dear Sopilka Families,

Now that our festival experience has come to an end for many of our school's dancers, I would like to take this time to thank all of the teachers for their hard work and all the students' commitment to this process. I think that we looked fabulous as an organization and as with every year, I see progress and growth within our community.

Congratulations!

I have had a few questions from parents over the last few days and would like to take this time to share some thoughts with all of you.

Q: My child is keen on developing their skills in Ukrainian dance. What is the best way to do this?

A: As a school we offer Akademiya classes for all dancers registered in Sokoly, Leleky, Soloveyky, Kalyna, Druzi, Radist and Spadok. These classes take place all year and help to enhance your dancers skills as well as learn an additional piece of choreography with dancers within a range of levels.

Q: How can my child participate in solos, duet, trios or quartets?

See More on Next Page

NEWSLETTER

KRISTINA'S KORNER CONTINUED

A: Dancers in Druzi, Radist and Spadok were offered this opportunity this year. We are open to younger dancers participating in these next year, however, this is based on the teachers decision as not all dancers are suited for this experience. This requires additional rehearsal time and there is an added cost for choreography and studio rental.

Q: In what other ways can I help my child further develop their dance skills?

Right at your fingertips is Kazka Dance Collective where Kristina is the Owner and Founder. Classes in ballet, jazz, lyrical and hip hop are offered for children ranging in ages 3-18. If you choose to register for these classes, you will never encounter a scheduling challenges or conflicts with rehearsals or year end shows as Kristina plans this for both organizations. Community is at the forefront of classes at Kazka and a year end production is put on each year. We have done Little Red Ridinghood, The Little Mermaid and this year we will do The Nutcracker. Many dancers at Sopilka participate in these classes and love that they are able to share their love of dance with their friends 2.3 and 4 times a week with their dance buddies.

Q: My child has only ever taken Ukrainian dance. How will I know if they will enjoy other styles of dance?

A: Summer Camps are offered at Kazka Dance Collective (Sopilka dancers can take advantage of early bird prices if they register before March 31) where they are exposed to all styles of dance. This gives dancers a taste of what to expect if they were to register for a full year of classes.

Please feel free to reach out if you have any further questions about your child and their growth and development as a dancer.

Kristina Frykas

Artistic Director

PFE
FESTIVAL
SASKATOON, SK
APRIL 24-27, 2025

WE WOULD LIKE TO WISH

DRUZI ENSEMBLE

RADIST' ENSEMBLE

SPADOK ENSEMBLE

GREAT SUCCESS AS THEY TRAVEL TO
PFE FESTIVAL IN SASKATOON THIS MONTH!

NEWSLETTER

SPONSORSHIP OPPORTUNITIES

Dear Sopilka Families,

We are currently seeking sponsorships for our 55th Anniversary from both corporate entities and families. Our committee, chaired by Amanda Downie, is dedicated to this effort.

If you or someone you know is interested in the opportunity to become a sponsor, please share our digital Sponsorship Package below or contact us at Sopilka55@gmail.com. A member of our committee will be in touch promptly.

Thank you for your support!



We require many volunteers for this epic celebration and planning is well underway, with a confirmed venue and date for February 7, 2026.

Please visit this link to review some of the many volunteer opportunities available.....

CLICK HERE

Do you have an idea or suggestion of something special that we may consider for Sopilka's 55th Anniversary Year?

We welcome all ideas. Please email your suggestions to;
sopilkadance55@gmail.com

SOPILKA
UKRAINIAN DANCE SCHOOL
WINNIPEG, MANITOBA

55th Anniversary Gala

Save the Date!

SATURDAY | 7 | FEBRUARY 2026

GRAND BALLROOM CANAD INNS POLO PARK

Performances by Sopilka Dance Ensembles
with Special Guests

Dinner and Zabava
featuring music by SLOOHAI

Scan the QR code or email us to be added to our mailing list for event information!

SCAN ME

Are you a Sopilka Alumni?
Email us: sopilkadance55@gmail.com

WINE RAFFLE

Wine raffle booklets were handed out to each dancer last month by Class Reps, one to EACH DANCER to a maximum of three booklets.

We need to sell all 160 booklets in order to make our goal.
Class Reps have extra booklets, so please ask if you need another!
Tickets are only \$2 each, and there are only 25 tickets in each booklet.

**Please hand in your ticket stubs and money
to your class rep
no later than April 23, 2025**

***** WE NEED WINE DONATIONS *****

Sorry, no homemade brews allowed!

Please provide one bottle, per family. We're aiming for bottles to have a retail value of \$20.

Prefer to skip the bottle? No problem! Just e-transfer \$20 to sopilkatreasurer@gmail.com and let us know it's for the wine.

These fundraisers are VERY important to our school to pay for our costumes each year. This year, more than ever, with the large growth in our classes, we are having to expand and purchase more costumes. Each year, all our dancers benefit from the wide array we have available to outfit each class.

Please direct any questions to Chantal, sopilkafundraising@gmail.com

NEWSLETTER

Recital

MAY 11, 2025

Check out the sign-up options and keep your eyes peeled for more to volunteer, we will be adding more opportunities so check the link often!

Tickets go on sale April 15th at 9am!

Prices are as follows (plus fees):

ADULTS (13 AND UP): \$25.99

CHILDREN (3 TO 13): \$15.50

UNDER 3: FREE (lap only)

WATCH YOUR INBOX FOR THE TICKET LINK!

Our famous Bake Sale and Rose Sale are making a grand return at our Recital. Stay tuned for the scoop on how to support these fabulous travel fundraisers!

Sopilka PICTURE DAY

Sunday, May 4, 2025, beginning at 11am,

will be picture day for Spadok and Spadok siblings/family; as well as Jr. Akademiya, Boys Akademiya & Sr. Akademiya.

Photos will be held at Kazka.

EVERY dancer must have a form printed and completed to hand in on photo day. **EVERY** dancer is photographed. Sibling/Family photos will done during the eldest dancer's time slot.

Should you have any questions, please contact us sopilkawinnipeg@gmail.com

SCHEDULE

11:00 am - Boys Akademiya
 11:30 am - Junior Akademiya
 12:00 pm - Senior Akademiya
 12:30 pm - Spadok Ensemble
 (& Siblings of Spadok)

**ORDER
FORM**

**HOW IT
WORKS**

NEWSLETTER

VOLUNTEER OPPORTUNITIES

As the year progresses, we are asking all families to please sign up for volunteer opportunities. If you are unsure how many hours are remaining for your family, please email Chantal at sopilkafundraising@gmail.com.

Sign up for the year end recital is now open, see links on page 1.

If we note that you have not signed up for any volunteer shifts, we will be assigning spots to ensure we have all shifts filled.

Thank you for your support in ensuring these events are a great success!

2024/2025 SOPILKA FAMILY VOLUNTEER REQUIREMENTS

With a growing school and various events throughout the year, we require the help of volunteers from our community. As outlined during registration, each family needs **6 hours per registered dancer** (to a maximum of 15 hours per family) to help out at Sopilka events and activities. As dancers get older, they can volunteer and help as well. We also welcome aunts, uncles and grandparents to assist.

Artistic Director:

Kristina Frykas
204-996-4420

sopilkadirector@gmail.com

Board of Directors:

President

Venessa Schreyer
sopilkawinnipeg@gmail.com

Vice-President & Treasurer

Jayne Drul
sopilkatreasurer@gmail.com

Administrative Officer

Chantal Criggar
sopilkafundraising@gmail.com

651 Stafford Street, Unit 4
Winnipeg, MB R3M 3Y7

NEW SCHOOL CALENDAR

We have developed a new school calendar that is now available on our website. This calendar includes information on extra rehearsals for classes, solos, duets, quartets, performances, and so much more!

While we will continue to send emails regarding additional rehearsals, etc., the website link serves as a comprehensive resource for all activities at Sopilka, ensuring that you have easy access to the latest information.

SOPILKA HANDBOOK

With all the new and exciting things happening at Sopilka and the growth of the school, we have developed a School Handbook for students and parents. Please take a moment to review it's content, it includes items such as Code of Conduct to Volunteering!

[Link to Handbook](#)

PARENT LIASON

Sopilka has created a new role this year and welcomes Lawrence Grzenda to this role! Lawrence can be contacted at: sopilkapl@gmail.com

The Parent Liaison is a communication contact to bring collective concerns to the teaching staff and the Board and in reverse to collect the opinions of the parents.

All information gathered and discuss with the Parent Liaison will be kept confidential.