

# NEWSLETTER



## IMPORTANT DATES:

- DECEMBER 22** Christmas Break Begins  
**JANUARY 8** Classes Resume  
**FEBRUARY 10** Sopilka Annual Zabava!  
**FEBRUARY 18 & 19** Louis Riel - **No Classes**  
**FEBRUARY 23** Perogy/Chz/Kubi Orders Due  
**MARCH 8** Perogy/Chz/Kubi Orders Pick Up  
**MARCH 14-17** Tavria Dance Festival - Regina  
**MARCH 24 - 31** Spring Break **No Classes**  
**APRIL 1** Easter Monday **No Classes**  
**APRIL 5-7** Manitoba Ukrainian Dance Festival  
**APRIL 12-14** Brandon Troyanda Dance Festival  
**APRIL 27, 2024** Recital DRESS REHEARSAL - St. Mary's  
**APRIL 28, 2024** Annual Recital - St. Mary's Academy

## KRISTINA'S KORNER

Congratulations to Krasa Ensemble for representing the school so beautifully at the Dance Manitoba Showcase!

I still remind you that, as the cool weather begins to approach, please allow your dancer to get undressed (aside) from street shoes, in the studio so they don't get a chill before or after class.

*Kristina Frykas*  
 Artistic Director

## COLD WEATHER & SNOW "HOUSEKEEPING RULES"

The winter weather is upon us and with that comes a change in how we enter and exit the studio. Please take the time to familiarize yourself with the expectations and to communicate this information to your dancer.

- If at all possible, please just drop off and pick up. The teachers and Kristina are more than happy to help the little ones get dressed into their outdoor clothes. The less bodies in the lobby will make for a much easier transition between each class.
- Stomp as much snow off your boots **BEFORE** entering the lobby.
- Have your dancer put their boots in the cubbies provided as much as possible. If they are full, place them on the mats to the RIGHT of the outside door in order to keep as much muck away from the studio as possible.
- Bring all outdoor jackets **INTO** the studio. Getting undressed and dressed in the studio will again, eliminate some congestion in the lobby and keep the dancers from getting a chill
- Under no circumstances are outdoor shoes to go on the blue/green mat directly outside the studio door. The rocks and salt used outside can cause extensive damage to the studio floor.

**THANK YOU** in advance for following these simple rules. Much time and a great deal of effort go into keeping the studio clean for everyone to enjoy!

## NEWSLETTER



# 2024 ANNUAL ZABAVA

PLEASE READ INFORMATION - IMPORTANT INFORMATION

Our Annual Zabava will be held on **Saturday, February 10, 2024** at Petrus Hall - 2624 Inkster Blvd.

**Doors will open at 3:30 pm**  
**Dancers Performance at 4:30 pm**

We will be sending more information regarding Dancers Details closer to the event.

Enjoy a Ukrainian buffet dinner at 5:30 pm  
Indulge in a late lunch at 9:00 pm  
Dance the night away to live music - "By Request" playing from 7:00-11:30/12:00.  
Be prepared to enjoy a lively Kolomeyka starting at 8:30pm

### THIS EVENT INCLUDES ASSIGNED SEATING.

Ticket Prices are as follows (Dancers require tickets):  
Adult Ticket Price (11 yrs & up) \$50.00 + Eventbrite Fees  
Children Ticket Price 3 to 10 yrs Ticket Price \$25.00 + Eventbrite Fees  
Under 3 years-Free (No place setting available, sit on lap only)

Please note tickets are priced to cover our costs. When we open our doors for the Zabava, we are just breaking even. We look forward to and appreciate the community support through the purchase of cocktails, silent auction tickets and 50/50 tickets which make up a large part of our school fundraising. Please remember to bring cash to the event.

Tickets are required for entry, no exceptions. All guests will also be required to show ID and will receive a bracelet upon entry (for 18+).

### **We are also pre-sell liquor tickets:**

*Wine Tickets Pre-Sale:*

*WHITE Wine - Sea Sun Chardonnay - \$25/bottle*

*RED Wine - Both are Cabernet Sauvignon Lindeman's Gentleman's Collection OR Stave & Steel Bourbon Barrel - \$25/bottle*

*BLUSH Wine - Belleruche Cote-Du-Rhone - \$25/bottle*

*Bottles of wine at the event will be \$30 and options of wine at the event may be different.*

*Liquor Tickets Pre-Sale:*

*The following DRINK Ticket are also available for \$5 EACH:*

*Spirits (Rum, Rye Whiskey, Vodka)*

*Domestic Beer*

*Craft Beer-355 ml*

*Glass of Wine*

*Signature Drink- Sopilka Slammer (Limited Quantities)*

**CONTINUED ON NEXT PAGE**

## NEWSLETTER

### ZABAVA INFORMATION (CONTINUED)

**Raffle Tickets Pre-Sale:**

*\$50 PACKAGE= 8 GRAND PRIZE TICKETS & 6 REGULAR PRIZE SHEETS (\$80 VALUE)  
There will be other raffle ticket options available at the event.*

All Pre-Sale tickets are available online when you purchase your Zabava tickets.

We strongly encourage pre-purchasing tickets to avoid the very long line ups when you arrive!

All pre-purchased liquor and raffle tickets will be available at the event at the designated "Will Call" table.

This event sells out every year and since our school has grown again this year, **we will be limiting the first round of tickets to 4 tickets/family**, including your dancer(s), so that each family has an opportunity to attend.

After we have allowed for each family to access tickets, we will then open up a second round of tickets for all remaining seats available and these will be sold on a first come first serve basis.

**1st round of tickets go on sale December 1, 2023** and we will send the link out to the entire school on the morning of December 1st, so **please check your email**.

**Please note, if you do not buy tickets during the first round, we can not guarantee ticket availability once we open up the 2nd round of tickets. Please be mindful of the dates for ticket sales.**

We will not be able to accommodate late ticket requests under any circumstances.

**2nd round of tickets will open December 15, 2023** until January 19, 2024 at which point ticket sales will be closed.

We ask you to please socialize the information in this with guests that you may invite to the Zabava.

We welcome any prize or cash donations to support our Silent Auction. With the size of this event, we require a great deal of assistance from our community, each class will receive more information about volunteering.

We look forward to another fantastic Zabava honouring our culture and celebrating our wonderful Sopilka community!

Should you have any questions, please email  
[sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com)

## NEWSLETTER

# FUNDRAISING

## SOPILKA SCRUNCHIES!

Blush  
SILKS



In time for holiday gift giving  
(and a little self-indulgence!)

Sopilka has teamed up with Blush Silks to create a custom logo'd Sopilka hair scrunchie! We will be selling a set of a Custom Silk Sopilka Scrunchie along with a Blush silk mini for only \$20.

**ORDER YOURS NOW** on your Studio Director



### Write a Google Review for Sopilka!

Spread the word how amazing Sopilka Ukrainian Dance School is! Leave us a review on Google!!

### SHOE BIN

***"Need a Pair, Take a Pair,  
Have a Pair, Leave a Pair"***

As many of you know, we have a bin of shoes that have been previously loved!

Little feet grow quickly, so if your dancer needs a bigger pair, just ask to look through the bin and see if there is something that works. If there is, wonderful! Feel free to leave the old ones!

*As a not-for-profit organization, Sopilka relies on our fundraising efforts throughout the dance year in order to keep our classes running, having beautifully designed costumes, handmade, for us and the ability to use our amazing professional space at Kazka!*

*We truly appreciate all those that partake in the additional fundraisers! Thank you!*

### Please sign up to be a Class Rep!

We still require **Class Reps** for the following classes:  
Kvitky, Radist

Class Rep role includes: Assembling the class prize basket for the Zabava; Recital Volunteer for younger classes; Assisting with class communications (on an as needed basis) & Supporting possible student and/or parent get together at start of the dance year to welcome new families.

Please email: [sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com) if you can assist.

Unfortunately, if a class is missing a Class Rep, this may result in that class missing out on attendance and/or participation at an event.

We thank you in advance for stepping up to help your dancer's class out.

# NEWSLETTER

## KOZAK TRAINING WORKSHOPS

Sopilka is pleased to offer our **Kozak Training Workshops** to male dancers of Sopilka in Kalyna to Adult!

These workshops are led by Sopilka Instructor Eric Schimnowski. Our workshops to date have been highly popular and the dancers were treated to guest instructors such as, Vincent Rees, Mikhas Chabluk and Makar Storoschuk!

The date for the last workshop is Sunday, December 17 and runs from 6pm-7:15pm. If your dancer would like to join the remaining workshop, it is **only \$25** (plus taxes & fees) and you must register through your Studio Director account.

Should you have any questions, please feel free to reach out to us by email:

[sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com)



## UKRAINIAN DANCE FESTIVALS

Each year, Sopilka participates in Ukrainian Festivals ("*competitions*") in Manitoba and some ensembles travel out of Province. Sopilka has taken home many accolades over the years, such as school with overall highest marks, Hopak Trophy and our instructors have also received many awards for choreography. We are so lucky to have such talented instructors in our school!

This year, we will be participating in the following Dance Festivals:

### **Tavria Ukrainian Dance Festival** **Regina, SK**

Druzi, Radist', Dusha & Krasa Ensembles

### **Brandon Troyanda Dance Festival** **Brandon, MB**

Dusha & Krasa Ensembles

### **Manitoba Ukrainian Dance Festival** **Winnipeg**

Pershyy Krok to Adult Ensemble

We have started registration for all the above festivals and more information, such as hotel information and invoices will be coming in in January 2024.

Should you have any questions, please send us an email:

[sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com)

# NEWSLETTER

## Out of Office

Please note that Sopilka Administration, which includes our Board of Directors, Venessa, Jayne & Chantal, along with Artistic Director, Kristina, will be on holidays during the Christmas break.

As such, emails will **not** be regularly monitored from December 22, 2023 – January 6, 2024



ХРИСТОС  
РОЖДАЄТЬСЯ!  
СЛАВІМО ЙОГО!

### Christmas in Ukraine

Traditionally, Christmas in Ukraine starts on January 6 (Christmas Eve in the Julian calendar). It lasts until the Feast of Epiphany on January 19. At the same time, more and more Ukrainians celebrate Christmas according to the Gregorian calendar on December 25: in 2022, 44% supported the change. Since 2017, both December 25 and January 7 are the official state holidays.

Mid-December is when the Christmas atmosphere begins to fill Ukrainian cities, with all Christmas markets and festivals, decorations and magic lights.

#### Christmas Eve

Christmas Eve (Holy Eve) is marked by traditional family gatherings in the evening in Ukraine – the so-called Sviata Vecheria ('Holy Dinner').

#### Artistic Director:

Kristina Frykas  
204-996-4420

[sopilkadirector@gmail.com](mailto:sopilkadirector@gmail.com)

#### President:

Venessa Schreyer

[sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com)

#### Vice-President & Treasurer:

Jayne Drul

[sopilkatreasurer@gmail.com](mailto:sopilkatreasurer@gmail.com)

#### Administrative Officer:

Chantal Criggar

[sopilkafundraising@gmail.com](mailto:sopilkafundraising@gmail.com)

651 Stafford Street, Unit 4  
Winnipeg, MB R3M 3Y7

The festivities start with the appearance of the first star, though all preparations traditionally start from the very dawn.

The table should be served with 12 dishes, which symbolize the twelve apostles. The main dish of the evening is Kutia (boiled wheat mixed with poppy seeds and honey).

#### Ukrainian Christmas Greeting

"Christ is Born!" and "Let us Praise Him!" are the traditional Christmas greeting. To wish each other nice winter holidays, Ukrainians also say "Happy New Year and Christmas!", "Happy upcoming holidays!" or simply "Happy holidays!".

#### Ukrainian Christmas Songs

You may think you don't know any Ukrainian Christmas songs. This could be true if you somehow aren't familiar with the world's most famous Christmas melody – 'Carol of the Bells'. Yes – it is, in fact, originally a Ukrainian carol called Shchedryk (composed by Mykola Leontovych at the beginning of the XX century, based on the ancient Ukrainian folk songs).

[Listen Here!](#)

