

NEWSLETTER



2022 DANCE RECITAL LINK

For anybody that missed it, please see links below from our 2022 End of Year Recital.

To our new families that joined us this year, feel free to take a peek!

Recital Part 1

<https://vimeo.com/870441487/2a294cc552?share=copy>.

Recital Part 2

<https://vimeo.com/870449605/5561bb8eff?share=copy>.

IMPORTANT DATES:

NOVEMBER 5 Daylight Savings "Fall Back"

DECEMBER 22 Christmas Break Begins

JANUARY 6 Classes Resume

FEBRUARY 10 Sopilka Annual Zabava!

FEBRUARY 18 & 19 Louis Riel - **No Classes**

FEBRUARY 23 Perogy/Chz/Kubi Orders Due

MARCH 8 Perogy/Chz/Kubi Orders Pick Up

MARCH 14-17 Tavia Dance Festival - Regina

MARCH 24 - 31 Spring Break **No Classes**

APRIL 1 Easter Monday **No Classes**

APRIL 5-7 Manitoba Ukrainian Dance Festival

APRIL 12-14 Brandon Troyanda Dance Festival

MAY 2024 Recital DRESS REHEARSAL - St. Mary's

MAY 2024 Annual Recital - St. Mary's Academy

KRISTINA'S KORNER

Congratulations to Radist', Dusha and Krasa Ensembles for representing the school so beautifully at Sloohai's Anniversary celebration!

As the cool weather begins to approach, please allow your dancer to get undressed (aside) from street shoes, in the studio so they don't get a chill before or after class.

Kristina Frykas
Artistic Director

COLD WEATHER & SNOW "HOUSEKEEPING RULES"

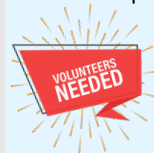
The winter weather is upon us and with that comes a change in how we enter and exit the studio. Please take the time to familiarize yourself with the expectations and to communicate this information to your dancer.

- If at all possible, please just drop off and pick up. The teachers and Kristina are more than happy to help the little ones get dressed into their outdoor clothes. The less bodies in the lobby will make for a much easier transition between each class.
- Stomp as much snow off your boots **BEFORE** entering the lobby.
- Have your dancer put their boots in the cubbies provided as much as possible. If they are full, place them on the mats to the RIGHT of the outside door in order to keep as much muck away from the studio as possible.
- Bring all outdoor jackets **INTO** the studio. Getting undressed and dressed in the studio will again, eliminate some congestion in the lobby and keep the dancers from getting a chill
- Under no circumstances are outdoor shoes to go on the blue/green mat directly outside the studio door. The rocks and salt used outside can cause extensive damage to the studio floor.

THANK YOU in advance for following these simple rules. Much time and a great deal of effort go into keeping the studio clean for everyone to enjoy!

CAN YOU HELP?

Sopilka relies on families volunteering time to help make our school run!



Please see our "Calling All Volunteers" section to see how you can help out!

NEWSLETTER

UKRAINIAN DANCE FESTIVALS

Each year, Sopilka participates in Ukrainian Festivals (“competitions”) in Manitoba and some ensembles travel out of Province.

Sopilka has taken home many accolades over the years, such as school with overall highest marks, Hopak Trophy and our instructors have also received many awards for choreography. We are so lucky to have such talented instructors in our school!

This year, we will be participating in the following Dance Festivals:

Tavria Ukrainian Dance Festival – Regina, SK

Druzi, Radist’, Dusha & Krasa Ensembles

Brandon Troyanda Dance Festival – Brandon, MB

Dusha & Krasa Ensembles

Manitoba Ukrainian Dance Festival – Winnipeg

Pershyy Krok to Adult Ensemble

We are now asking for commitment from the above dancers for the Tavria & Brandon Festivals. Please take a moment and complete the forms applicable to your dancer(s). These forms must be completed by December 1, 2023 as we anticipate registration for these festivals will open shortly. Please note that if you commit to the festival, we will be invoicing each dancer for the amount of dances they will be performing, (including solos, duets, trios and quartets, when applicable), usually \$12-\$15 PER DANCE.

**TAVRIA FESTIVAL
FORM**



**BRANDON FESTIVAL
FORM**



Should you have any questions, please send us an email: sopilkawinnipeg@gmail.com



NEWSLETTER

2024 ANNUAL ZABAVA

Planning is underway for our 2024 Zabava, mark your calendars- **Saturday, February 10, 2024.**

This is a fun community event, which includes a showcase performance by our dancers, a traditional Ukrainian meal and live polka band, "By Request"!

We anticipate that tickets will be on sale November 15th. Please watch your email for information about purchasing tickets!

Our tickets for this event are priced to cover our costs of the event and we make every effort to keep ticket prices as low as possible.

Beat the line ups at the Zabava and pre-purchase drink tickets online for wine, beer, spirits and don't forget our signature cocktail the "Sopilka Slammer", available this year as a mocktail too.

We will be organizing a silent auction and welcome all prize donations. Please utilize our donation letter ([link here](#)) requesting prizes for the Zabava if you or someone you know owns a business.

Ticket sales at the event for silent auction, alcoholic beverages and 50/50 contribute a large part to our fundraising requirements for the school operations.

We sell out every year, welcoming over 550 people to our event and **we greatly rely on volunteers** to assist in running the event. [Please sign up here.](#)

CALLING ALL VOLUNTEERS!**Please sign up to be a Class Rep!**

We still require **Class Reps** for the following classes:
Soloveyky, Kvitky, Radist

Class Rep role includes: Assembling the class prize basket for the Zabava; Recital Volunteer for younger classes; Assisting with class communications (on an as needed basis) & Supporting possible student and/or parent get together at start of the dance year to welcome new families. Please email: sopilkawinnipeg@gmail.com if you can assist.

Unfortunately, if a class is missing a Class Rep, this may result in that class missing out on attendance and/or participation at an event.

We thank you in advance for stepping up to help your dancer's class out.

NEWSLETTER

FUNDRAISING

BLUSH SCRUNCHIES!



In time for holiday gift giving
(and a little self-indulgence!)

Sopilka has teamed up with Blush Silks to create a custom logo'd Sopilka hair scrunchie! We will be selling a set of a Custom Silk Sopilka Scrunchie along with a Blush silk mini for only \$20. Once in stock – they will be available for purchase from the Studio Director website.

Sopilka Gear

Clothing orders are in production! We anticipate the items to arrive this month! Once they arrive, they will be available to pick up at the studio.



Write a Google Review for Sopilka!

Spread the word how amazing Sopilka Ukrainian Dance School is! Leave us a review on Google!!

SHOE BIN

**“Need a Pair, Take a Pair,
Have a Pair, Leave a Pair”**

As many of you know, we have a bin of shoes that have been previously loved!

Little feet grow quickly, so if your dancer needs a bigger pair, just ask to look through the bin and see if there is something that works. If there is, wonderful! Feel free to leave the old ones!

As a not-for-profit organization, Sopilka relies on our fundraising efforts throughout the dance year in order to keep our classes running, having beautifully designed costumes, handmade, for us and the ability to use our amazing professional space at Kazka!

We truly appreciate all those that partake in the additional fundraisers! Thank you!

Wine Raffle

Draw was held 5:00 pm Wednesday, October 18th. Over \$6700 was raised with the community effort!

Thank you for making this the most successful wine raffle to date!



Live draw is posted on Sopilka's Instagram page.

NEWSLETTER



KOZAK TRAINING WORKSHOPS



Sopilka is pleased to offer our **Kozak Training Workshops** to male dancers of Sopilka in Kalyna to Adult!

These workshops are led by Sopilka Instructor Eric Schimnowski. Our workshops in September and October were highly popular and the dancers were treated in September with guest instructor, Vincent Rees & in October with guest instructor, Mikhas Chabluk !

The dates for the next workshops are; November 19 and Sunday, December 17 and run from 6pm-7:15pm. If your dancer would like to join any, or all of the remaining workshops, they are **only \$25/workshop** (plus taxes & fees) and you must register through your Studio Director account.

Beginning in January, Sopilka is also pleased to offer an **eight class "Kozak Training Series"** for male dancers in Kalyna to Adult. These classes will run twice per month on the following Sundays: January 14 & 28, February 11 & 25, March 10 & 24 and April 7 & 21 and will be held from 6pm-7:15pm. The cost for the entire **8-week session is only \$200** (plus taxes & fees). During these classes, led by our Eric Schimnowski, a multi-age dance will be learnt and performed at our year end recital. We aim to have some surprise guest instructors attend classes and teach the dancers some new new tricks! We hope that your dancers will be able to join in on this amazing opportunity! Please register through your Studio Director account.

Should you have any questions, please feel free to reach out to us by email: sopilkawinnipeg@gmail.com

BUSINESS DIRECTORY

Do you own a business, provide a public service or sell any type of product or merchandise to the general public?

As a member of the Sopilka Dance School, we would like to be able to support our community members. Please complete the following form so we can include you in our Sopilka Community Business Directory.

[CLICK HERE](#)

NEWSLETTER

CROATIA TOUR FUNDRAISERS

We have an amazing group that will be touring Croatia, while representing Sopilka and our Ukrainian culture through dance from Zagreb to Dubrovnik, July 17-27, 2024!

Dancers have begun fundraising to help offset their costs.

One of their fundraisers, now available is Bear Tracks Ice Melter.

****Fast Acting, Long Lasting, Safe on Concrete and Vegetation & Pet Friendly!****

ONLY \$30 for a 16kg pail

If you would like to place an order & support our dancers, email sopilkawinnipeg@gmail.com



Watch your mailbox for an upcoming fundraiser just in time for the Holiday Season!

Dancers travelling to Croatia will be selling **Purdy's** chocolate bars, as well as hosting an online sale, offering a variety of options for you to choose from.

Great ideas for business thank you gifts, teacher Christmas gifts & more!

Purdy's Chocolates is a Canadian company creating memorable and tasty treats to delight your family and friends.



MANITOBA THEATRE CENTRE OFFER TO SOPILKA

Manitoba Theatre Centre is proud to present **"First Métis Man of Odesa"** by Matthew MacKenzie and Mariya Khomutova.

This play is a retelling of a real-life story about an international love affair between Masha (Ukrainian) and Matt (Métis) and the inevitable hardships that come with navigating relationships. This is a love that transcends continents, pandemics, life-changing emojis and war.

The production takes place at the Manitoba Theatre Centre Warehouse Theatre at 140 Rupert Avenue. It is on stage Nov 1 – 18, 2024. There is 10% promotional discount code. The discount can be accessed by using the code: LOVEAFFAIR or this link:

<https://tickets.royalmtc.ca/overview/31853?promo=loveaffair>



Artistic Director:

Kristina Frykas
204-996-4420

sopilkadirector@gmail.com

President:

Venessa Schreyer

sopilkawinnipeg@gmail.com

Vice-President & Treasurer:

Jayne Drul

sopilkatreasurer@gmail.com

Administrative Officer:

Chantal Criggar

sopilkafundraising@gmail.com

**651 Stafford Street, Unit 4
Winnipeg, MB R3M 3Y7**