

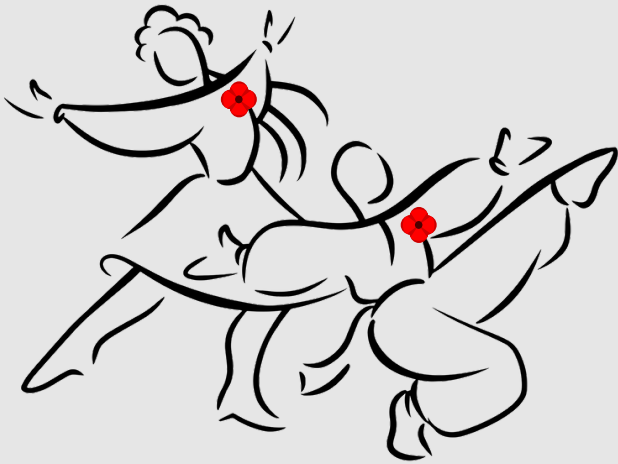
NOVEMBER 2024

# SOPILKA

UKRAINIAN DANCE SCHOOL

VOLUME 2  
ISSUE 3

## NEWSLETTER



### IMPORTANT DATES:

**NOVEMBER 10** - Grey Cup Raffle Tickets ([see below](#)).

**NOVEMBER 15** - Gift Card Fundraisers Order Forms **DUE**

**NOVEMBER 15** - Polls for Festivals to be Completed

**DECEMBER 22-JANUARY 4** - Christmas Holidays (Closed)

**JANUARY 5** - First Day of Class After Christmas Break

**FEBRUARY 8** - Annual Sopilka Zabava!

**FEBRUARY 14-17** - Louis Riel Long Weekend (Closed)

**MARCH 14-16** - MB Ukrainian Dance Festival (Wpg)

**MARCH 30-APRIL 5** - Spring Break (Closed)

**APRIL 18-20** - Easter Weekend (Closed)

**APRIL 21** - Easter Monday \*Classes as Scheduled\*

**APRIL 24-27** - PFE Festival Saskatoon, SK

**MAY 11** - Annual Recital - MBCI

*annual*  
**ZABAVA**

**Important**  
Information about  
the Zabava below!

Do you want to attend a PAC meeting to see what goes on?  
We are having an open meeting on November 21, 2024.

**Please RSVP to attend!** We'd love to have you there!

[Link to RSVP](#)

### KRISTINA'S KORNER

Every class I am so happy to see the dedication and progress of the dancers. This is truly shaping up to be an excellent year.

With flu season upon us, please continue to keep your dancers home when they are sick. A quick email or text to let me know is always appreciated.

Happy November!

*Kristina Frykas*  
Artistic Director

Reminder:

As the weather gets cooler please only leave shoes in the lobby IN THE CUBBIES and bring jackets and outdoor clothes into the studio.

**No dirty street shoes should go on the blue mat outside the studio door.**

### Absences from Class

This is a reminder that if your dancer will be missing class due to illness or other reasons,

you must email or text Kristina to advise of this:

[sopilkadirector@gmail.com](mailto:sopilkadirector@gmail.com)

204-996-4420

**NEW**

### SOPILKA HANDBOOK

With all the new and exciting things happening at Sopilka and the growth of the school, we have developed a School Handbook for students and parents. Please take a moment to review it's content, it includes items such as Code of Conduct to Volunteering!

[Link to Handbook](#)

### Dress Code for Classes

Please visit our website for all the information on what your dancer is required to wear for class.

[Link to Dress Code](#)

## NEWSLETTER

# SOPILKA FUNDRAISERS

## CHRISTMAS FUNDRAISER

**Do you purchase gift cards for:**

**Teachers, Staff, Vendors, Clients, Stocking Stuffers or Hard to buy for family members?**

**Look no further, gift gatherers! Sopilka is here to help with gift cards from all your favorite places—think grocery stores, delicious restaurants, and even travel adventures!**

**Grab these cards at their full value, and the best part?**

**We receive a share of the sales, and you won't have to spend an extra cent!**



**Order forms & Payment due:  
November 15**

**Cards Delivered to  
Classes:**

The week of December 9



**THESE STORES & MORE!!**

- SUPERSTORE
- SOBEYS/SAFEWAY
- SHELL
- SEPHORA
- STARBUCKS
- CHAPTERS/IDIGO
- CANADIAN TIRE
- AMERICAN EAGLE
- BOSTON PIZZA
- TIM HORTONS

**THOSE TRAVELLING TO PFE: THERE ARE BEST WESTERN GIFT CARDS!**

*Please submit one payment per family by cheque or e-transfer to [sopilkatreasurer@gmail.com](mailto:sopilkatreasurer@gmail.com)*



## GREY CUP RAFFLE

**IF YOU CAN SELL MORE TICKETS, WE HAVE THEM!**

**Please remember to turn in your stubs and money by November 10!**

**\*\*If you have tickets that are unsold, and you don't think you will be able to sell them please return them by NOVEMBER 6\*\***

Questions? Please contact Chantal: [sopilkafundraising@gmail.com](mailto:sopilkafundraising@gmail.com)

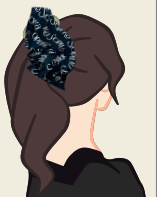


## SOPILKA SCRUNCHIES

**LOOKING FOR SOME SOPILKA GEAR FOR YOUR DANCER'S HAIR? WE HAVE  
SOPILKA "BLUSH SILKS" SCRUNCHIES IN STOCK!**

**PERFECT FOR STOCKING STUFFERS!**

Please contact Chantal: [sopilkafundraising@gmail.com](mailto:sopilkafundraising@gmail.com)



# NEWSLETTER



# annual ZABAVA

\* \* ALL CLASSES WILL PERFORM \* \*

**Get ready to party because our Annual Sopilka Zabava is just around the corner!**

**Date: Saturday, February 8, 2025**

This year, we're back at the fabulous Petrus Hall! The night kicks off with dazzling performances from our Sopilka Dancers, followed by a buffet dinner and toe-tapping live tunes from the "High Profile" band.

This event is always a smash hit and always sells out!

Keep your eyes on your email with the link to **purchase tickets on December 9.**

There WILL NOT be a limit on the amount of tickets purchase.

**SO PLEASE PURCHASE YOUR TICKETS AS SOON AS THEY ARE RELEASED!**

TICKETS PRICES: ADULTS (13+) \$55 CHILDREN (3-12) \$25  
CHILDREN UNDER 3 FREE (ON LAP)

## VOLUNTEERING REQUIREMENTS

With a growing school and various events throughout the year, we require the help of volunteers from our community. As outlined during registration, each family needs **6 hours per registered dancer** (to a maximum of 15 hours per family) to help out at Sopilka events and activities. As dancers get older, they can volunteer and help as well. We also welcome aunts, uncles and grandparents to assist.

**There are many events that will require support this year (ie: fundraisers, zabava, recitals, etc.)**

To assist, we will track volunteer hours and we hope to not have to assign volunteer roles to ensure fair and equitable distribution amongst all families. We request that each family please manage their volunteer time throughout the year.

When there is an event that requires a volunteer(s), we will put out the call for help along with a SignUp.com email. If there is a specific event you would like to help with or have any questions, please email Chantal at [sopilkafundraising@gmail.com](mailto:sopilkafundraising@gmail.com)

### Please note:

If a Class does not have a Rep for an activity, Sopilka will assign a Parent from that Class

## NEWSLETTER



# DANCE FESTIVALS

EVERYTHING YOU NEED TO KNOW!



Sopilka participates in several dance festivals/competitions throughout the season. Whether your dancers are in Pershyi Krok or you are in our Krasa Adult Ensemble, you will participate in a festival.

### MANITOBA UKRAINIAN DANCE FESTIVAL (MUDF)

This festival is held yearly in Winnipeg and is hosted by Troyanda Ukrainian Dance Ensemble. The festival will be held from March 14 - 16, 2025 and **all classes will be expected to perform.**

MUDF will be held at the Seven Oaks Performing Arts Centre, located at 711 Jefferson Avenue. The schedule for when each class will perform is released approximately 2 weeks prior to the festival and we will share that with families as soon as we receive it. Therefore, we ask that you save the dates in advance. If you know that your dancer will not be available to attend that weekend, you must inform us as soon as possible by email: [sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com).

The entry cost for the festival is \$12 per dancer, per dance and will be added to your Studio Director account for payment once it is determined the amount of dances for each class.

### PAVLYCHENKO FOLKLORIQUE ENSEMBLE (PFE) DANCE SHOWCASE

This festival is held yearly in Saskatoon, Saskatchewan and is hosted by PFE. The festival runs April 23 - 27, 2025, however Sopilka will attend April 24 - 27, 2025. The entry cost for the festival is anticipated to be \$12 per dancer, per dance and will be added to your Studio Director account for payment once it is determined the amount of dances and festivals for each class.

**The following will be travelling to attend: Druzi, Radist', Sr. Akademiya & Spadok.**

A block of rooms have been set aside at the Best Western Blairmore. Each family is responsible to contact the hotel and book your room under the block for **Sopilka Ukrainian Dance School**. The deadline to book your room is March 23, 2025.

### CANADA'S NATIONAL UKRAINIAN DANCE FESTIVAL (CNUF) DAUPHIN, MB

2025 marks the 60th Anniversary of CNUF. This festival runs August 1-3, 2025. While we do not have any confirmation of participation in the talent competition portion of the festival, we would like to poll our Druzi, Radist' and Spadok Ensemble families of their interest in participation. This would give us an idea of whether or not this is even possible to plan for.

**MUDF**  
CLICK HERE

November 15 deadline

**CNUF**  
CLICK HERE

November 15 deadline



# NEWSLETTER

DETAILS  
COMING  
SOON!

## SOPILKA 55th Anniversary

DETAILS  
COMING  
SOON!

**2026 Marks Our 55th Year  
Celebration Gala Planning is Underway!**

**CALLING ALL SOPILKA ALUMNAE!**

Keep up to date with all the details!  
Email your name and year(s) you danced and  
any photos & memories to share to:

**sopilkadance55@gmail.com**

***Please share with any Sopilka Alumnae!***

### **Artistic Director:**

Kristina Frykas

204-996-4420

[sopilkadirector@gmail.com](mailto:sopilkadirector@gmail.com)

### **Board of Directors:**

#### **President**

Venessa Schreyer

[sopilkawinnipeg@gmail.com](mailto:sopilkawinnipeg@gmail.com)

#### **Vice-President & Treasurer**

Jayne Drul

[sopilkatreasurer@gmail.com](mailto:sopilkatreasurer@gmail.com)

#### **Administrative Officer**

Chantal Criggar

[sopilkafundraising@gmail.com](mailto:sopilkafundraising@gmail.com)

651 Stafford Street, Unit 4

Winnipeg, MB R3M 3Y7



**Do You Love  
Sopilka?!**

If you have a moment, we'd really appreciate it if you could leave us a Google review to let others know how great Sopilka is!

Your feedback helps us keep doing what we do best and helps other folks find us too. It's super easy!

### **PARENT LIASON**

Sopilka has created a new role this year and welcomes Lawrence Grzenda to this role! Lawrence can be contacted at: [sopilkapl@gmail.com](mailto:sopilkapl@gmail.com)

The primary role of the Sopilka Parent Liaison is to act as a mediator between dancers and the Artistic staff/Board and between parents and the Artistic staff/Board when issues arise that are unable to be resolved between dancer/family and Artistic staff/Board. The Parent Liaison is to act in the best interest of the dancers and the school as a whole. Part of their role is to communicate with the teaching staff/board any concerns or questions brought forth by dancers and/or parents.

The Parent Liaison is a communication contact to bring collective concerns to the teaching staff and the Board and in reverse to collect the opinions of the parents.

The Parent Liaison is a listener! They are available to Parents to hear their concerns and bring these forward to the Artistic Staff/Board accurately and in a calm, clear manner.

All information gathered and discuss with the Parent Liaison will be kept confidential.