

DECEMBER 2024

SOPILKA

UKRAINIAN DANCE SCHOOL

VOLUME 2
ISSUE 4

NEWSLETTER



IMPORTANT DATES:

DECEMBER 9 - Tickets on sale for Zabava 2025!
DECEMBER 22-JANUARY 4 - Christmas Holidays (Closed)
JANUARY 5 - First Day of Class After Christmas Break
FEBRUARY 8 - Annual Sopilka Zabava!
FEBRUARY 14-17 - Louis Riel Long Weekend (Closed)
FEBRUARY 23 - Photo Day @ 2pm Holy Family Church
(all classes except Spadok)
MARCH 14-16 - MB Ukrainian Dance Festival (Wpg)
MARCH 23 - Photo Day for Spadok Only @ Kazka
MARCH 30-APRIL 5 - Spring Break (Closed)
APRIL 18-20 - Easter Weekend (Closed)
APRIL 21 - Easter Monday *Classes as Scheduled*
APRIL 24-27 - PFE Festival Saskatoon, SK
MAY 11 - Annual Recital - MBCI

annual
ZABAVA

Important
Information about
the Zabava below!

Dress Code for Classes

Please visit our website for all the information on what your dancer is required to wear for class.

[Link to Dress Code](#)

KRISTINA'S KORNER

Dear Sopilka Families,

Winter has arrived and with that comes "WINTER LOBBY RULES". Please make an effort to follow the few simple rules listed so that we can keep the studio clean and warm!

- Stomp your boots off BEFORE you enter. Try your best Bukovynian stamping combination!
- Take boots off immediately and place them in the cubbies or the FAR right mats if the cubbies are full
- ABSOLUTELY NOT OUTDOOR SHOES ON THE BLUE MAT DIRECTLY OUTSIDE THE STUDIO. If you would like to watch at the door, simply take your boots off.
- All outdoor clothing is to be taken off INSIDE the studio. This is to keep the dancers warm and eliminate the congestion in the lobby
- As much as possible, please DROP AND GO. Trust the teachers to get your dancers ready for class and dressed after. We will not let them leave unless we see you. The most muck is generated by parents waiting in the lobby.
- Parents of dancers in Pershyy Krok and Sonechky are not expected to leave but are welcome to. Your children are cared for and in constant supervision.
- Please do not use the button to open the door. The door stays open for too long and causes quite a draft.

Please take the time to communicate this information with your dancer, especially those that are old enough to come in on their own.

While I know it's tempting to sneak a peek of what we are doing (Ukrainian dance is the best!), the Zabava is right around the corner and you will have an opportunity to see them dance then.

Thank you for your cooperation! It takes a village!

Kristina Frykas
Artistic Director



* * ALL CLASSES WILL PERFORM * *

Get ready to party because our Annual Sopilka Zabava is just around the corner!

Date: Saturday, February 8, 2025 (*Doors Open 4:30pm*)

This year, we're back at the fabulous Petrus Hall! The night kicks off with dazzling performances from our Sopilka Dancers, followed by a buffet dinner and toe-tapping live tunes from the "High Profile" band.

This event is always a smash hit and always sells out!

Keep your eyes on your email with the link to purchase tickets on December 9.

There WILL NOT be a limit on the amount of tickets can purchase.

PLEASE PURCHASE YOUR TICKETS AS SOON AS THEY ARE RELEASED!

EARLY BIRD TICKETS PRICES: ADULTS (13+) \$55 CHILDREN (3-12) \$25
CHILDREN UNDER 3 FREE (ON LAP)

****TICKET PRICES INCREASE DECEMBER 31 @ 11:30PM****
TICKET PRICES AFTER THE EARLY BIRD SALES WILL
INCREASE BY \$10 PER TICKET

PLEASE ENSURE THAT YOU PURCHASE YOUR LIQUOR
AND RAFFLE TICKETS IN ADVANCE TO AVOID LENGTHY
WAIT TIMES IN LINE, AT THE ZABAVA!

NEWSLETTER

VOLUNTEER OPPORTUNITIES

As the year progresses, we are asking all families to please sign up for volunteer opportunities.

Please watch your inbox for volunteer requests for our Annual Zabava- February 8, 2025 and End of Year Recital- May 11, 2025.

If we note that you have not signed up for any volunteer shifts, we will be assigning spots to ensure we have all shifts filled.

Thank you for your support in ensuring these events are a great success!

2024/2024 SOPILKA FAMILY VOLUNTEER REQUIREMENTS

With a growing school and various events throughout the year, we require the help of volunteers from our community. As outlined during registration, each family needs **6 hours per registered dancer** (to a maximum of 15 hours per family) to help out at Sopilka events and activities. As dancers get older, they can volunteer and help as well. We also welcome aunts, uncles and grandparents to assist.

There are many events that will require support this year (ie: fundraisers, zabava, recitals, etc.)

To assist, we will track volunteer hours and we hope to not have to assign volunteer roles to ensure fair and equitable distribution amongst all families. We request that each family please manage their volunteer time throughout the year.

When there is an event that requires a volunteer(s), we will put out the call for help along with a SignUp.com email. If there is a specific event you would like to help with or have any questions, please email Chantal at sopilkafundraising@gmail.com

SOPILKA FUNDRAISERS

CHRISTMAS GIFT CARD FUNDRAISER

THANK YOU TO ALL WHO PARTICIPATED IN THIS FUNDRAISER!

Cards will be distributed by the first week of December.

SOPILKA
SCRUNCHIES

LOOKING FOR SOME SOPILKA GEAR FOR YOUR DANCER'S HAIR? WE HAVE
SOPILKA "BLUSH SILKS" SCRUNCHIES IN STOCK!

Please contact Chantal: sopilkafundraising@gmail.com





SOPILKA 55TH ANNIVERSARY PLANNING

We require many volunteers for this epic celebration and planning is well underway with a confirmed venue and date for February 7, 2026.

Please visit this link to review some of the many volunteer opportunities available.....

CLICK HERE

Do you have an idea or suggestion of something special that we may consider for Sopilka's 55th Anniversary Year?

We welcome all ideas. Please email you suggestions to;
sopilkadance55@gmail.com

FEBRUARY 7,
2026

SOPILKA *55th Anniversary* **2026 Marks Our 55th Year Celebration Gala Planning is Underway!** **CALLING ALL SOPILKA ALUMNAE!**

Keep up to date with all the details!
Email your name and year(s) you danced and
any photos & memories to share to:

sopilkadance55@gmail.com

Please share with any Sopilka Alumnae!

NEWSLETTER

DANCE FESTIVALS 2025

Sopilka participates in several dance festivals/competitions throughout the season. Whether your dancers is in Pershyi Krok or you are in our Krasa Adult Ensemble, you will participate in a festival.

MANITOBA UKRAINIAN DANCE FESTIVAL (MUDF)

This festival is held yearly in Winnipeg and is hosted by Troyanda Ukrainian Dance Ensemble. The festival will be held from March 14 - 16, 2025 and **all classes will be expected to perform.**

MUDF will be held at the Seven Oaks Performing Arts Centre, located at 711 Jefferson Avenue. The schedule for when each class will perform is released approximately 2 weeks prior to the festival and we will share that with families as soon as we receive it. Therefore, we ask that you save the dates in advance. If you know that your dancer will not be available to attend that weekend, you must inform us as soon as possible by email: sopilkawinnipeg@gmail.com.

The entry cost for the festival is \$12 per dancer, per dance and will be added to your Studio Director account for payment once it is determined the amount of dances for each class.

PAVLYCHENKO FOLKLORIQUE ENSEMBLE (PFE) DANCE SHOWCASE

This festival is held yearly in Saskatoon, Saskatchewan and is hosted by PFE. The festival runs April 23 - 27, 2025, however Sopilka will attend April 24 - 27, 2025.

The entry cost for the festival is \$12 per dancer, per dance and has been added to your Studio Director account for payment.

The following will be travelling to attend: Druzi, Radist', Sr. Akademiya & Spadok.

A block of rooms have been set aside at the [Best Western Blairmore](#). Each family is responsible to contact the hotel and book your room under the block for **Sopilka Ukrainian Dance School**. The deadline to book your room is March 23, 2025.

Merry
Christmas

On behalf of the Board of Sopilka, we extend our heartfelt wishes to you and your families for a Christmas filled with joy, laughter, and cherished memories.

ХРИСТОС
РОЖДАЄТЬСЯ!
СЛАВІМО ЙОГО!

Ukrainian Christmas Songs

You may think you don't know any Ukrainian Christmas songs. This could be true if you somehow aren't familiar with the world's most famous Christmas melody - 'Carol of the Bells'. Yes - it is, in fact, originally a Ukrainian carol called Shchedryk (composed by Mykola Leontovych at the beginning of the XX century, based on the ancient Ukrainian folk songs).

[Listen Here!](#)



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SOPILKA HANDBOOK

With all the new and exciting things happening at Sopilka and the growth of the school, we have developed a School Handbook for students and parents. Please take a moment to review it's content, it includes items such as Code of Conduct to Volunteering!

[Link to Handbook](#)

PARENT LIASON

Sopilka has created a new role this year and welcomes Lawrence Grzenda to this role! Lawrence can be contacted at: sopilkapl@gmail.com

The Parent Liaison is a communication contact to bring collective concerns to the teaching staff and the Board and in reverse to collect the opinions of the parents.

All information gathered and discuss with the Parent Liaison will be kept confidential.