## S.O.W. Institute Reiki Certification Program

## Offering Reiki Certification I - IV

Reiki (pronounced Ray-Key) is the Japanese word for Universal Energy. It is an ancient, natural energy healing art that balances energy in the body and promotes health on all levels: physical, mental, emotional and spiritual. It's non-invasive, gentle, yet powerful method of healing. Reiki enhances the body's natural healing ability and promotes well being.

The Reiki Level I training is for those with no prior Reiki experience. Participants will be attuned to the Reiki energy and will learn Reiki healing techniques. Students will learn how to do Reiki on themselves and others. Successful completion of course and passing score on final test will lead to certification as a Level I Reiki Practitioner. \$300

Reiki II is an advanced training as as a powerful next step for those who would like to enhance their Reiki healing power. Students will learn three Reiki symbols and how to perform distance healing. Successful completion and passing score on final will lead to certification as a Level II Reiki Practitioner. \$325

Each course will also provide introduction to herbal therapy and crystal frequency as it relates to Reiki along with how to use during sessions for self and others.



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