



Saint Anthony's



Pentecost Sunday

May 24th, 2026

MESSAGE

LOVE THE LIFE GIVING SPIRIT

The Spirit is one but has many functions. The body has many parts but one heart at the center of it all. The heart pumps blood throughout the body. The heart is identified with love because we feel our heart race when we feel strong emotions. Now think of the Spirit at the center of all our functions. The Spirit is the heart that generates the love in all we do. When we act in the Spirit love is penetrating everything we do. In this sense it is not so much *what* we do but *how* we do it. We can do things in a mechanical way just wanting to get the job done, or we can do things in a loving way that gives sense to what we're doing. By doing things through love we do not only help others but also help ourselves. When something is done through love it is life giving. That's the thing about love: where there is love there is life. Where there is no love there is death. So let us love and live the life we were always called to live! May God bless you all on this Pentecost! Fr Rob

Mass Schedule

Weekdays: Daily 9am
 Saturday: 5:30 pm
 Sunday: 10am
 In Elk: Saturday at 4pm

Pastor: Fr Rob Torczynski
 Office manager: Kathy Smith
 Office hours: T/W/Th
 10am-1pm

Rectory: (707) 937 5808
 Parish Office (707) 937 2406

Website:
stanthonysofmendocino.org

Facebook:
 St Anthony's Catholic Church
 of Mendocino

Street Address:
 10700 Lansing Street
 Mendocino, CA

Mailing Address: PO Box 665
 Mendocino, CA 95460

Email: ratorczynski@gmail.com

EVENTS

7@7 Prayer Group
 with Fr Rob - Mondays at 7pm
on Zoom7

Bible Study - Tuesdays at 10am

Men's Lunch at Patterson's-
 Thursdays at Noon

Rosary in Church -
 Weekdays at 8:30am

Knights of Columbus Meeting -
 1st Wednesday of the Month
 At 6:30 pm

K of C Pancake Breakfast -
 2nd Sunday of the Month
 8am - Noon

Games and Ping Pong Night
 Thursdays at 6:30pm

Silent Meditation Group -
 Wednesdays at 4pm

**Please consider including
 St Anthony's in your
 estate planning: give the gift
 that keeps giving!**

HAPPENINGS AROUND ST ANTHONY'S

- **First Communion next Sunday on May 31st** - Cynthia, Isaac and Ezequiel will be receiving their First Communion at 10am Mass next Sunday. A reception will follow in the Parish Hall. Please pray for them as they prepare their big day!
- **Sacred Music Concert this summer on Sunday July 19** - Please mark your calendars for this wonderful event. We will be featuring the same lineup as last year with Anna Maria Mendieta on harp, August Lee on cello, the Swaggerty Family Scola, and the acapella group from the Lord's Land. This is always a wonderful event enjoyed by all who attend!



"There are different kinds of spiritual gifts but the same Spirit"

KNIGHTS OF COLUMBUS

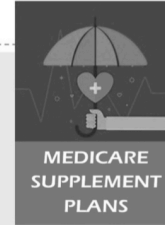
ST. ANTHONY'S COUNCIL 8186



**MEETS 1ST WEDS.
OF THE MONTH
@630:PM**

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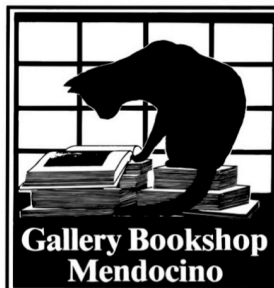


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