



Saint Anthony's



Eighteenth Sunday in Ordinary Time

August 2nd, 2026

MESSAGE

WEALTH

"A wealthy person is a person who is want of nothing"
is a phrase that has come down to us from the ancients - perhaps even from the Roman stoic philosopher Epictetus. He taught that true wealth comes from inner freedom and a lack of desire. A person with many desires and who is always in want of more is actually poor! Less desire means more freedom because we don't have the compulsion of chasing after more things and the anxiety of worrying about those things we already have! We can control our mind and our choices but not the fate of external things beyond us. Real abundance is about being happy with what we have now and not about what the future can or cannot give us.
Those who were fed in today's Gospel ate and were satisfied. We can believe that they were abundantly satisfied! Jesus had nourished them and gave them his satisfaction: true contentment of both body and soul! The peace that he alone can give and not what the world can give.
Let us always seek our true peace and happiness in Jesus our Lord since he is the one who can truly satisfy us!
May God bless you all!
Fr Rob

Mass Schedule

Weekdays: Daily 9am
Saturday: 5:30 pm
Sunday: 10am
In Elk: Saturday at 4pm

Pastor: Fr Rob Torczynski
Office manager: Kathy Smith
Office hours: T/W/Th
10am-1pm

Rectory: (707) 937 5808
Parish Office (707) 937 2406

Website:
stanthonysofmendocino.org

Facebook:
St Anthony's Catholic Church
of Mendocino

Street Address:
10700 Lansing Street
Mendocino, CA

Mailing Address: PO Box 665
Mendocino, CA 95460

Email: ratorczynski@gmail.com

EVENTS

7@7 Prayer Group
with Fr Rob - Mondays at 7pm
on Zoom7

Bible Study - Tuesdays at 10am

Men's Lunch at Patterson's -
Thursdays at Noon

Rosary in Church -
Weekdays at 8:30am

Knights of Columbus Meeting -
1st Wednesday of the Month
At 6:30 pm

K of C Pancake Breakfast -
2nd Sunday of the Month
8am - Noon

Games and Ping Pong Night
Thursdays at 6:30pm

Silent Meditation Group -
Wednesdays at 4pm

**Please consider including
St Anthony's in your
estate planning: give the
gift that keeps giving!**



Saint of the month: St Ignatius of Loyola (1491-1556) Feast day - July 31st

St Ignatius was a Spanish basque priest, spiritual teacher and cofounder of the Jesuit Order. As a young man he was drawn to a life of vanity and sought to become famous as a knight. In 1521 at Pamplona in Spain a French cannonball shattered his leg. While recuperating in bed he read the life of Christ and figured out what true heroism was all about. He went on to study theology in Paris where he made close friends. This would be the core group of the Company of Jesus more popularly known as the Jesuits. Seeing how important spiritual discernment was in his own life St Ignatius went on to write the Spiritual Exercises a four week course in learning how to discern what God wants for us in our life and how to align ourselves with him. The Jesuits were also very innovative teachers and created new ways in engaging the students. At present there are 27 Jesuit universities in the US - places like Georgetown, Boston College, Gonzaga and our own University of San Francisco!

Please note Dick O'Connor's Funeral will be this SATURDAY at 1pm here at St A's.

"I will renew you with the everlasting covenant!"

KNIGHTS OF COLUMBUS

ST. ANTHONY'S COUNCIL 8186

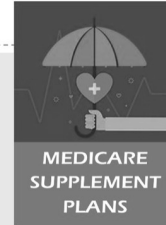


MEETS 1ST WEDS.

OF THE MONTH

@630:PM

PO Box 965, Mendocino, 95460



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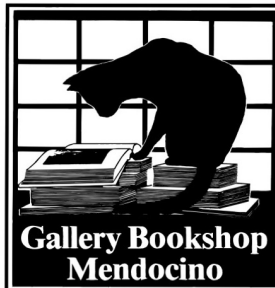


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