



Saint Anthony's



Nineteenth Sunday in Ordinary Time

August 9th, 2026

MESSAGE

HELP

H-E-L-P is also a four-letter word! When something bad happens in our life it is so easy to utter a 'four-letter' word. We commonly express our disapproval or disgust with an expletive! Down deep perhaps in this way we are wanting to somehow regain control over the situation.

When Peter is walking on the water and the storm comes up and the waves threaten to overtake him, he says: *HELP! Lord save me!* Rather than taking the offensive by cursing the waves, he takes the defensive by asking for God's help!

As we go through life may our first reaction when a bad thing happens be to ask for God's help rather than curse the situation. We will certainly send out a good vibe in this way rather than drawing down negative energy on us. May we continue to ask for God's help each day of our lives and may He protect us always! And may the blessing of God remain on you forever!

Fr Rob

Mass Schedule

Weekdays: Daily 9am
Saturday: 5:30 pm
Sunday: 10am
In Elk: Saturday at 4pm

Pastor: Fr Rob Torczynski
Office manager: Kathy Smith
Office hours: T/W/Th
10am-1pm

Rectory: (707) 937 5808
Parish Office (707) 937 2406

Website:
stanthonysofmendocino.org

Facebook:
St Anthony's Catholic Church
of Mendocino

Street Address:
10700 Lansing Street
Mendocino, CA

Mailing Address: PO Box 665
Mendocino, CA 95460

Email: ratorczynski@gmail.com

EVENTS

7@7 Prayer Group with Fr Rob -
Mondays at 7pm
on Zoom7

Bible Study - Tuesdays at 10am

Men's Lunch at Patterson's -
Thursdays at Noon

Rosary in Church -
Weekdays at 8:30am

Knights of Columbus Meeting -
1st Wednesday of the Month
At 6:30 pm

K of C Pancake Breakfast -
2nd Sunday of the Month
8am - Noon

Games and Ping Pong Night
Thursdays at 6:30pm

Silent Meditation Group -
Wednesdays at 4pm

Second Collection
Next Week
For Diocesan Seminarians

GOOD THINGS HAPPENING AT ST ANTHONY'S

- **Men's and Women's Mass this Wednesday 9am** - Please join us for a special Mass this Wednesday celebrating the life of our Parish and also having a beautiful occasion for fellowship afterwards!
- **Games Night this Thursday at 6:30pm** - Join us for some fun and competitive gaming with Mexican Train, Rummikub and Triominos highlighted. We also pull out the Ping Pong and Pool tables for some fun action.
- **Weekly Bible Study Tuesdays at 10am** - We are finishing up the Book of Deuteronomy and will soon begin the Sermon on the Mount. This is an excellent way to learn more about your Faith and also share your love for Scripture.

This Saturday we had both a Baptism and a Funeral at St A's on the same day: Jaisley Dagala-Liwagon begins her new life in the Faith and Dick O'Connor begins his new life in the world to come!



"Lord let us see your kindness and grant us your Salvation!"

KNIGHTS OF COLUMBUS

ST. ANTHONY'S COUNCIL 8186

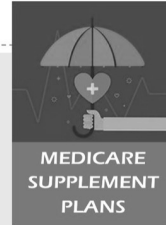


MEETS 1ST WEDS.

OF THE MONTH

@630:PM

PO Box 965, Mendocino, 95460



Medicare Supplement Plans

PATRICK J. WARD

Lic. #OB16363

Licensed Agent Representative

Cell# 619.200.3711

PO Box 1564
Fort Bragg, CA 95437

CUFFEY'S COVE Catholic Cemetery

BURIALS & CREMATION PLOTS

CONTACT (707) 882-3122

COASTCATHOLIC.ORG



Mendocino Jams & Preserves

At the ocean end of Main Street

mendocinojams.com

FORT BRAGG PLUMBING

RESIDENTAL & COMMERCIAL

Licensed Contractor

CA License #407516



964-0604

489 S. Harrison St.
PO Box 1578
Fort Bragg CA. 95437



FORT BRAGG ELECTRIC INC

Licensed Contractor

CA. License #391464

www.fortbraggelectric.com

964-9118

489 S. Harrison ST. PO Box 1578, 95437

TWO SHORT SALES

PLUMBING / ELECTRICAL

RETAIL STORE

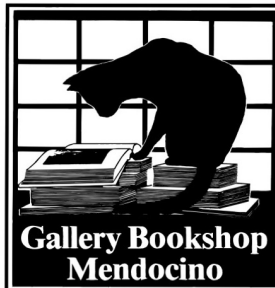


Good Food, Good Drink,
Good People
Open 7 days
10485 Lansing Street



Eric J. Miller
Broker BRE #01777789
gardenranch@me.com
707.202.8004
707.972.7212
124 E. Pine Street

Garden Ranch Real Estate Fort Bragg, CA 95437
GardenRanchRealEstate.com



ANTHONY W. IMBIMBO, CPA

45060 Ukiah Street, Suite A

Mendocino, CA 95460

619-497-1040 anthony@awicpa.com

Serving Individuals and Small Businesses.

*Reliable tax and accounting services
with personal attention you can count on.*

Warm and Community Focused.

**Bringing over 40 years
of CPA experience to Mendocino.**

Your Advertisement Here!

Support St. Anthony's
by advertising in our bulletin.

Phone (707) 937 2406



Locally & Family Owned

171 Boatyard Dr. 10501 Lansing St.
Fort Bragg Mendocino
707 964 7000 707 937 5879

San Jose Sanchez
Del Rio
Catholic School
Scan to Learn More

