



Saint Anthony's



The Ascension of Jesus Christ

May 17th, 2026

MESSAGE

ASCENT

This Sunday we celebrate the feast of the Ascension of our Lord Jesus Christ into heaven.

Jesus invites us to ascend into heaven but we can first wonder what happens when we descend into the lower aspects of our human nature.

Dissolution and separation are two concepts that come to mind.

By wanting to lift ourselves above others we actually drag ourselves down. By putting others down - finding fault with them or what they do - we inherently believe we are better than them. When in fact we are coming from a place of weakness. This also separates us from others because we don't believe they are good enough for us.

Think of the opposite now. What about lifting the others up and appreciating what they do? This comes from a place of strength within us and lifts us up as well as others! It also brings us closer to them rather than distancing ourselves from them. This is the love that brings unity.

Jesus invites us to come to where he is but we must first learn how to come to others with love. Through this we learn how to come closer to Jesus.

He has given us this life as a training period - let us make the best of it!

May God bless you all !

Fr Rob

Mass Schedule

Weekdays: Daily 9am

Saturday: 5:30 pm

Sunday: 10am

In Elk: Saturday at 4pm

Pastor: Fr Rob Torczynski

Office manager: Kathy Smith

Office hours: T/W/Th

10am-1pm

Rectory: (707) 937 5808

Parish Office (707) 937 2406

Website:

stanthonysofmendocino.org

Facebook:

St Anthony's Catholic Church of Mendocino

Street Address:

10700 Lansing Street

Mendocino, CA

Mailing Address: PO Box 665

Mendocino, CA 95460

Email: ratorczynski@gmail.com

EVENTS

7@7 Prayer Group

with Fr Rob - Mondays at 7pm

on Zoom7

Bible Study - Tuesdays at 10am

Men's Lunch at Patterson's

Thursdays at Noon

Rosary in Church -

Weekdays at 8:30am

Knights of Columbus Meeting -

1st Wednesday of the Month

At 6:30 pm

K of C Pancake Breakfast -

2nd Sunday of the Month

8am - Noon

Games and Ping Pong Night

Thursdays at 6:30pm

Silent Meditation Group -

Wednesdays at 4pm

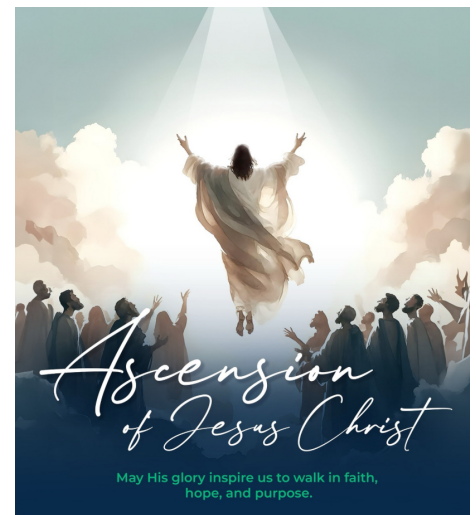
Second Collection this

weekend for

Catholic Communications

Isaiah Shares About a Recent Ministry Trip to Toronto

Two weeks ago I had the opportunity to travel to Toronto for a ministry trip. While there, I was able to come alongside a mentor to me who's spent years ministering to seekers and in expos across the Toronto area. During these events, people searching for truth and enlightenment are met with the love of Jesus through prayer, encouragement, prophecy and even healing. Over the weekend, we saw people experience healing, recommitting their lives to Jesus, and even beginning relationships with Christ for the first time. It was powerful to witness God move through simple conversations, compassion and the presence of Holy Spirit. Two of the people I encountered wanted to rediscover their roots in the Catholic Church. Thank you for being part of what God is doing beyond our local community here and for helping make opportunities like this possible for me.
Isaiah Vlcek



"He was lifted up and a cloud took him from their sight" From today's reading

KNIGHTS OF COLUMBUS

ST. ANTHONY'S COUNCIL 8186

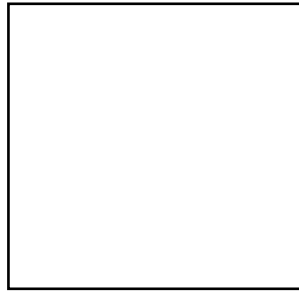


MEETS 1ST WEDS.

OF THE MONTH

@6:30:PM

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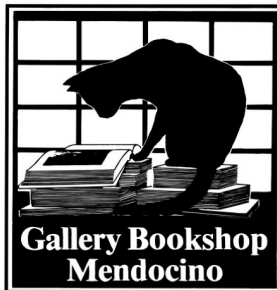


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