

TEAM HEWITT Martial Arts Class Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Book a private lesson with Sensei Hewitt. By appointment only. hewitt@teamhewittmma.com					Adult Brazilian Jiu-Jitsu 9:00am – 10:00am
Little Warriors Ages 5 & 6 4:30pm - 5:15pm	Little Warriors Ages 5 & 6 4:30pm - 5:15pm	Little Warriors Ages 5 & 6 4:30pm – 5:15pm	Little Warriors Ages 5 & 6 4:30pm – 5:15pm	Little Warriors Ages 5 & 6 4:15pm – 5:00pm	Little Warriors Ages 5 & 6 10:00am – 10:45am
Junior Beginners (White, Yellow, Orange) Ages 7 - 12 5:30pm - 6:15pm	Junior Intermediate & Advanced (Purple Belt & Above) Ages 7 - 12 5:15pm - 6:00pm	Junior Beginners (White, Yellow, Orange) Ages 7-12 5:30pm - 6:15pm	Junior Intermediate & Advanced (Purple Belt & Above) Ages 7 - 12 5:15pm - 6:00pm	ALL Juniors Ages 7 - 12 5:00pm - 5:45pm	Juniors Gi Brazilian Jiu-Jitsu Ages 7-12 10:45am – 11:30am
Junior Int & Adv (Purple Belt & Above) Ages 7 – 12 6:15pm – 7:00pm	Junior Beginners (White, Yellow, Orange) Ages 7 – 12 6:00pm – 6:45pm	Junior Int & Adv (Purple Belt & Above) Ages 7 – 12 6:15pm – 7:00pm	Junior Beginners (White, Yellow, Orange) Ages 7 – 12 6:00pm – 6:45pm	Candidate Class Invitation Only 5:45pm – 6:45pm	
All Adults 7:00pm – 7:45pm Adult Brazilian Jiu-Jitsu 7:45pm – 8:30pm	All Adults 7:00pm – 7:45pm	All Adults 7:00pm – 7:45pm Adult Brazilian Jiu-Jitsu 7:45pm – 8:30pm	<u>All Adults</u> 7:00pm – 7:45pm		